

DR. PAM DENTON

Speaker | Consultant

Helping Business Become Stronger than Stressors.
Stress Resolution at Your Fingertips!



Positive Evolution
C O N S U L T I N G

www.positiveevolutionconsulting.com

A portrait of Dr. Pam Denton, a woman with short, dark, wavy hair, smiling warmly. She is wearing a black top, a gold chain necklace, and large gold hoop earrings. The background is a solid, muted blue-grey color.

NEURO-ENERGETIC REPROGRAMMING

*Everybody has a Nervous System!
Ready to be Upgrade?*

Dr. Pam

Author, speaker and coach **Dr. Pam Denton** is the founder of Positive Evolution Consulting and speaks to audiences about becoming stronger than stress - in the heat of the moment. Dr. Pam's Evolve Coaching Techniques are designed to evolve your business through challenges and are accessible for any-body to upgrade the nervous system beyond stress. Her scientifically supported mind-body approach to leadership empowerment and stress resolution has helped thousands of leaders plug into their innate power and activate renewed energy and positivity for unstoppable success. Author of *She Means Business, Leadership Evolution* and co-author of *Core Intelligence*, Pam speaks globally about upgrading the mind-body connection for greater workforce productivity and teaches business leaders and teams how to harness power of Neuro-Energetic Reprogramming to facilitate immediate creative action.

WHAT IS UNIQUE ABOUT DR. PAM'S APPROACH TO SPEAKING?

Today's seemingly insurmountable challenges and stressors require a ***new form of motivational speaking*** - one that delivers immediate relief and activates present time results with passion, determination, and follow-through. Dr. Pam's formula for speaking will educate, inspire, and give your audience the empowerment they need to shift immediately. Fitness, breathwork, and neurological upgrade expert Dr. Pam will motivate, educate, energize and move your audience through a dynamic combination of *motivational speaking, positive visualizations, SuperCORE movement, and BreatheFit exercises - done from a chair*. Her powerful positivity, depth of knowledge, and authentic delivery will ignite your audience's energy, release stress, stimulate connection between team members, and provide simple tools for achieving greater satisfaction and productivity.

THE UPGRADE FROM A CHAIR

Long hours sitting at the computer without a break can leave your workforce drained, fatigued, and disconnected. Add the stress of daily business and life into this equation and your employees need an UPGRADE! There is an urgent need for speakers and coaches who can help employees and leaders release stress, remove blockages, and supercharge the central nervous system for success. To achieve success in today's fast paced world your business requires tools to BECOME STRONGER THAN YOUR STRESSORS for increased connectivity, communication, and productivity.



We will meet you where you are in the moment and teach you simple and effective techniques for releasing stress, energizing your body, clearing your mind, and conditioning your body – all of which can be performed from your chair, during a meeting, or on a coffee break.

STRESS RESOLUTION AT YOUR FINGERTIPS

Evolve Coach

 BreatheFIT

SuperCRE

 THE MIND
CLEANSE

 THE UPGRADE
JOURNEY

Positive Evolution Consulting and Speaking offers simple, easy to access daily solutions for releasing stress, and empowering individuals through positive motivation, while unlocking positive energy, strengthening team dynamics, and activating business culture. Your journey to become stronger than stress begins with an interactive training!

Contact Dr. Pam Denton for a Speaking Consultation.

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