

2009 Cascade Collegiate Conference Cross Country Championships
 Presented by the Eugene Marathon
 Dorris Ranch - Springfield, OR

Women's 5K Results

Place	TmPl	No.	Name	Gr	School	Time	Pace
1	1	30	Alice Taylor	SO	Concordia (ore.)	17:40	5:42
2	2	68	Karlee Coffey	FR	Eastern Oregon	18:00	5:48
3	3	2	Stephanie Helm	JR	College Of Idaho	18:03	5:49
4	4	156	Seena Frantz	FR	Southern Oregon	18:26	5:56
5	5	10	Tegan Troutner	JR	College Of Idaho	18:41	6:01
6	6	4	Molli Lee-Painter	SR	College Of Idaho	18:45	6:02
7	7	185	Kayla Perry		Warner Pacific	18:50	6:04
8	8	26	Lauren Moran	SO	Concordia (ore.)	18:50	6:04
9	9	107	Stephanie Hescocock	SO	Northwest Christian	18:51	6:04
10	10	1	Kaitlyn Gerard	FR	College Of Idaho	18:56	6:06
11	11	29	Samantha Robert	JR	Concordia (ore.)	18:57	6:06
12	12	3	Kayloni Jones	SO	College Of Idaho	18:59	6:07
13	13	70	Alma Garcilazo	SO	Eastern Oregon	19:02	6:08
14	14	8	Kristine Smith	JR	College Of Idaho	19:02	6:08
15	15	51	Courtney Welling	SO	Corban	19:04	6:08
16	16	106	Megan Hall	JR	Northwest Christian	19:04	6:09
17	17	161	Anya Martinez	FR	Southern Oregon	19:08	6:10
18	18	159	Tara Krempley		Southern Oregon	19:10	6:11
19	19	71	Sarah Hanchett	FR	Eastern Oregon	19:11	6:11
20	20	121	Paige Delapp	SO	Northwest U.	19:13	6:11
21	21	140	Amber Sinicrope	JR	Oregon Tech	19:15	6:12
22	22	24	Junia Limage	SO	Concordia (ore.)	19:18	6:13
23	23	6	Maggie Miller	SO	College Of Idaho	19:20	6:14
24	24	158	Kristen Juveland	JR	Southern Oregon	19:22	6:14
25	25	127	Lindsey Wagner	SO	Northwest U.	19:26	6:16
26	26	47	Amy Renfro	SO	Corban	19:29	6:17
27	27	124	Brittany Long	JR	Northwest U.	19:31	6:17
28	28	67	Nancy Cardenas	FR	Eastern Oregon	19:33	6:18
29	29	91	Britta Peterson	SO	Evergreen St.	19:45	6:22
30		11	Chantel Varland	SR	College Of Idaho	19:47	6:22
31	30	112	Riley Swanson	SO	Northwest Christian	19:50	6:23
32	31	111	Sierra Schorer Nol	FR	Northwest Christian	19:50	6:23
33	32	163	Silver Seibert	FR	Southern Oregon	19:52	6:24
34	33	164	Laurie Stoutenburg	FR	Southern Oregon	19:54	6:25
35	34	66	Talissa Baldovino	FR	Eastern Oregon	19:57	6:26
36	35	52	Becca Zanon	SO	Corban	20:02	6:27
37	36	103	Brittany Arch	SO	Northwest Christian	20:04	6:28
38	37	74	Kendra Stone	SR	Eastern Oregon	20:07	6:29
39	38	143	Katie Waugh	FR	Oregon Tech	20:08	6:29
40		9	Stephanie Sparks	SR	College Of Idaho	20:15	6:31
41	39	122	Adria Grubb	FR	Northwest U.	20:21	6:33
42	40	155	Kelly Clark	SO	Southern Oregon	20:28	6:36
43	41	43	Lauren Cross	FR	Corban	20:30	6:36
44	42	123	Julia Johnson	FR	Northwest U.	20:35	6:38
45	43	105	Melissa Edwards	FR	Northwest Christian	20:36	6:38
46		5	Ashley Miller	SR	College Of Idaho	20:42	6:40
47	44	139	Rachel Novak	SR	Oregon Tech	20:46	6:41
48	45	44	Jennifer Hague	SO	Corban	20:46	6:41
49	46	110	Deanna Lund	FR	Northwest Christian	20:53	6:44
50	47	69	Sierra Engler	FR	Eastern Oregon	20:58	6:45
51	48	138	Amanda McMillan	SO	Oregon Tech	21:08	6:48
52	49	180	Dominga Arzate	JR	Warner Pacific	21:11	6:49
53		157	Lindsey Harris	FR	Southern Oregon	21:15	6:51
54		154	Micaela Bishop	FR	Southern Oregon	21:16	6:51
55		108	Bethany Howard	SR	Northwest Christian	21:21	6:53

