



About New Beginnings

New Beginnings is a non-profit community safety net organization that provides mental health counseling, housing assistance, and supportive services to low-income families and individuals throughout Santa Barbara County.

Our Mission

To provide quality, affordable counseling, shelter, case management, and education that strengthens our community and provides our clients with the ability to lead healthy and productive lives.

Our Vision

We strive to be recognized as a leading organization that meets the shifting needs of our community through our superior clinical training program and focused supportive services, delivering exceptional outcomes cost effectively.

"New Beginnings was truly the new beginning to a better life for our family."

— Michael, former client and new home owner

PROGRAMS AND SERVICES

Counseling Center

At New Beginnings, we are able to meet with you on a personal, confidential basis and offer a sliding-fee scale. We maintain a commitment to serve, regardless of an individual's ability to pay for services.

Life Skills Parenting & Education Program

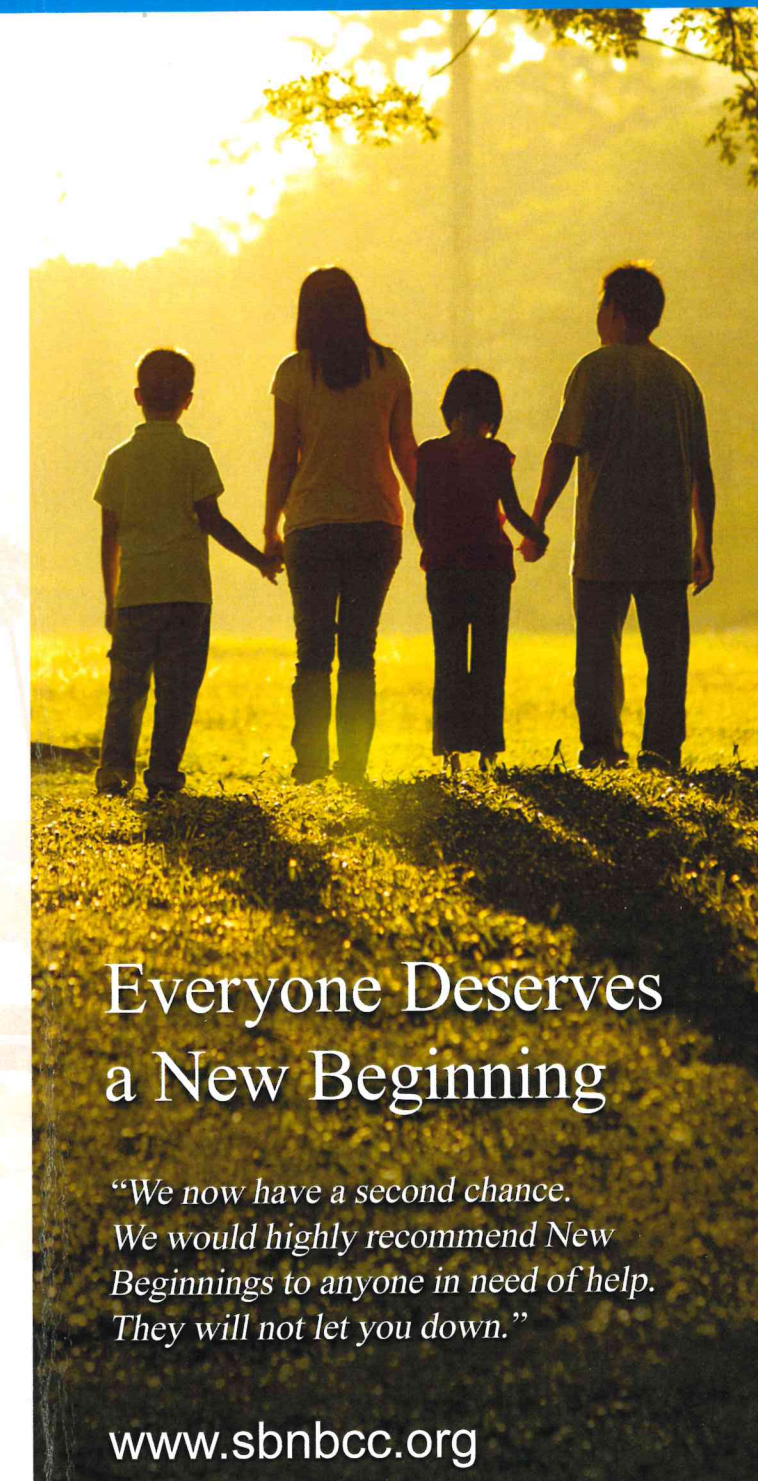
Covering a wide range of parenting issues and life skills training to enhance the ongoing development of clients toward the ultimate goal of independence, productivity, and self-determination. New Beginnings provides a space for clients to reflect on their own childhood and life experiences, and how those experiences influence their own relational patterns.

Safe Parking Program

In cooperation with numerous local churches, governmental and non-profit agencies and businesses, New Beginnings provides safe overnight parking for individuals and families who are living in their vehicles and helps them to locate and transition into affordable housing throughout the county.

