

The Keys To Spiritual Growth

Fundamental Principles For A Living Faith

Lesson Two: The Christian's Walk In The Light

Introduction:

1. Spiritual growth is necessary and required in the life of the Christian (2 Pet. 3:18; 2 Thess. 1:3).
2. In our previous lesson we examined the importance of soil (or heart) condition, which translates to the Christians attitude toward the word of God.
3. Another basic need of any plant is light.
4. Spiritual growth requires exposure to "The Light."
5. Together, in this lesson we'll examine "The Christian's Walk In The Light."



Discussion:

I. Identifying The Light.

- A. What is Jesus identified as in John 1:3-9? _____
- B. Jesus taught, "I am the _____ of the world...." (Jn. 8:12).
- C. What did Jesus say He came into the world as (see John 12:46)? _____

- D. Jesus is the "Light" source necessary for continual and sustained spiritual growth!
- E. The Psalmist said, "Your word is a lamp to my feet And a light to my path" (Psa. 119:105).
Explain how God's word is a lamp to our feet and a light to our path: _____

II. Being Exposed To the Light.

- A. How can we receive "Light" for spiritual growth? _____

- B. The Christian needs exposure to The Light and spiritual nourishment!
- C. Spiritual growth requires intent and action!

I Must Do The Following Regularly:

- ☐ **Read God's Word** - become familiar with it.
- ☐ **Study God's Word** - a more focused intent.
- ☐ **Develop An Understanding** of God's word.
- ☐ **Apply God's Word** to my own living.

The noble Bereans were said to have
"*...received the word with all readiness, and
searched the Scriptures daily to find out
whether these things were so*"

~Acts 17:11

For Class Discussion #2

Describe how reading the Bible at age 42, married, and four kids might be different than when a person is 20, single and no kids.

Share With The Class Opportunity:

Do you have any tips or suggestions for regularly reading God's word?

- D. God's word has been revealed in such a manner that it can be understood!
1. Paul penned, "*by which, when you read, you may _____ my knowledge in the mystery of Christ*" (Eph. 3:4).
 2. Paul later commanded Christians to understand saying, "Therefore do not be unwise, but _____ what the will of the Lord is" (Eph. 5:17).
- E. The New Testament talks about the "milk" of the word and "solid food."
- F. How would you contrast the "milk" and "meat" of the word (1 Cor. 3:2-3; Heb. 5:12-14; 1 Pet. 2:2)? _____
- G. God does not require me to know "everything" before becoming a Christian but rather to believe and be baptized and then have continual spiritual growth.

III. Walking In The Light.

- A. John penned, "But if we _____ in the _____ as He is in the light, we have fellowship with one another, and the blood of Jesus Christ His Son cleanses us from all sin" (1 Jn. 1:7).
- B. "Walk" is a common term used to refer to our living - the following are some examples:
1. "And _____ in _____, as Christ also has loved us and given Himself for us, an offering and a sacrifice to God for a sweet-smelling aroma" (Eph. 5:2).
 2. "See then that you _____, not as fools but as wise" (Eph. 5:15).
 3. "that you may _____ of the Lord, fully pleasing Him, being fruitful in every good work and increasing in the knowledge of God" (Col. 1:10).
- C. How did Jesus say we can avoid walking in darkness (see Jn. 8:12)? _____

Conclusion:

Let Jesus shine on your life and diligently and faithfully walk in the Light!