

# Welcome

## Paraty Marin

### What awaits you?

Paraty Marin is a beautiful property located on Araujo Island, which is 10km from the Historic Center of Paraty.

Araújo Island is the second largest island in the bay of Paraty and has a local (caiçara) population of approximately 600 people. It is possible to hike (medium difficulty) around the island to learn a little bit about local life. In the village you'll find a bakery, local restaurants, a charming church by the sea and much more. Everything is quite simple, but very nice! You can also take the opportunity to visit some of the islands beaches - the most beautiful being "Praia do Salvador Moreira" or "Praia da Tapera".

Paraty Marin is located on the far outer side of the island, therefore has a privileged view of the bay of Paraty.



### At Paraty Marin

At Paraty Marin you will find three houses built in the colonial style of the region, and a beautiful mainhouse.

We have several meticulously cared for gardens, trails between native palm heart forests, a beautiful exclusive beach, a water mirror, two access piers and much more!

Breakfast is served daily at the mainhouse between 8.30 and 10.30 hrs.

Additional experiences, tours and our delicious gastronomic service can be contracted separately!



# Included

## *Paraty Marin*

The daily rate includes:

- Delicious Breakfast (served at Paraty Marin's mainhouse)
- Nautical transfers between the mainland and Paraty Marin (on check-in and check-out days)
- Daily housekeeping service
- Complete linen set and exclusive bath amenities
- Broadband Wi-Fi
- Use of all common areas at Paraty Marin
- Use of our kayaks and SUP boards
- Gastronomic and Honesty Bar services - details to be combined after booking
- Curation of experiences and tours at sea, in the forest and in the Historic Center.
- Fees and taxes



# Nautical Transfers

## *Paraty Marin*

### How does it work?

The transfer to and from the mainland to Paraty Marin is done by one of our boats between 9-16hrs.

For alternative times, a fee of USD 40 // EURO 35 is charged. We ask you not to arrive after 10pm on the day of check-in.

The nautical transfer leaves from the public dock at Praia Grande, and takes less than 10 minutes. Praia Grande is about 10km north of the main round-about of Paraty. Bellow is a link to open the exact location using WAZE:

Praia Grande Paraty, KM 565 Rodovia Rio-Santos, Praia Grande  
<https://waze.com/ul/h75bhqckh7>

At Praia Grande you will find several parking lots with affordable prices. Please be advised that parking payments must be made directly at the chosen parking lot.

We advise you to leave the car at the parking lot of the Pousada dos Navegantes. Should you choose this option, we suggest you first go all the way down to the pier to unload the car, and then take the car to the parking lot (which is about 5min. walking distance from the dock).

There are several other good options, and you can also leave your car in the public parking lot in front of the pier.

**\*\* It is ESSENTIAL that the arrival time be informed and confirmed, so that our boatmen are ready to pick you up at the time of your arrival.**

## ADDITIONAL NAUTICAL TRANSFERS

### Taxi-boat between Paraty Marin and PRAIA GRANDE

Price per leg - up to 12 people

Between 8am - 5pm: USD 20 // EURO 16

After 5pm: USD 40 // EURO 32

### Taxi-boat between Paraty Marin e PARATY

Both ways - up to 12 people

Between 8am - 5pm: USD 46 // EURO 40

After 5pm: USD 93 // EURO 80



Nautical Coordinates: S 23.16132. // W 44.68749

# Rules & Tips

We ask all our guests to pay attention to the following rules and tips to ensure a harmonious coexistence between people and the environment. Remember that you are on a relatively small island, with limited resources and difficult access.



