## Lunch Menu November 2020

\*\*\*Indicates Meat-Free Menu

Milk Served Daily

| Mon  | Tue   | Wed   | Thu   | Frí  |
|--|---|---|---|--|
| Pot Stickers Steamed Rice Stir Fried Veggies Green Salad Fruit                         | 3<br>Pulled Pork Tacos<br>Steamed Quinoa<br>Shredded Veggie Salad<br>Fruit      | 4 Chicken Noodle Soup Lentils Cheesy Bread Garden Salad Fruit ***           | 5<br>Quiche<br>French Fries<br>WG Rolls<br>Caesar Salad<br>Fruit        | 6<br>Club Sandwich<br>Corn on the Cob<br>Garden Veggies<br>Fruit                   |
| 9<br>Sweet Italian Sausages<br>Pasta & Marina<br>WG Roll<br>Chef's Salad<br>Fruit      | 10<br>Chicken Fajitas<br>Pinto Beans<br>Chopped Veggie Salad<br>Fruit           | 11<br>Stuffed Baked Potato<br>Baked Beans<br>Cole Slaw<br>WG Bread<br>Fruit | 12<br>Cowboy Chili<br>Corn Bread<br>Green Beans<br>Mixed Salad<br>Fruit | 13<br>Turkey & Cheese Wraps<br>Sweet Potato Waffle Fries<br>Mixed Veggies<br>Fruit |
| 16 Meatballs Spaghetti Roast Veggies Green Salad Fruit                                 | 17<br>Chicken Salad Sandwich<br>Roast Seasonal Veggies<br>Chef's Salad<br>Fruit | 18<br>Cheese or Pepperoni Pizza<br>Antipasti Tray<br>Caesar Salad<br>Fruit  | 19 Roast Turkey Mashed Potatoes Green Peas WG Roll Fruit                | 20<br>Turkey or Cheese Melts<br>Curly Fries<br>Veggie Tray<br>Fruit                |
| 23<br>Chicken Parmesan<br>Buttered Noodles<br>Steamed Veggies<br>Garden Salad<br>Fruit | 24 Burger on a Bun French Fries Cole Slaw Lettuce, Tomato & Onion Fruit ***     | No School   | 26<br>No School<br>Thanksgiving Day                                     | No School  |
| 30 Meat or Veggie Lasagna Garlic Bread Steamed Veggies Chef's Salad Fruit ***          |   |   |   |  |