56	50	141 Statia Smith	JR Oregon Tech	21:21	6:53
57	51	50 Alethea Strauser	SO Corban	21:23	6:53
58		160 Justine Lyon	FR Southern Oregon	21:24	6:54
59	52	31 Savannah Walruff	SR Concordia (ore.)	21:25	6:54
60	53	87 Emily Baker	SO Evergreen St.	21:30	6:55
61	54	183 Kattarina Korpela	FR Warner Pacific	21:33	6:57
62	55	181 Leah Ballard	SO Warner Pacific	21:34	6:57
63	56	187 Kayla Winkle	SO Warner Pacific	21:42	6:59
64		109 Veronica Lefaver	SO Northwest Christian	22:17	7:11
65	57	48 Kaitlin Shepherd	FR Corban	22:20	7:12
66	58	142 Kayla Swingle	FR Oregon Tech	22:22	7:12
67		73 Christy Roe	FR Eastern Oregon	22:23	7:13
68		49 Jocelynn Smith	SO Corban	22:33	7:16
69	59	137 McKenzie Demott	FR Oregon Tech	22:35	7:17
70		45 Melody Haidle	FR Corban	22:38	7:17
71	60	92 Claire Rosenfeld	JR Evergreen St.	22:51	7:22
72	61	94 Jamie Willis	JR Evergreen St.	22:57	7:23
73		72 Mo McKenzie	FR Eastern Oregon	22:57	7:24
74		104 Heather Bush	FR Northwest Christian	23:26	7:33
75	62	25 Kelsie Lincoln	FR Concordia (ore.)	23:30	7:34
76	63	93 Chloe Stamper	FR Evergreen St.	23:51	7:41
77	64	182 Krystal Estrella	SO Warner Pacific	24:02	7:45
78	65	27 Jenna Olson	JR Concordia (ore.)	24:22	7:51
79	66	90 Kayla Johnston	FR Evergreen St.	24:33	7:54
80	67	184 Nichelle Moore	JR Warner Pacific	24:55	8:02
81		46 Heidi Hathorn	FR Corban	24:58	8:03
82	68	89 Evelyn Coleman	SO Evergreen St.	25:32	8:14
83	69	125 Jessica Loughlin	FR Northwest U.	27:26	8:50
84		186 Carman Whisman	FR Warner Pacific	28:24	9:09

Women's Team Scores

1.	36	College Of Idaho	(18:41 1:33:24)
=====			
1	3	Stephanie Helm	18:03
2	5	Tegan Troutner	18:41
3	6	Molli Lee-Painter	18:45
4	10	Kaitlyn Gerard	18:56
5	12	Kayloni Jones	18:59
6	(14)	Kristine Smith	19:02
7	(23)	Maggie Miller	19:20
2.	94	Concordia (ore.)	(19:14 1:36:10)
=====			
1	1	Alice Taylor	17:40
2	8	Lauren Moran	18:50
3	11	Samantha Robert	18:57
4	22	Junia Limage	19:18
5	52	Savannah Walruff	21:25
6	(62)	Kelsie Lincoln	23:30
7	(65)	Jenna Olson	24:22
3.	95	Southern Oregon	(19:12 1:35:58)
=====			
1	4	Seena Frantz	18:26
2	17	Anya Martinez	19:08
3	18	Tara Krempley	19:10
4	24	Kristen Juveland	19:22
5	32	Silver Seibert	19:52
6	(33)	Laurie Stoutenburgh	19:54
7	(40)	Kelly Clark	20:28
4.	96	Eastern Oregon	(19:09 1:35:43)
=====			
1	2	Karlee Coffey	18:00

