



**Positive Evolution**  
CONSULTING

## **Evolve Assessment**

**Neuroactivating Leaders to Become More  
Resilient and Convert Stress and Tension  
into Growth**





Are you feeling the tension of change and growth within your business? At Positive Evolution Consulting, we have developed a cutting-edge eight-part assessment process that is tailored to your unique needs. Our mission is to help you convert stress and tension into an asset, elevate collective mobility, and supercharge your path to productivity and growth!

### What Makes Us Stand Out?

🔍 **\*\*Specialized Approach:\*\*** Our Evolve Assessment process is specifically designed to evaluate your business's growth potential by focusing on the impact of stress and converting it into collective productivity. We understand that change can be tense, but we're here to guide you through it.

📈 **\*\*Tailored Solutions:\*\*** No two businesses are alike. We customize our leadership evaluation and strategies to fit your unique challenges, ensuring a personalized roadmap to success.

🔄 **\*\*Eight-Part Assessment Process:\*\*** Our comprehensive approach covers every angle. From pinpointing stressors to boosting collective mobility.

🚀 **\*\*Evolutionary Results:\*\*** Engage with a steady transition and welcome sustainable progress. Our tested strategies are designed to deliver reliable outcomes, propelling your business towards steady advancement.

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# Evolve with the Collective Mind!

The Evolve Assessment helps you answer: How well is your team as a collective functioning under pressure and within a changing work environment?

In today's rapidly changing world, *traditional personality assessments* may not be sufficient to address the increased challenges, including rising mental health issues and the complexities of employee retention that are causing tension and crisis in business.

The need for an evolutionary tool that delves deeply into how people are performing *as a collective* has become paramount. At Positive Evolution Consulting, we recognize the urgency of this shift and offer a unique approach through our assessment.

We start our assessment with the executive leadership team, understanding that they represent the brain, governing the collective communities within the organization. By prioritizing the mission, vision, core values, strategy, and plans for productivity and growth, the executive leadership team plays a pivotal role in shaping the company's success.

In times of extreme crisis and change, leaders need a powerful evaluation and strategy to stay ahead of the curve and excel in business. Our assessment goes beyond the surface and combines nervous system regulation with the core functions of collective leadership. By understanding the interplay between stress, mental and emotional well-being, plus performance, we offer a comprehensive view of the organization's ability to higher function within stress.

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# Neuroactivated Leadership Approach

In the evolving landscape of business leadership and organizational culture, stress regulation and neurological reprogramming have emerged as necessary tools for navigating high stress environments. By acknowledging that tension and stress is an inherent part of the business world and combining this understanding with an assessment to identify the collective neurological impact of stress, you have a remarkable opportunity to restructure your corporate and business culture into a space of innovation and connectivity.

The power of collective neuroactivation is harnessed through the Evolve Assessment, enabling you to gauge how effectively your team functions under pressure and adapts within a changing work environment.

The Evolve Assessment offers a comprehensive evaluation of stress at the nervous system level, making it a powerful tool for shifting the collective behavior of your team during times of crisis, growth, and change. What sets our approach apart is its unique perspective, viewing the neurological impact of stress not only as a matter of self-regulation but also as a pathway for evolution and expansion as a collective leadership team driving culture.

By understanding stress from this multi-dimensional standpoint, we can unlock your team's creative and innovative potential, restoring their power to thrive even amidst challenging circumstances.



## Five Compelling Reasons to Assess Leadership Stress

- 1. Precision in Problem-Solving:** Stress can cloud decision-making and hinder problem-solving. By assessing stress, your executive team gains a clear understanding of individual and collective stressors, enabling more precise and effective solutions.
- 2. Resilience and Adaptability:** Change demands adaptability. The Evolve Assessment equips your team with insights to enhance resilience strategies. When stress is acknowledged and addressed, your executives can navigate challenges with greater flexibility and strength.
- 3. Enhanced Collaboration:** Stress can strain teamwork and communication. By evaluating stress levels, your executive team can identify potential communication breakdowns and work towards a cohesive, collaborative, and harmonious unit.
- 4. Optimized Resource Allocation:** Stress can impact resource allocation and focus. Through assessment, you'll uncover how stress affects the allocation of time, energy, and resources. This knowledge enables better resource management for accelerated business advancement.
- 5. Strategic Decision-Making:** Stress may influence long-term strategies. Evaluating stress across the 8 neurological levels of productivity and performance provides a holistic view of its impact. With this insight, your executive team can make informed decisions that drive progress efficiently.



## Take a SWOT at Stress

With our holistic assessment of stress, incorporating the four components of Strengths, Weaknesses, Opportunities, and Threats (SWOT), coupled with our eight stress regulation evaluations, we unveil a comprehensive picture of your leadership's capabilities in the face of challenges.

1. **Strengths:** Our approach identifies unifying areas where your leaders are already demonstrating resilience and thriving in the midst of stress-induced pressures. These strengths become the bedrock for further development and strategic enhancement. We call this insight the UNIFIER.

2. **Weakness:** By assessing stress's impact, we pinpoint potential vulnerabilities that may be hampering optimal performance on 8 levels. This evaluation empowers us to address weaknesses head-on, fostering a culture of growth and improvement.

3. **Opportunities:** Through our assessment, we uncover unique strategies for training growth and advancement within your leadership team.

4. **Threats:** In addition to strengths and opportunities, we also identify potential threats posed by stress. This includes the possibility of trauma that could pose long-term challenges to your business growth and organizational stability. By recognizing these threats, we can proactively strategize to mitigate their impact.