Supportive Services Program for Veterans and Their Families

To help end veteran homelessness within Santa Barbara County, New Beginnings strives to provide housing stability through short-term case management and financial assistance.



Everyone Deserves a New Beginning

*"We now have a second chance.
We would highly recommend New
Beginnings to anyone in need of help.
They will not let you down."*

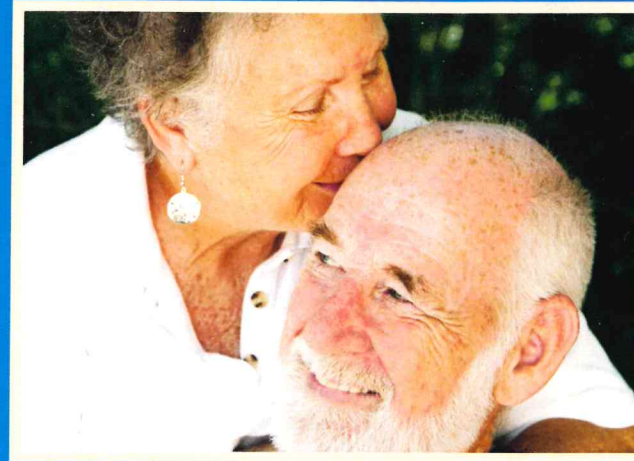
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NEW BEGINNINGS



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“New Beginnings is an essential partner in providing critically needed social services to our clients. They have made, and continue to make, meaningful improvements in the lives of our residents.”

*— Rob Fredericks, Executive Director & CEO
Housing Authority of the City of Santa Barbara*

How You Can Help

Donate by mail

Please make your check payable to:

New Beginnings
324 E. Carrillo St., Suite C
Santa Barbara, CA 93101

Donate Online

Visit www.sbnbcc.org

Your donation is tax deductible as defined by law.

We're Social

Facebook

New Beginnings Counseling Center

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Contact Us

New Beginnings

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New Beginnings North County

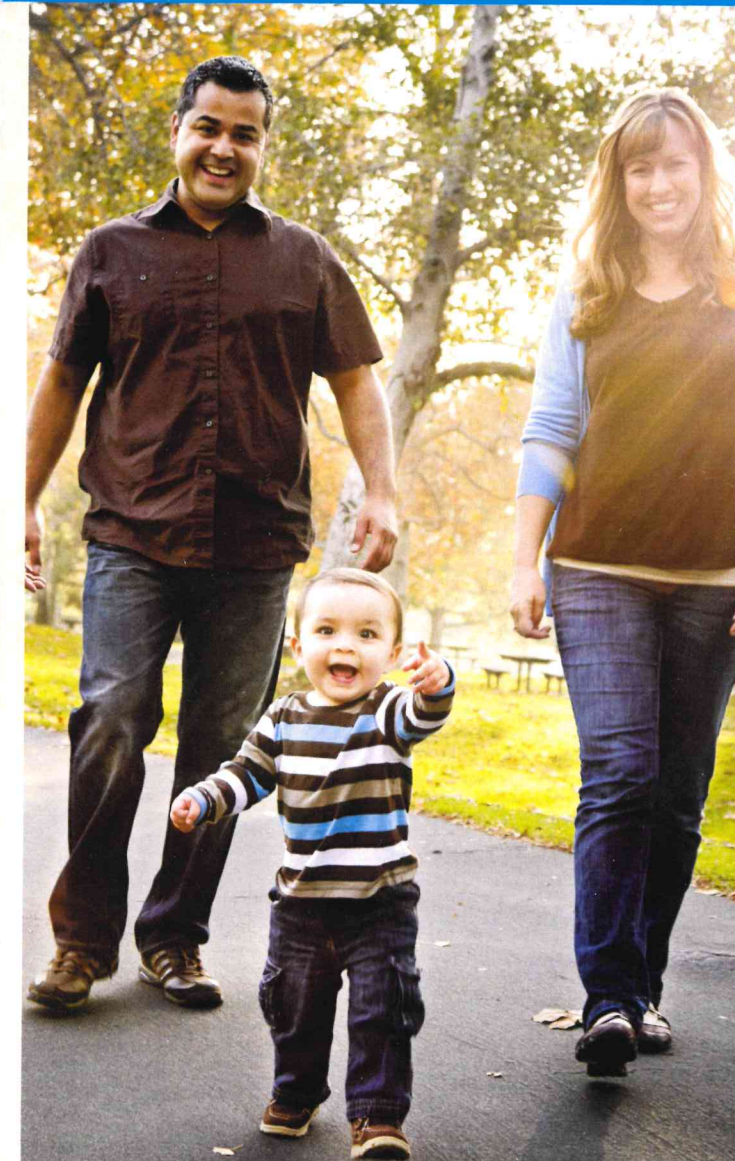
Veterans & Safe Parking
Programs

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**Changing Lives
One Person
at a Time**