

I can make a choice!

| <p>Reading</p>  | <p>Daily Living</p>  | <p>Calendar</p>  <table border="1"><thead><tr><th colspan="7">January</th></tr><tr><td></td><td></td><td></td><td>1</td><td>2</td><td>3</td><td></td></tr></thead><tbody><tr><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td></tr><tr><td>11</td><td>12</td><td>13</td><td>14</td><td>15</td><td>16</td><td>17</td></tr><tr><td>18</td><td>19</td><td>20</td><td>21</td><td>22</td><td>23</td><td>24</td></tr><tr><td>25</td><td>26</td><td>27</td><td>28</td><td>29</td><td>30</td><td>31</td></tr></tbody></table> | January | | | | | | | | | | 1 | 2 | 3 | | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | 31 |
|---|---|---|---------|----|----|----|--|--|--|--|--|--|---|---|---|--|---|---|---|---|---|---|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|
| January | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | | | 1 | 2 | 3 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 4 | 5 | 6 | 7 | 8 | 9 | 10 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 11 | 12 | 13 | 14 | 15 | 16 | 17 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 18 | 19 | 20 | 21 | 22 | 23 | 24 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 25 | 26 | 27 | 28 | 29 | 30 | 31 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| <p>Weather</p>  | <p>Handwriting</p>  | <p>Hygiene</p>  | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| <p>Snack</p>  | <p>Money/Counting</p>  | <p>Music</p>  | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |

- **Reading-** Read a book or have a book read to you. There are a lot of neat websites where books can be read to you and also several on YouTube.
- **Daily Living-** Complete a chore around the house (sweep, vacuum, laundry, wash dishes, take out the trash, etc.). Check the PEAK Facebook page for a weekly chore task analysis as an option to practice at home. If you cannot do it all, that's okay! Do whatever part you can do!
- **Calendar-** Identify the day of the week on a calendar. "Today is _____, the month is _____, and the date is _____." Practice counting by counting up to the date. (March calendar attached)
- **Weather-** Look outside, describe what the weather looks like, check the temperature, discuss the appropriate clothing for the weather.
- **Handwriting-** Practice writing your name using one of the options below
 - Remember how to hold a pencil: Grip and flip! Write your name in your best handwriting
 - Use letter tiles or index cards to write (build) your name.
 - Have a family member write your name and another name. You choose (point to/look at) your name.
 - Have a family member print out your picture and someone else's. Point to/look at your picture. (Families, our kids don't always see themselves in mirrors as often as we do, so having a mirror around might help)
- **Hygiene-** Complete a daily hygiene routine. Check the PEAK Facebook page for a sample routine. (Families, Hicks will be happy to make a custom routine for you if you'd like!)
- **Snack-** Practice making a simple snack (sandwich, foods with microwave instructions, etc.). We will be posting some helpful tips and tools for this, so stay tuned!
- **Money/Counting-** Go on a coin hunt around the house to find coins (ask your family first) and do at least one of the below activities. Return the coins when you're done.
 - **Flash card sheet attached so that some friends can choose from the image rather than coins. Hold up two and say, "Which is the penny?"
 - Identify the coins
 - Discuss the value of the coins
 - Practice counting by 1's, 5's, 10', and 25's using the coins.
 - Pretend to buy a snack from a family member using the coins.
- **Music and movement-**
 - Turn on music and have a dance party!
 - Go to YouTube and search "Koo Koo Kangaroo" for some favorites!
 - Listen to your favorite music and try to find (clap or tap) to the beat

MARCH

2020

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------|--------|---------|-----------|----------|--------|----------|
| 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 8 | 9 | 10 | 11 | 12 | 13 | 14 |
| 15 | 16 | 17 | 18 | 19 | 20 | 21 |
| 22 | 23 | 24 | 25 | 26 | 27 | 28 |
| 29 | 30 | 31 | 1 | 2 | 3 | 4 |

Penny



Nickel



Dime



Quarter