2	13	Alma Garcilazo	19:02
3	19	Sarah Hanchett	19:11
4	28	Nancy Cardenas	19:33
5	34	Talissa Baldovino	19:57
6	(37)	Kendra Stone	20:07
7	(47)	Sierra Engler	20:58
5.	122	Northwest Christian	(19:32 1:37:39)
=====			
1	9	Stephanie Hescoc	18:51
2	16	Megan Hall	19:04
3	30	Riley Swanson	19:50
4	31	Sierra Schorer Noll	19:50
5	36	Brittany Arch	20:04
6	(43)	Melissa Edwards	20:36
7	(46)	Deanna Lund	20:53
6.	153	Northwest U.	(19:50 1:39:06)
=====			
1	20	Paige Delapp	19:13
2	25	Lindsey Wagner	19:26
3	27	Brittany Long	19:31
4	39	Adria Grubb	20:21
5	42	Julia Johnson	20:35
6	(69)	Jessica Loughlin	27:26
7.	162	Corban	(19:59 1:39:51)
=====			
1	15	Courtney Welling	19:04
2	26	Amy Renfro	19:29
3	35	Becca Zanon	20:02
4	41	Lauren Cross	20:30
5	45	Jennifer Hague	20:46
6	(51)	Alethea Strauser	21:23
7	(57)	Kaitlin Shepherd	22:20
8.	201	Oregon Tech	(20:32 1:42:38)
=====			
1	21	Amber Sinicrope	19:15
2	38	Katie Waugh	20:08
3	44	Rachel Novak	20:46
4	48	Amanda McMillan	21:08
5	50	Statia Smith	21:21
6	(58)	Kayla Swingle	22:22
7	(59)	McKenzie Demott	22:35
9.	221	Warner Pacific	(20:58 1:44:50)
=====			
1	7	Kayla Perry	18:50
2	49	Dominga Arzate	21:11
3	54	Kattarina Korpela	21:33
4	55	Leah Ballard	21:34
5	56	Kayla Winkle	21:42
6	(64)	Krystal Estrella	24:02
7	(67)	Nichelle Moore	24:55
10.	266	Evergreen St.	(22:11 1:50:54)
=====			
1	29	Britta Peterson	19:45
2	53	Emily Baker	21:30
3	60	Claire Rosenfeld	22:51
4	61	Jamie Willis	22:57
5	63	Chloe Stamper	23:51
6	(66)	Kayla Johnston	24:33
7	(68)	Evelyn Coleman	25:32