- Please respect the "dress-code" of the main house and do not wear wet or damp swimsuits when sitting on the furniture of the houses
- Please respect our other guests and do not listen to loud music in any area of Paraty Marin
- Don't throw ANYTHING in the toilets! Not even paper. Super important! If you are traveling with children, please inform them...
- Please try to conserve water! Especially during high season...
- Turn off the A/C and lights when not in use
- Don't smoke inside the house
- Don't take food to the rooms!
- Do not leave food scraps, or food packages open and exposed. Store all leftovers in the refrigerator or in the oven.
- Don't walk into the forest or far from our pathways! Remember that you are surrounded by the Atlantic Forest
- To hike around the island we recommend wearing closed-toed shoes





- Don't leave anything unattended on the beach. The tide rises and can take it. This is valid for both personal items and our kayaks and SUP boards
- Don't walk on rocks or on the boat ramp. Watch out for the large rock on the far edge of our beach... it's very slippery!
- Do not drag kayaks or SUP boards over rocks and always make sure that the keel of the board is not touching the bottom. The keels are sensitive and break easily
- Do not use the oars to support yourself, get away from rocks or as a shovel. They are fragile items that break easily.
- We wash, dry and iron all our linens on the island. We always try to use special detergents and maximize the use of the sun and the breeze to dry washed items. Change of sheets and towels is done every three days.
- If you need to wash clothes (we ask that this is done as little as possible!), wait until you have a full basket. Our team will take care of your clothes, while minimizing the impact to the environment.
- Please be careful when applying sunscreen. Some leave terrible stains behind that cannot be removed from sheets and towels.
- To minimize the impact on the environment, we separated all garbage generated on the property into 3 categories:
  1. All NON-biodegradable waste (papers, plastics, etc.)
  2. Glasses and Cans
  3. All organic material (biodegradable) and food scraps

We ask you to help us keep the island clean and beautiful!

Password for all our Wi-Fi networks: **paratymarin**



# Gastronomy

## *Paraty Marin*

### How does it work?

When booking your stay at Paraty Marin you have the option to add our Gastronomic Service to your reservation.

Please indicate how many days you will have lunch or dinner at Paraty Marin and if anyone in the group has dietary restrictions or severe allergies.

We will create a personalized menu for your GROUP taking into account the preferences and restrictions indicated. We do not serve individual dishes!

For children we have a balanced KIDS MENU, that can be adapted as needed.

Lunch is always served at the Main House, between 12:30pm and 3.30pm. All meals taken at the Main House include a salad and a delicious dessert.

For dinner we offer two options;

- We can deliver a simple meal to the kitchen of your house  
You'll only need to finalize and serve the meal at your convenience.  
The next morning, our team will clean up the kitchen and collect any leftovers.

or

- We can prepare and serve a full meal at the Main House

\*Service available for 4 adults or more.



# Gastronomy

## Paraty Marin

### Prices

We work with a progressive discount system.

(ex. 4 adults → 4% discount / 10 people → 10% discount)

Children up to 4 years old do not pay, and children up to 11 years old can choose an option of our KIDS MENU, or accompany the adults paying 50% off the full price.

#### Prices per Person

**At Mainhouse: USD 42 // EURO 36**

**Delivery: USD 26 // EURO 22**

#### Kids Menu

**USD 12 // EURO 10**

(per child - up to 11years old)

The gastronomic service at the Mainhouse always includes a salad and dessert.  
Our delivery option does not include salads or desserts. Both items can be ordered additionally.

### Menu

In the following pages we present some of the options we serve at Paraty Marin.  
If you have a preference for any of the options, let us know. We will do our best to please your group!

We respect the seasonality of our ingredients to be able to offer the best of each season, so some of the items on our menu may be unavailable during certain times of the year.



From  
The Sea



### Paraty Marin

Whole sea bass with an unique passion fruit marinade. Served with black rice and plantain. Specialty of the house!

### Golden Limone

A dish that mixes the freshness of Sicilian lemon, the silkiness of coconut milk and all the benefits of turmeric. A dish that is not only beautiful but delicious!

### Yummy Moqueca

Traditional Brazilian fish stew. At Paraty Marin we use fish fillets, so you don't have to worry about the bones. A must try!

### Shrimp Bóbó

We use yams in addition to a sensational mix of shrimps to optimize the benefits and flavor of this classic coastal dish.

### Grilled Shrimp

Perfectly grilled local shrimp, served with sautéed vegetables. A very light option!



Only served at the Main House



### Mare Nostrum

A delicious platter of grilled seafood! Fish, calamari, shrimp and octopus! Served with a mix of small potato, chives and tomatoes.

