# Welcome

Paraty Marin

#### What awaits you?

Paraty Marin is a beautiful property located on Araujo Island, which is 10km from the Historic Center of Paraty.

Araújo Island is the second largest island in the bay of Paraty and has a local (caiçara) population of approximately 600 people. It is possible to hike (medium difficulty) around the island to learn a little bit about local life. In the village you'll find a bakery, local restaurants, a charming church by the sea and much more. Everything is quite simple, but very nice! You can also take the opportunity to visit some of the islands beaches – the most beautiful being "Praia do Salvador Moreira" or "Praia da Tapera".

Paraty Marin is located on the far outer side of the island, therefore has a privileged view of the bay of Paraty.

# At Paraty Marin

At Paraty Marin you will find three houses built in the colonial style of the region, and a beautiful mainhouse.

We have several meticulously cared for gardens, trails between native palm heart forests, a beautiful exclusive beach, a water mirror, two access piers and much more!

Breakfast is served daily at the mainhouse between 8.30 and 10.30 hrs.



# Included

Paraty Marin

#### The daily rate includes:

- Delicious Breakfast (served at Paraty Marin's mainhouse)
- Nautical transfers between the mainland and Paraty Marin (on check-in and check-out days)
- Daily housekeeping service
- Complete linen set and exclusive bath amenities
- Broadband Wi-Fi
- Use of all common areas at Paraty Marin
- Use of our kayaks and SUP boards
- Gastronomic and Honesty Bar services details to be combined after booking
- Curation of experiences and tours at sea, in the forest and in the Historic Center.
- Fees and taxes



# Nautical Transfers

Paraty Marin

#### How does it work?

The transfer to and from the mainland to Paraty Marin is done by one of our boats between 9–16hrs.

For alternative times, a fee of R\$ 200 is charged. We ask you not to arrive after 10pm on the day of check-in.

The nautical transfer leaves from the public dock at Praia Grande, and takes less than 10 minutes. Praia Grande is about 10km north of the main round-about of Paraty. Bellow is a link to open the exact location using WAZE:

Praia Grande Paraty, KM 565 Rodovia Rio-Santos, Praia Grande https://waze.com/ul/h75bhqckh7

At Praia Grande you will find several parking lots with prices ranging from R\$20-50 per day, per car. Payment must be made directly at the chosen parking lot.

We advise you to leave the car at the parking lot of the <u>Pousada dos Navegantes</u>. Should you choose this option, we suggest you first go all the way down to the pier to unload the car, and then take the car to the parking lot (which is about 5min. walking distance from the dock).

There are several other good options, and you can also leave your car in the public parking lot in front of the pier.

\*\* It is ESSENTIAL that the arrival time be informed and confirmed, so that our boatsmen are ready to pick you up at the time of your arrival.

# ADDITIONAL NAUTICAL TRANSFERS

## Taxi-boat between Paraty Marin and PRAIA GRANDE

Price per leg - up to 12 people

Between 8am - 5pm: R\$ 100

After 5pm: R\$ 200

#### Taxi-boat between Paraty Marin e PARATY

Both ways - up to 12 people

Between 8am - 5pm: R\$ 250

After 5pm: R\$ 500



Nautical Coordinates: S 23.16132. // W 44.68749

# Rules & Tips

We ask all our guests to pay attention to the following rules and tips to ensure a harmonious coexistence between people and the environment. Remember that you are on a relatively small island, with limited resources and difficult access.



- Please respect the "dress-code" of the main house and do not wear wet or damp swimsuits when sitting on the furniture of the houses
- Please respect our other guests and do not listen to loud music in any area of Paraty Marin
- Don't throw ANYTHING in the toilets! Not even paper. Super important! If you are traveling with children, please inform them...
- Please try to conserve water! Especially during high season...
- Turn off the A/C and lights when not in use
- Don't smoke inside the house
- Don't take food to the rooms!
- Do not leave food scraps, or food packages open and exposed. Store all leftovers in the refrigerator or in the oven.
- Don't walk into the forest or far from our pathways! Remember that you are surrounded by the Atlantic Forest
- To hike around the island we recommend wearing closed-toed shoes