Men's 8K Results

Place	TmPl	No.	Name	Gr	School	Time	Pace
1	1	169	David Laney	JR	Southern Oregon	24:44	4:59
2	2	40	Martin Romero-Clar	SR	Concordia (ore.)	25:00	5:02
3	3	78	Dj Flores	FR	Eastern Oregon	25:01	5:02
4	4	18	Greg Montgomery	FR	College Of Idaho	25:04	5:03
5	5	171	Dennis McCaffrey	JR	Southern Oregon	25:05	5:03
6	6	166	Zach Elliott	FR	Southern Oregon	25:07	5:03
7	7	148	Korey Humberston	JR	Oregon Tech	25:09	5:04
8	8	21	Paul Sartin	JR	College Of Idaho	25:10	5:04
9	9	194	Karim Shakalia	JR	Warner Pacific	25:10	5:04
10	10	101	Brian Rakestraw	SR	Evergreen St.	25:12	5:05
11	11	80	Forrest Lumpry	JR	Eastern Oregon	25:13	5:05
12	12	177	Ryan Sorenson	SO	Southern Oregon	25:14	5:05
13	13	119	Samuel Robison	JR	Northwest Christian	25:15	5:05
14	14	13	Jj Burk	SR	College Of Idaho	25:15	5:05
15	15	167	Ryan Gelfi	JR	Southern Oregon	25:16	5:05
16	16	17	Kiprotich Langat	SO	College Of Idaho	25:17	5:06
17	17	35	Charles Cummings	SR	Concordia (ore.)	25:17	5:06
18	18	39	Marcus Nelson	FR	Concordia (ore.)	25:19	5:06
19	19	34	Cordero Cisneros	SO	Concordia (ore.)	25:27	5:08
20	20	15	Andrew Hugill	FR	College Of Idaho	25:28	5:08
21	21	165	Hector Aleman	JR	Southern Oregon	25:29	5:08
22	22	79	Terry Johnsen	SO	Eastern Oregon	25:38	5:10
23	23	172	Andrew Milne	JR	Southern Oregon	25:41	5:10
24		173	Chris Paterson	JR	Southern Oregon	26:05	5:15
25	24	77	Justin Dean	JR	Eastern Oregon	26:07	5:16
26	25	12	Dominic Bolin	FR	College Of Idaho	26:08	5:16
27	26	75	Ryan Booth	FR	Eastern Oregon	26:09	5:16
28	27	23	Zeke Wilson	SO	College Of Idaho	26:15	5:17
29	28	59	Caleb Goins	SO	Corban	26:19	5:18
30	29	128	Seth Bridges	SO	Northwest U.	26:20	5:18
31	30	76	Kody Coxen	FR	Eastern Oregon	26:25	5:19
32	31	38	Brandon Kohler	FR	Concordia (ore.)	26:27	5:20
33	32	189	Juan Delacruz	JR	Warner Pacific	26:27	5:20
34		174	Jerrod Puckett	SO	Southern Oregon	26:27	5:20
35	33	86	Devin White	FR	Eastern Oregon	26:35	5:21
36	34	33	Josh Burrus	SO	Concordia (ore.)	26:35	5:21
37	35	134	Matt Porter	FR	Northwest U.	26:36	5:21
38		81	Kevin Miller	FR	Eastern Oregon	26:36	5:22
39		14	Alex Goold	JR	College Of Idaho	26:38	5:22
40		16	Jason Hunt	FR	College Of Idaho	26:38	5:22
41	36	61	Kym Hunt	JR	Corban	26:39	5:22
42		176	Josh Seitz	SO	Southern Oregon	26:49	5:24
43	37	55	Jacob Bowdoin	FR	Corban	26:52	5:25
44	38	191	Ephrem Mammo	SO	Warner Pacific	26:54	5:25
45	39	42	Dylan Zitzer	JR	Concordia (ore.)	26:56	5:26
46		22	Geoff Williams	SR	College Of Idaho	27:02	5:27
47	40	147	Joey Gipner	SO	Oregon Tech	27:03	5:27
48	41	195	Han White-Duong	FR	Warner Pacific	27:14	5:29
49	42	117	Brandon Kundert	JR	Northwest Christian	27:21	5:31
50	43	64	Jeffrey Schloemer	SR	Corban	27:26	5:31
51		82	Carlos Quintana	JR	Eastern Oregon	27:33	5:33
52	44	193	Travis Pengra	SO	Warner Pacific	27:34	5:33
53	45	129	Garrett Foot	FR	Northwest U.	27:42	5:35
54	46	56	David Brown	FR	Corban	27:51	5:36
55	47	97	Tyler Luce	JR	Evergreen St.	27:52	5:37
56	48	146	Jacob Dubie	FR	Oregon Tech	27:57	5:38
57		83	Jeff Roy	SO	Eastern Oregon	28:03	5:39
58	49	54	Ben Search	JR	Corban	28:15	5:41
59	50	120	Benton Urquhart	FR	Northwest Christian	28:21	5:43