Add USD 5 // EURO 4 per person



### Crispy Fish Fillet

Battered fish delicately fried until golden! Served with mashed potatoes and grilled seasonal vegetables.

### Grilled Fish

Grilled seasonal fish, finished with a mild and subtle rosemary sauce. Served with mashed potatoes and sautéed vegetables.

### Spanish Octopus

Octopus roasted to perfection with olive oil and spices. Accompanies a mix of small potato, chives and tomatoes. Drizzled with a marvelous herb sauce.

### Socarrat Rice

Like a paella, but better! We choose the freshest seafood available to prepare this dish. Be it shrimp, octopus or calamari!

### Pineapple Delight

Shrimp and pineapple chunks sautéed and finished in a delicious coconut milk sauce with annatto and other spices.





## From the Earth

### Country Limone

A surprising dish, which combined the fresh aroma of limes with the sumptuous taste of coconut milk and the beautiful color of Turmeric. Made with organic chicken.

### Santa Feijoada

Another traditional Brazilian stew, made with black beans and a variety of pork cuts. Very tasty and rich in flavors.

### Picadinho

A dish of tender grilled meat strips, accompanied by couscous and a delicious ratatouille.

### Mamma Mia

Because sometimes all you need is a good pasta! We can prepare different sauces; from Bolognese to Pesto!

### Moroccan Couscous

Fluffy couscous, seasoned with brunoise vegetables and garnished with shrimp.

### Tikka Masala

A classic Indian dish, our Tikka Masala can be vegetarian or served with chicken.

### Bella Lasagna or Cottage Pie

We do not use bechamel in our lasagna, which makes it a lighter dish! Our cottage pie can be made with minced meat and potatoes or with pumpkin puree and beef jerky.

### Celestial Raviolis

Perfect home-made raviolis; Caprese, Ham&Cheese or Cheese with Heart of Palm filling

2pax USD 28 // EURO 24  
6pax USD 70 // EURO 60

### Assorted Quiches

Our Quiches are made at Paraty Marin. Crispy crusts and light and tasty fillings.

Serves 4 pax; USD 50 // EURO 44

### Creamy Chicken pie or Shrimp and Palm of Hearts pie

Super crispy crust with delicious filling. Tastes of "I'd like some more!"

4pax USD 55 // EURO 48  
6pax USD 77 // EURO 66



## Menu KIDS

### Pirate

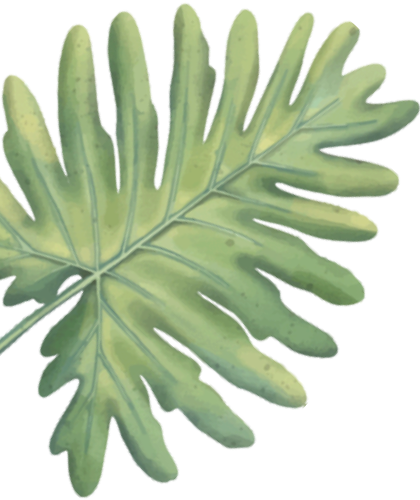
Grilled fish fillet, with mashed potatoes and sautéed vegetables.

### Cowboy

Rice and beans accompanied by a grilled steak (or chicken) and season's vegetables.

### Mamma Mia

Fusili with bolognese or al sugo sauce - or even just butter with lot's of parmesan.



## Our Salads

### Tropical Salad

A super colorful and varied salad of greens and vegetables.  
We work with fresh and seasonal ingredients!

### Creta

A refreshing and crunchy salad.  
With lots of cucumber, tomato, olives and cheese (feta when available!)

### Power!

In addition to seasonal leaves and vegetables, this salad comes with a type of grain or legume.  
(azuki beans, chickpeas, quinoa, etc.) and boiled egg. Quite a salad!

### Coleslaw

Our Coleslaw is made with our delicious homemade yogurt dressing.  
Ideal as a side to chicken or meat dishes.



## Desserts

### Flan

A Brazilian classic!  
Very smooth and silky texture

### Romeo & Julieta

Uma calda de goiaba quentinha  
com uma espuma de queijo levíssima

### Trinity

The combination of coconut, passion  
fruit and mangoes creates an  
explosion of flavor!

