



## **Heaven Helpers HRT Membership Plans**

Hormone Balance • Aesthetics • Whole-Body Wellness

### **Tier 1: Foundation Balance**

#### **“Start Your Hormone Journey”**

Price: \$99/month

Includes:

- Initial hormone symptom assessment (annual)
- Basic lab panel (1x/year)
- Monthly check-in (virtual)
- 10% off hormone therapies (BHRT, progesterone, etc.)
- 10% off Botox & fillers
- Lifestyle + nutrition guidance

Best For:

- Premenopausal & early perimenopausal patients
- Mild symptoms
- Preventative care

## Tier 2: Hormone Optimization

*“Balance, Restore, Elevate”*

Price: \$199/month

### **Includes:**

- Comprehensive hormone lab panel (2x/year)
- Provider-guided hormone therapy management
- Quarterly in-person or virtual consults
- 15% off BHRT / pellet therapy
- 15% off aesthetic services (Botox, fillers, liquid lipo)
- Priority scheduling
- Customized supplement plan

### **Best For:**

- Perimenopausal & menopausal patients
- Moderate symptoms (hot flashes, weight gain, fatigue)
- Patients starting HRT

**Tier 3: Elite Total Rejuvenation**  
“Mind • Body • Beauty Optimization”  
Price: \$349/month

Includes:

- Advanced hormone + metabolic labs (2–3x/year)
- Full hormone therapy management (BHRT, peptides, testosterone if indicated)
- Monthly provider visits (in-person or virtual)
- 20% off ALL aesthetic treatments
- 1 complimentary service quarterly:
  - Botox (up to set units) OR
  - Facial lymphatic massage OR
  - IV therapy
- Post-procedure support (lymphatic massage guidance, recovery plans)
- Concierge texting access
- Spiritual + wellness integration (your brand vision)

Best For:

- Menopausal/postmenopausal patients
- Weight loss + body sculpting clients
- High-touch, concierge patients

## Add-Ons

- Hormone pellets: \$300–\$700/session
- Medical weight loss program: \$150–\$500/month
- Peptide therapy: \$200–\$600/month
- IV hydration & vitamin therapy
- PRP (hair, face, joints)