

So, you would like to know more about me ?

I am one of those people who has been different my whole life

My need to “feed” my intellect was always far greater than my need to feed my body

I am mostly self taught, but I have graduated (with honors) as well

I have worked with tens of thousands of people, in a variety of capacities

I have worked with famous and wealthy clients for nearly 20 years before the pandemic shut-downs of 2020

including professional athletes

I am so much more than just a massage therapist/bodyworker

I have been Life Coaching professionally for over 15 years and have a life long history of taking in people from babies to adults

I have worked with people that want to lose weight.. have autoimmune diseases, diabetes, autism, trauma, lower back pain, sports injuries, arthritis, chronic pain, headaches/migraines, and more

Not sure I have the experience you are looking for ?

Fell free to email me and ask

This is not just a job for me

This is part of a life long pursuit to help and be a part of the solution

I am here in Heflin, AL offering the same level of bodywork and expertise that the Maui Four Season charged my clients over \$200 an hour for ..

Book today and try it for yourself