- Don't leave anything unattended on the beach. The tide rises and can take it. This is valid for both personal items and our kayaks and SUP boards
- Don't walk on rocks or on the boat ramp. Watch out for the large rock on the far edge of our beach... it's very slippery!
- Do not drag kayaks or SUP boards over rocks and always make sure that the keel of the board is not touching the bottom. The keels are sensitive and break easily
- Do not use the oars to support yourself, get away from rocks or as a shovel. They are fragile items that break easily.
- We wash, dry and iron all our linens on the island. We always try to use special detergents and maximize the use of the sun and the breeze to dry washed items. Change of sheets and towels is done every three days.
- If you need to wash clothes (we ask that this is done as little as possible!), wait until you have a full basket. Our team will take care of your clothes, while minimizing the impact to the environment.
- Please be careful when applying sunscreen. Some leave terrible stains behind that cannot be removed from sheets and towels.
- To minimize the impact on the environment, we separated all garbage generated on the property into 3 categories:
- **1.** All NON-biodegradable waste (papers, plastics, etc.)
- 2. Glasses and Cans
- 3. All organic material (biodegradable) and food scraps

We ask you to help us keep the island clean and beautiful!

Password for all our Wi-Fi networks: paratymarin



# Day Use

# Paraty Marin

### **Enjoy Paraty Marin!**

We offer a very special experience for those who want to spend the day in a quiet place with a lot of privacy and exclusivity.

We charge a fixed fee per person, which includes the nautical transfer from the city pier to the property and a delicious lunch served at the Paraty Marin mainhouse,

• Transfer between the mainland and Paraty Marin

- Delicous lunch served at our mainhouse
- Beach towels
- Chairs and sun loungers on our beautiful beachfront lawn
- Use of our kayaks and SUP boards
- Use of all common areas (gardens, pier, water mirror, etc.)
- Access to our charming private beach
- Access to a trail (medium intensity) around Araújo Island



Minimum 4 adults

Book at least 24 hours in advance

Does not include drinks from our Honesty Bar

Service available between 11am -5pm. After 5pm additional fees apply

In case of loss or damage to any item of the property, replacement cost will be charged We don't accept pets!

Terms & Conditions

# Gastronomy

Paraty Marin

#### How does it work

When booking your stay at Paraty Marin you have the option to add our Gastronomic Service to your reservation. We ask you to let us know at least 24 hours in advance if you are going to have lunch or dinner at Paraty Marin and to indicate if anyone in the group suffers from dietary restrictions or serious allergies.

Meals at Paraty Marin are served "family style." In other words, we prepared ONE dish for your group. For children we can prepare items from our KIDS MENU, which can be adapted as needed.

Lunch is served daily at the mainhouse between 12.30pm and 3.30pm.

All meals served at the mainhouse are accompanied by a salad and one of our delicious desserts.

For dinners we offer two options;

• We can leave a prepared dinner in the kitchen of your house

You just need to finalize and serve the meal at the desired time. The next morning our team will do the general cleaning of the kitchen and the collection of leftovers.

or

 We can prepare and serve a full meal at the mainhouse - minimum of 6 adults



#### Prices

All our dishes serve 2 adults. For groups of 5 people or more we offer a 5% discount and for groups over 10 people we offer a 10% discount.

Children up to 4 years old do not pay, and children up to 11 years old can choose an option from the KIDS MENU, or accompany the adults paying 50% of the full price.

#### Prices for 2 adults

Served: R\$ 350 // Delivery: R\$ 270

Kids Menu

R\$ 45 (per child - up to 11 years)

All meals served at the mainhouse include a salad and dessert.

Delivery options do not include salads or desserts. Both items can be ordered additionally.

#### Menu

In the following pages we present some of the options we serve at Paraty Marin. If you have a preference for any item on our menu, let us know! We can also adapt many of our options to accommodate any dietary preferences or needs.

We respect the seasonality of our ingredients and always try to work with local produce. Therefore, some items on our menu may be unavailable during certain times of the year.



#### **Paraty Marin**

Whole sea bass with an unique passion fruit marinade. Served with black rice and plantain. Specialty of the house!

#### Golden Limone

A dish that mixes the freshness of Sicilian lemon, the silkiness of coconut milk and all the benefits of turmeric. A dish that is not only beautiful but delicious!

## Yummy Moqueca

Traditional Brazilian fish stew. At Paraty Marin we use fish fillets, so you don't have to worry about the bones. A must try!

## Shrimp Bóbó

We use yams in addition to a sensational mix of shrimps to optimize the benefits and flavor of this classic coastal dish.

## **Grilled Shrimp**

Perfectly grilled local shrimp, served with sautéed vegetables. A very light option!



Only served at the Main House



#### Mare Nostrum

A delicious platter of grilled seafood! Fish, calamari, shrimp and octopus! Served with a mix of small potato, chives and tomatoes.

