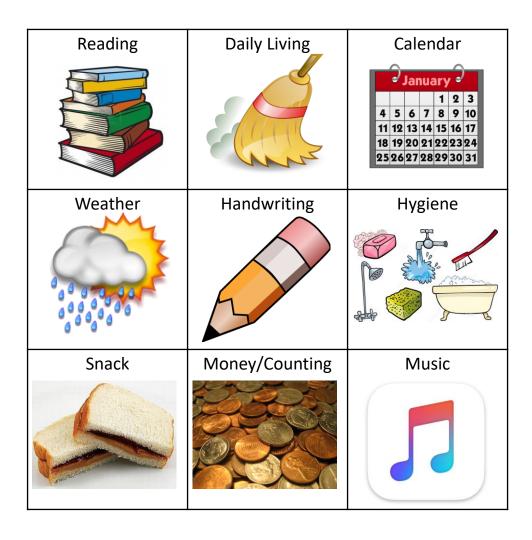
## I can make a choice!



- **Reading-** Read a book or have a book read to you. There are a lot of neat websites where books can be read to you and also several on YouTube.
- Daily Living- Complete a chore around the house (sweep, vacuum, laundry, wash dishes, take out the trash, etc.). Check the PEAK Facebook page for a weekly chore task analysis as an option to practice at home. If you cannot do it all, that's okay! Do whatever part you can do!
- Calendar- Identify the day of the week on a calendar. "Today is \_\_\_\_\_, the month is \_\_\_\_\_, and the date is \_\_\_\_\_." Practice counting by counting up to the date. (March calendar attached)
- **Weather-** Look outside, describe what the weather looks like, check the temperature, discuss the appropriate clothing for the weather.
- Handwriting- Practice writing your name using one of the options below
  - · Remember how to hold a pencil: Grip and flip! Write your name in your best handwriting
  - Use letter tiles or index cards to write (build) your name.
  - Have a family member write your name and another name. You choose (point to/look at) your name.
  - Have a family member print out your picture and someone else's. Point to/look at your picture. (Families, our kids don't always see themselves in mirrors as often as we do, so having a mirror around might help)
- Hygiene- Complete a daily hygiene routine. Check the PEAK Facebook page for a sample routine. (Families, Hicks will be happy to make a custom routine for you if you'd like!)
- **Snack** Practice making a simple snack (sandwich, foods with microwave instructions, etc.). We will be posting some helpful tips and tools for this, so stay tuned!
- Money/Counting- Go on a coin hunt around the house to find coins (ask your family first) and do at least one of the below activities. Return the coins when you're done.
  - \*\*Flash card sheet attached so that some friends can choose from the image rather than coins. Hold up two and say, "Which is the penny?"
  - · Identify the coins
  - Discuss the value of the coins
  - Practice counting by 1's, 5's, 10', and 25's using the coins.
  - Pretend to buy a snack from a family member using the coins.

## Music and movement-

- Turn on music and have a dance party!
- Go to YouTube and search "Koo Koo Kangaroo" for some favorites!
- Listen to your favorite music and try to find (clap or tap) to the beat

## MARCH

## 2020

Saturday	7	14	21	28	7
Friday	9	13	20	27	m
Thursday	2	12	19	26	2
Wednesday	4	=	18	25	-
Tuesday	E	10	71	24	31
Sunday Monday	2	6	16	23	30
Sunday	-	œ	15	22	29