### Banoffee

We've been told that ours is the  
Best Banoffee in the world!

### Paraty Marin Lime Pie

Made with lemons from our garden

### Creamy Brigadeiro

Our version of another Brazilian classic

### Guava Crostata

Thin and delightful. Slightly spicy!

### Mousses

Different flavors! All delicious.

### Dulce de Leche

A delicious dulce de leche!  
Can be served plain or with cheese.

### Fruits

For those who like a lighter option





## Experiences

### *Paraty Marin*

Our "experience menu" is extensive and comprehensive!

Our options vary from contemplative experiences focused on Mindfulness, Meditation, and Yoga, to adventurous expeditions like Ocean Kayaking or hikes to unforgettable waterfalls!

And of course... several options for nautical along the emerald waters of Paraty!

Our experiences are tailor-made, and we will always strive to cater to a wide range of desires! Just let us know and we will make it happen!

### *At Sea*

The bay of Paraty is blessed with over 60 islands and many hidden coves and beautiful inlets where nature abounds. There are three main sections the bay can be divided into: North, South and Mamanguá. You can easily explore North and South regions on one of the slower, charming wooden boats, whereas going to Mamanguá requires a powerboat.

If you wish to explore other fascinating locations you can always go to Cajaíba (and trek to a charming waterfall), Cedros (Paraty's Vietnam) or even Ilha Grande - where you'll find some of Brazil's most beautiful beaches!).

Our partners vary from simple local wooden boats, to gorgeous schooners or even swanky powerboats. We also partner-up with Gastromar's SEM PRESSA - where fine dinning and being at sea come together!

For detailed information about our options, please get in touch with our Experiences Team.

# Adventure

Kayak or SUP Tour - Guided tour to a local algae farm. Learn about the many uses of this super plant of the sea. Great way to see lot's and lot's of marine turtles.

Ocean Kayak Expedition - for those with an adventurous spirit! Kayak from Araújo island to beautiful Cotia (or Mamanguá) on an expedition kayak Amazing way to explore the bay.

Secret Waterfall - visit one of Paraty's less visited waterfalls (still a hidden secret!) and feel the healing power of nature

Hike Away - from short walks among well trodded paths to long hikes amidst the denser Atlantic Forest. Just let us know what you desire and our team will guide you through unforgettable adventures around the Brazilian jungle.

Surf's Up - Spend the day learning the basics about this incredible sport at one of several incredible locations (depending on conditions and size of your party).

River Rafting - Not quite white water rafting... but still an absolutely amazing way to explore some truly untouched areas in a fun and different day-trip.

Bike-Tours - Mountain bike through seriously breathtaking trails - ranging from flat farmland to rocky hill sides.

Meet your PANC's (Non-Conventional Food Plants) - go on a guided walk around the island and learn about the magical world of lesser known edible plants.

## Wellness

Yoga & Meditation - enjoy a Yoga and/or Meditation session from one of our expert teachers right at Paraty Marin.

Massage Therapy - we work with an amazing therapist who works with organic essential oils and has a healing touch.

Stargazing Luau - (only available May-August).

Forest Bathing - listen to the sounds of birds and insects of the Atlantic Forest while expanding Mindfulness and breathing techniques.

## History

Historical Downtown - embark on a guided tour of Paraty! A town full of history and stories. Our guides are very knowledgeable and will be able to transport you through time. At the end, you will still have plenty of time to enjoy the quaint downtown on your own.

Cachaça Distillery - visits one of many local and historic Cachaça (Brazilian Rum) distilleries. The iconic spirit of Brazil and an important product of Paraty's history.

Fazenda Bananal - visit one of the oldest sugarcane farms of the region, fully and beautifully renovated! A little museum showcases some interesting artifacts and pictures. Stroll along gorgeous gardens and a guided path that meanders through the Atlantic Forest and finish by eating at Bananal's five-star farm-to-table restaurant.



## General Infos

SITE: [www.paratymarin.com](http://www.paratymarin.com)

INSTAGRAM: [@paratymarin](https://www.instagram.com/paratymarin)

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