Minimum 4 adults



#### Crispy Fish Fillet

Battered fish delicately fried until golden! Served with mashed potatoes and grilled seasonal vegetables.

#### Grilled Fish

Grilled seasonal fish, finished with a mild and subtle rosemary sauce. Served with mashed potatoes and sautéed vegetables.

#### Spanish Octopus

Octopus roasted to perfection with olive oil and spices. Accompanies a mix of small potato, chives and tomatoes. Drizzled with a marvelous herb sauce.

#### Socarrat Rice

Like a paella, but better! We choose the freshest seafood available to prepare this dish. Be it shrimp, octupus or calamari!

## Pineapple Delight

Shrimp and pineapple chunks sautéed and finished in a delicious coconut milk sauce with annatto and other spices.





#### Country Limone

A surprising dish, which combined the fresh aroma of limes with the sumptuous taste of coconut milk and the beautiful color of Turmeric. Made with organic chicken.

#### Picadinho

A dish of tender grilled meat strips, accompanied by couscous and a delicious ratatouille.

#### Moroccan Couscous

Fluffy couscous, seasoned with brunoise vegetables and garnished with shrimp.

#### Santa Feijoada

Another traditional Brazilian stew, made with black beans and a variety of pork cuts. Very tasty and rich in flavors.

#### Mamma Mia

Because sometimes all you need is a good pasta! We can prepare different sauces; from Bolognese to Pesto!

#### Tikka Masala

A classic Indian dish, our Tikka Masala can be vegetarian or served with chicken.

#### Bella Lasagna or Cottage Pie

We do not use bechamel in our lasagna, which makes it a lighter dish! Our cottage pie can be made with minced meat and potatoes or with pumpkin puree and beef jerky.

2pax 110 / 6pax 280

#### Celestial Raviolis

Perfect home-made raviolis; Caprese, Ham&Cheese or Cheese with Heart of Palm filling

2pax; R\$ 110 / 6pax; R\$ 280

## **Assorted Quiches**

Our Quiches are made at Paraty Marin. Crispy crusts and light and tasty fillings.

Serves 4 pax; R\$ 190

## Creamy Chicken pie or Shrimp and Palm of Hearts pie

Super crispy crust with delicious filling. Tastes of "I'd like some more!"

4pax; R\$ 190 / 6pax; R\$ 280



#### Pirate

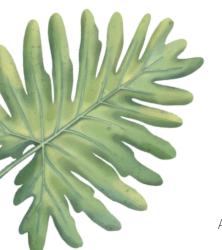
Grilled fish fillet, with mashed potatoes and sautéed vegetables.

#### Cowboy

Rice and beans accompanied by a grilled steak (or chicken) and season's vegetables.

#### Mamma Mia

Fusili with bolognese or al sugo sauce - or even just butter with lot's of parmesan.



Our Salads

#### **Tropical Salad**

A super colorful and varied salad of greens and vegetables. We work with fresh and seasonal ingredients!

#### Creta

A refreshing and crunchy salad.
With lots of cucumber, tomato, olives and cheese (feta when available!)

#### Power!

In addition to seasonal leaves and vegetables, this salad comes with a type of grain or legume. (azuki beans, chickpeas, quinoa, etc.) and boiled egg. Quite a salad!

#### Coleslaw

Our Coleslaw is made with our delicious homemade yogurt dressing. Ideal as a side to chicken or meat dishes.



A Brazilian classic! Very smooth and dilky texture

#### Trinity

The combination of coconut, passion fruit and mangoes creates an explosion of flavor!

#### Paraty Marin Lime Pie

Made with lemons from our garden

#### **Guava Crostata**

Thin and delightful. Slightly spicy!

#### Dulce de Leche

A delicious dolce de leche! Can be served plain or with cheese.

#### Romeo & Julieta

Uma calda de goiaba quentinha com uma espuma de queijo levíssima

#### Banoffee

We've been told that ours is the Best Banoffe in the world!

#### Creamy Brigadeiro

Our version of another Brazilian classic

#### Mousses

Different flavors! All delicious.

#### **Fruits**

For those who like a lighter option

<sup>\*</sup>Being gourmet desserts, these options are 20% more expensive



# Honesty Bar

Paraty Marin

# Beverages

Heineken, Original, Corona,	R\$	14
BLACKFIN Beer - 500ml	R\$	38
Soda	R\$	10
Water - 500ml	R\$	10
Coconut water	R\$	12
Kombucha Para-ty	R\$	15

# Vinhos

Our selection of wines and Champagnes changes regularly, therefore we work with a color system to define the price of each item

We work mainly with Brazilian and French wines.

