



ESSENTIAL OIL

DILUTION GUIDELINES

THE VALUES ARE APPROXIMATE AND HAVE BEEN ROUNDED TO WHOLE DROPS. THESE NUMBERS REPRESENT TOTAL # DROPS OF ESSENTIAL OIL INTO CARRIER OILS, USE THE SIZE BOTTLE PREFERRED. *Purple*



	5%	15	22	30	45	75	90	
↑								↑
	4%	12	18	24	36	60	72	
	3%	9	13	18	27	45	54	
↑								↑
	2%	6	9	12	18	30	36	
	1%	3	4	6	9	15	18	
↑								↑
	.5%	1	2	3	4	7	8	

for drop amounts read chart from bottom choosing size to top, mix EO into carrier oil



VOLUME OF

CARRIER OIL 10ML 15ML 20ML 30ML 50ML 60ML