

Case Study

Julie – Arctic Turning Bed

Restoring Comfort, Independence and Peace of Mind

Julie had been caring for her bed-bound husband for several years. As his mobility declined, he became completely dependent on her for repositioning and everyday care. Regular manual handling throughout the day and night placed a significant physical strain on Julie, affecting both her health and wellbeing.

Julie had already undergone surgery and was experiencing ongoing back problems. The repeated bending, lifting and repositioning required to care for her husband became increasingly difficult and painful, leaving her concerned about how long she would be able to continue providing the care he needed.

Before receiving their Centrobed Arctic Turning Bed, Julie had been using a standard hospital profiling bed with a manual backrest and height adjustment. Although this provided some assistance, it did not eliminate the physical demands of caring for her husband. Night-time repositioning continued to disrupt their sleep and placed unnecessary strain on Julie's back.

Everything changed when they received the **Centrobed Arctic Turning Bed**. Designed to reduce manual handling while improving comfort and independence, the Arctic provides smooth electric profiling and automatic turning functions that can be controlled easily using a simple handset. With features including high/low height adjustment, backrest elevation, Trendelenburg positioning and gentle side turning, the bed allows repositioning at the touch of a button without heavy lifting.

Julie immediately noticed the difference.

“Things could not be easier. There is no more bending or pulling – every movement of the bed is available at the touch of a button.”

The Arctic Turning Bed has helped:



Reduce Manual Handling

Automatic turning and profiling reduce the need for physical effort and heavy lifting.



Improve Comfort & Positioning

A wide range of positioning options for better pressure care, comfort and wellbeing.



Support Better Sleep

Gentle, quiet turning throughout the night helps reduce disruptions and improves rest.



Protect Carers

Helps reduce the risk of injury and supports long-term health and wellbeing.



Enhance Quality of Life

Greater independence, confidence and peace of mind for both client and carer.

Julie was equally impressed by Centrobed's customer service and ongoing support.

“I cannot speak too highly of the aftercare service. Every call is met with courtesy and prompt action. I have total confidence in the product and would highly recommend both the bed and the company. It has completely changed our situation.”



For Julie and her husband, the Arctic Turning Bed has provided more than specialist equipment—it has delivered greater independence, safer care and peace of mind every day.