Blue label	R\$ 70
Green label	R\$ 105
Yellow label	R\$ 160
Red label	R\$ 220
Silver label	R\$ 410
Golden label	R\$ 980

# Honesty Bar

Paraty Marin

Here the bartender is you!

Create a drink the way you always wanted it!

If you prefer you can also follow a step-by-step guide on how to prepare the classics.

# **Drinks**

Caipirinha / CaipiVodka	R\$ 25/30
Gin & Tonic*	
Tom Collins*	
Negroni*	R\$ 30/38
Martini*	
Daiquiri	
Mojito	D# 25
Margarita	R\$ 35
Old Fashioned	
Rob Roy / Manhattan	R\$ 35

\*Gin: Brazilian / Imported





Paraty Marin

Our "experience menu" is extensive and comprehensive!

Our options vary from contemplative experiences focused on Mindfulness, Meditation, and Yoga, to adventurous expeditions like Ocean Kayaking or hikes to unforgettable waterfalls!

And of course... several options for nautical along the emerald waters of Paraty!

Our experiences are tailor-made, and we will always strive to cater to a wide range of desires! Just let us know and we will make it happen!

AtSea

The bay of Paraty is blessed with over 60 islands and many hidden coves and beautiful inlets where nature abounds. There are three main sections the bay can be divided into: North, South and Mamanguá. You can easily explore North and South regions on one of the slower, charming wooden boats, whereas going to Mamanguá requires a powerboat.

If you wish to explore other fascinating locations you can always go to <u>Cajaíba</u> (and trek to a charming waterfall), <u>Cedros</u> (Paraty's Vietnam) or even <u>Ilha Grande</u> – where you'll find some of Brazil's most beautiful beaches!).

Our partners vary from simple local wooden boats, to gorgeous schooners or even swanky powerboats. We also partner-up with Gastromar's <u>SEM PRESSA</u> - where fine dinning and being at sea come together!

For detailed information about our options, please get in touch with our Experiences Team.

Adventure

<u>Kayak or SUP Tour</u> - Guided tour to a local algae farm. Learn about the many uses of this super plant of the sea. Great way to see lot's and lot's of marine turtles.

<u>Ocean Kayak Expedition</u> - for those with an adventurous spirit! Kayak from Araújo island to beautiful Cotia (or Mamanguá) on an expedition kayak Amazing way to explore the bay.

<u>Secret Waterfall</u> - visit one of Paraty's less visited waterfalls (still a hidden secret!) and feel the healing power of nature

<u>Hike Away</u> - from short walks among well trodded paths to long hikes amidst the denser Atlantic Forest. Just let us know what you desire and our team will guide you through unforgettable adventures around the Brazilian jungle.

<u>Surf's Up</u> - Spend the day learning the basics about this incredible sport at one of several incredible locations (depending on conditions and size of your party).

<u>River Rafting</u> - Not quite white water rafting... but still an absolutely amazing way to explore some truly untouched areas in a fun and different day-trip.

<u>Bike-Tours</u> - Mountain bike through seriously breathtaking trails - ranging from flat farmland to rocky hill sides.

<u>Meet your PANC's</u> (Non-Conventional Food Plants) - go on a guided walk around the island and learn about the magical world of lesser known edible plants.

Wellness

<u>Yoga & Meditation</u> - enjoy a Yoga and/or Meditation session from one of our expert teachers right at Paraty Marin.

<u>Massage Therapy</u> - we work with an amazing therapist who works with organic essential oils and has a healing touch.

Stargazing Luau - (only available May-August).

<u>Forest Bathing</u> - listen to the sounds of birds and insects of the Atlantic Forest while expanding Mindfulness and breathing techniques.

History

<u>Historical Downtown</u> – embark on a guided tour of Paraty! A town full of history and stories. Our guides are very knowledgeable and will be able to transport you through time. At the end, you will still have plenty of time to enjoy the quaint downtown on your own.

<u>Cachaça Distillery</u> - visits one of many local and historic Cachaça (Brazilian Rum) distilleries. The iconic spirit of Brazil and an important product of Paraty's history.

<u>Fazenda Bananal</u> - visit one of the oldest sugarcane farms of the region, fully and beautifully renovated! A little museum showcases some interesting artifacts and pictures. Stroll along gorgeous gardens and a guided path that meanders through the Atlantic Forest and finish by eating at Bananal's five-star farm-to-table restaurant.



SITE: <u>www.paratymarin.com</u>

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# Paraty Marin Hospedagem e Restaurante LTDA BANCO INTER

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