

# Lunch Menu

## September 2020

\*\*\*Indicates Meat-Free Menu

Milk Served Daily

| Mon  | Tue  | Wed   | Thu  | Fri  |
|--|--|---|--|--|
|  | <b>1</b><br>Bean & Cheese Tacos<br>Steamed Quinoa<br>Shredded Veggie Salad<br>Fruit<br><div style="text-align: right;">***</div> | <b>2</b><br>Burger on a Bun<br>French Fries<br>Cole Slaw<br>Lettuce, Tomato & Onion<br>Fruit<br><div style="text-align: right;">***</div>                               | <b>3</b><br>Spaghetti Bolognese<br>Braised Seasonal Greens<br>Garlic Bread<br>Chef's Salad<br>Fruit<br><div style="text-align: right;">***</div> | <b>4</b><br>Grilled Cheese Sandwiches<br>Veggie Tray<br>Mixed Salad<br>Fruit<br><div style="text-align: right;">***</div>                    |
| <b>7</b><br><i>Labor Day</i><br><br><i>No School</i>   | <b>8</b><br>Chicken Parmesan<br>Buttered Noodles<br>Mixed Salad<br>Fruit<br><div style="text-align: right;">***</div>            | <b>9</b><br>Caprese Grilled Sandwich<br>(fresh mozzarella, tomato & basil)<br>Oven Roast Potatoes<br>Garden Salad<br>Fruit<br><div style="text-align: right;">***</div> | <b>10</b><br>Quiche<br>French Fries<br>WG Bread<br>Caesar Salad<br>Fruit<br><div style="text-align: right;">***</div>                            | <b>11</b><br>Turkey & Cheese Wraps<br>Roast Sweet Potatoes<br>Chef's Salad<br>Fruit<br><div style="text-align: right;">***</div>             |
| <b>14</b><br>Pot Stickers<br>Steamed Rice<br>Stir Fried Veggies<br>Green Salad<br>Fruit<br><div style="text-align: right;">***</div>     | <b>15</b><br>Club Sandwich<br>Corn on the Cob<br>Chef's Salad<br>Fruit<br><div style="text-align: right;">***</div>              | <b>16</b><br>Chicken Salad Sandwich<br>Roast Broccoli<br>Garden Salad<br>Fruit<br><div style="text-align: right;">***</div>   | <b>17</b><br>Turkey or Cheese Melts<br>French Fries<br>Caesar Salad<br>Fruit<br><div style="text-align: right;">***</div>                        | <b>18</b><br>Cheese Quesadillas<br>Black Beans<br>Chopped Veggie Salad<br>Fruit<br><div style="text-align: right;">***</div>                 |
| <b>21</b><br>Sweet Italian Sausages<br>Pasta & Marinara<br>WG Roll<br>Chef's Salad<br>Fruit<br><div style="text-align: right;">***</div> | <b>22</b><br>Chicken Fajitas<br>Pinto Beans<br>Chopped Veggie Salad<br>Fruit<br><div style="text-align: right;">***</div>        | <b>23</b><br>Cheese or Pepperoni Pizza<br>Antipasti Tray<br>Caesar Salad<br>Fruit<br><div style="text-align: right;">***</div>  | <b>24</b><br>Bean & Cheese Burritos<br>Steamed Rice<br>Mixed Salad<br>Fruit<br><div style="text-align: right;">***</div>                         | <b>25</b><br>Chicken Drumsticks<br>Buttered Noodles<br>Steamed Veggies<br>Garden Salad<br>Fruit<br><div style="text-align: right;">***</div> |
| <b>28</b><br>Hot Dog on a Bun<br>Mac & Cheese<br>Veggie Tray<br>Fruit<br><div style="text-align: right;">***</div>                       | <b>29</b><br>Fettucine Alfredo<br>Mixed Roast Veggies<br>Chef's Salad<br>Fruit<br><div style="text-align: right;">***</div>      | <b>30</b><br>Veggie or Meat Lasagna<br>Garlic Bread<br>Steamed Carrots<br>Green Salad<br>Fruit<br><div style="text-align: right;">***</div>                             |  |  |