This thorough evaluation not only reveals the existing dynamics but also sets the stage for targeted interventions and trainings, fostering resilience, enhancing leadership skills, and fortifying your organization's overall well-being.



# The 8 Neuroactivations

## 1. **Stress Regulation for Holistic Leadership:**

- An personalized assessment of mental, physical, and emotional health to comprehensively evaluate how stress influences the team's overall function and well-being. This evaluation will prioritize the identification of stressors and the formulation of strategies for holistic stress management, addressing mental, physical, and emotional dimensions.

## 2. **Energy for Performance and Productivity:**

- An evaluation of the team's energy levels, including an assessment of team members' individual energy levels to identify burnout and depletion. This assessment also examines the distribution of team energy and where the collective focus lies.

## 3. **Empowerment for Greater team Dynamics:**

- A review of the team's empowerment levels, evaluating whether team members feel empowered and whether they employ empowered leadership tactics in their roles.

## 4. **Authenticity for Connection to Motivate Teams:**

- An examination of the authenticity within the team. This assessment focuses on how well team members authentically connect with one another, fostering genuine and open relationships.

## 5. **Communication for Greater Connectivity:**

- A thorough evaluation of the team's communication practices. This includes assessing the presence of trusted communication, open dialogue, and transparency within the team.



## The 8 Neuroactivations

In addition to the root causes of stress disruption to productivity, we also seek to aim for greatness and we delve into these higher levels to gain a comprehensive understanding of the effects of stress on leadership productivity and growth during times of extreme stress.

### **6. Self-Awareness for Self Corrective Leadership:**

- An assessment of the team's self-awareness levels. This evaluation focuses on whether team members are aware of their beliefs, behaviors, and their ability to self-correct for the benefit of the team.

### **7. Higher Thought for Promoting Positive Reinforcement:**

- An analysis of the team's capacity to engage in higher-level thinking. This includes the team's ability to visualize a broader vision, see possibilities, and recognize opportunities for growth and improvement.

### **8. Consciousness for Productivity :**

- An evaluation of the team's desire and implementation of conscious actions to connect with the big vision and actively work towards evolving both as individuals and as a cohesive team.

These assessments provide a holistic view of the leadership team's dynamics, strengths, and areas for improvement, helping to guide efforts for personal and collective growth and development.



# The Process

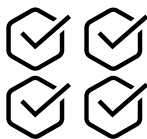
The Evolve Assessment process initiates with a thorough and complimentary review of our methodology alongside your PEC team. During this phase, we provide an overview of the anticipated outcomes this assessment will bring to your work environment and team dynamics. Once your commitment to the process is established, we embark on constructing the foundation of what we consider a Healing-Centric approach to leadership development.

Our humanistic approach involves the PEC team meeting collectively with your key team members to review the assessment, address any inquiries, and establish rapport.

The second phase consists of a series of in-person or Zoom meetings. \*It is strongly recommended that our team be present on-site to conduct individual sessions with each team member. This phase, known as Ask and Listen, is a personalized process for gathering information through close, person-to-person interactions. Our consultants are adept in the ALIGN System, a specialized approach to facilitated interviews for assessments, focusing on ASK, LISTEN, INTUIT, GUIDE, and NEUROACTIVATE.

The assessment concentrates on the "ALL IN" component of the ALIGN System. We commit fully to observing and understanding each individual participant's contributions.

In the Third Phase the details derived from our personalized yet specific questions are consolidated into a comprehensive report, which we present to your team. Our primary objective is to promptly help you identify the UNIFIER within your team, leveraging it as a catalyst for growth and positive change.



# Are You All In?

In our Evaluation Report of Findings, we guide your team through the initial strategy, making the unifier the cornerstone of your collective team mindset. We propose a strategy for addressing weaknesses and mitigating stress, tension, threats or trauma.

This process is highly educational, incorporating a neuroactivation component where your team experiences the power of neuroactivation during the ASK and LISTEN process, leading into the Evaluation Report of Findings and team unity sessions.

Ultimately, the decision lies in the strategy. We pose the question: Do you desire more? Like any collective mindset, buy-in to leadership development is crucial for the success of the overall process.

# Key Terms

## 1. **Neuroactivate:**

- *Definition:* The process of removing subconscious blocks caused by stress and leadership patterning to reprogram new patterns of collective team leadership and individual evolution.

## 2. **Evolve:**

- *Definition:* The process of leaving behind old patterns that no longer serve the collective growth of a team and reprogramming new patterns of leadership that coincide with the 8 neurological activation centers.

## 3. **ALIGN:**

- *Definition:* A system for consulting Evolve Leadership and delivering the assessment and training. Stands for Ask, Listen, Intuit, Guide, Neuroactivate.

## 4. **Crisis:**

- *Definition:* A team that has subconscious patterns of stress and tension causing disruptive team dynamics, undermining productivity, and growth.

## 5. **Trauma:**

- *Definition:* The imprint of old patterns derived from past programming or stress that impedes leadership performance and collective synergy.

## 6. **8 Activations:**

- *Definition:* Common bonds between leadership that reference the nervous system.

## 7. **Collective Mind:**

- *Definition:* The concept that, when subconscious blocks are removed and awareness is raised as a team using the same neuroactivation system, there is an exponential growth factor.

## 8. **Subconscious Block:**

- *Definition:* A pattern of belief, often caused by a forced stressor or outdated belief, that impedes change and growth, halting productivity.

## 9. **Pace Setter:**

- *Definition:* A PEC Consultant that practices and delivers nervous system upgrades and guides a higher pace of awareness and evolution through team challenges.

## 10. **Healing-Centric:**

- *Definition:* A team and culture that promotes the collective well-being of team players and offers holistic solutions.