

SOPHIA FORLENZA
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SUMMARY

Highly motivated storyteller with a strong background in film, television, media, communications, and all aspects of writing and editing. Committed to ensuring the highest standards of technical and creative excellence in all media projects.

EXPERIENCE

Pre-Production Intern

HARSH STUDIOS | REMOTE WORK (CLEVELAND, OH) | July 2025 - Present

- Support the writing team by giving feedback, taking meeting notes, and creating pitch decks, ensuring alignment on story development and project deadlines.
- Collaborate on marketing approaches to shape the show's image and audience engagement strategy.
- Assist with pre-production logistics, scheduling, and team communications in a fast-paced, collaborative environment.

Script Reader | Volunteer

BIG APPLE FILM FESTIVAL | REMOTE WORK (NEW YORK, NY) | June 2025 - Present

- Read, analyze and evaluate features, pilots, and shorts for submission to the BAFF screenplay competition.
- Write detailed analysis of screenplays in script coverage format as related to concept, story, characters, dialogue, structure and pacing.

Social Media Strategist and Digital Editor

RUMI LEGACY SCHOOLS | REMOTE WORK (RICHMOND, VA) | August 2024 - July 2025

- Developed compelling social media content for a new nonprofit from concept to completion.
- Produced impactful, high-quality videos to effectively raise awareness and support for girls' education in Afghanistan.
- Created and implemented comprehensive strategies to increase audience engagement and fundraising.

Digital Media Intern

FORDHAM COLLEGE ROSE HILL ANTI-RACISM ADVISORY COMMITTEE | BRONX, NY | October 2021 - June 2022

- Conceptualized, recorded and edited podcast episodes, demonstrating proficiency in audio production software.
- Developed comprehensive strategies and creative concepts for future podcast stories.
- Executed research into target markets for podcast episode content and strategy.

AWARDS

Semi-Finalist

LOS ANGELES INTERNATIONAL SCREENPLAY AWARDS | September 2025

- Original hour-long dramedy honored as a Semi-Finalist for outstanding television writing in the Los Angeles International Screenplay Competition by advancing from among thousands of global entries, placing in the top 10%.

Quarterfinalist

FINAL DRAFT: BIG BREAK COMPETITION | August 2025

- Original hour-long dramedy recognized for excellence in television writing as a Quarterfinalist in the Final Draft Big Break Competition for the Diversity Television Category, placing in the top 7% out of approximately 12,000 submissions.

EDUCATION

Bachelor of Arts

FORDHAM UNIVERSITY | BRONX, NY | May 2024

- Major in Digital Technologies and Emerging Media; Minor in Film and Television Studies; 4.0 GPA
- Rev. Ralph W. Dengler, S.J., Memorial Award: scholarly excellence in the Communication & Media Studies Department.
- Editor-in-Chief of The Ampersand literary magazine: Led a group of student writers and selected diverse creative works to produce a high-quality, published literary magazine.
- Assistant Copy Chief and Writer of The Fordham Ram newspaper: Managed the copyediting team, ensuring factual accuracy and consistency across all articles and sections to meet demanding publication turnaround.
- Relevant courses: Writing for Online Media, Digital Video Production, Digital Cultures, Digital Media & Public Responsibility, Digital Media Ethics, Writing the Original TV Pilot, Writing Television Dramas, Understanding Television, Television Theory & Criticism.

SKILLS

Final Draft | Google Suite | Adobe Suite | Writing | Communication | Adaptability | Detail-oriented