60	51	53	Adrian Taylor	FR Corban	28:27	5:44
61		62	Seth James	FR Corban	28:27	5:44
62	52	98	Darin Martin	SR Evergreen St.	28:28	5:44
63	53	190	Kevin Fleishman	FR Warner Pacific	28:28	5:44
64	54	102	Liam Rockwell	JR Evergreen St.	28:30	5:44
65	55	118	Robert Rich	SO Northwest Christian	28:34	5:45
66	56	113	Cody Aucoin	SO Northwest Christian	28:48	5:48
67		57	Kevin Cook	JR Corban	29:05	5:51
68	57	150	Micah Johnson	FR Oregon Tech	29:10	5:52
69		65	John Trimble	FR Corban	29:16	5:54
70	58	192	Christopher Meeker	FR Warner Pacific	29:22	5:55
71	59	96	Chris Johnson	JR Evergreen St.	29:27	5:56
72	60	95	Alex Combs-Bachma	JR Evergreen St.	29:32	5:57
73	61	116	Levi Dieu	SO Northwest Christian	29:35	5:57
74	62	115	Michael Bennett	FR Northwest Christian	29:46	6:00
75	63	149	Corbyn Jahn	FR Oregon Tech	29:47	6:00
76		188	Marcus Davis	JR Warner Pacific	29:56	6:02
77	64	99	Nicholas Pace	JR Evergreen St.	30:15	6:06
78	65	144	Richard Carter	JR Oregon Tech	30:19	6:06
79	66	153	Darrack Waugh	SO Oregon Tech	30:21	6:07
80		100	Clint Posey	SO Evergreen St.	30:40	6:11
81		114	Jeremy Aucoin	SO Northwest Christian	31:04	6:15
82		145	Gerald Davis	FR Oregon Tech	31:43	6:23
83	67	130	Abel Foto	FR Northwest U.	35:50	7:13
84		151	Oliver Mainland	FR Oregon Tech	36:27	7:20
85	68	132	Kramer Kelly	FR Northwest U.	39:03	7:52
86	69	135	Jimmy Reed	JR Northwest U.	42:16	8:31
87	70	133	Ryan McNamara	FR Northwest U.	45:07	9:05

Men's Team Scores

1.	39	Southern Oregon	(25:06 2:05:26)
=====			
1	1	David Laney	24:44
2	5	Dennis McCaffrey	25:05
3	6	Zach Elliott	25:07
4	12	Ryan Sorenson	25:14
5	15	Ryan Gelfi	25:16
6	(21)	Hector Aleman	25:29
7	(23)	Andrew Milne	25:41
2.	62	College Of Idaho	(25:15 2:06:14)
=====			
1	4	Greg Montgomery	25:04
2	8	Paul Sartin	25:10
3	14	Jj Burk	25:15
4	16	Kiprotich Langat	25:17
5	20	Andrew Hugill	25:28
6	(25)	Dominic Bolin	26:08
7	(27)	Zeke Wilson	26:15
3.	86	Eastern Oregon	(25:38 2:08:08)
=====			
1	3	Dj Flores	25:01
2	11	Forrest Lumpry	25:13
3	22	Terry Johnsen	25:38
4	24	Justin Dean	26:07
5	26	Ryan Booth	26:09
6	(30)	Kody Coxen	26:25
7	(33)	Devin White	26:35
4.	87	Concordia (ore.)	(25:30 2:07:30)
=====			
1	2	Martin Romero-Clark	25:00
2	17	Charles Cummings	25:17
3	18	Marcus Nelson	25:19

4	19	Cordero Cisneros	25:27
5	31	Brandon Kohler	26:27
6	(34)	Josh Burrus	26:35
7	(39)	Dylan Zitzer	26:56
=====			
5.	164	Warner Pacific	(26:40 2:13:19)
=====			
1	9	Karim Shakalia	25:10
2	32	Juan Delacruz	26:27
3	38	Ephrem Mammo	26:54
4	41	Han White-Duong	27:14
5	44	Travis Pengra	27:34
6	(53)	Kevin Fleishman	28:28
7	(58)	Christopher Meeker	29:22
=====			
6.	190	Corban	(27:02 2:15:07)
=====			
1	28	Caleb Goins	26:19
2	36	Kym Hunt	26:39
3	37	Jacob Bowdoin	26:52
4	43	Jeffrey Schloemer	27:26
5	46	David Brown	27:51
6	(49)	Ben Search	28:15
7	(51)	Adrian Taylor	28:27
=====			
7.	215	Oregon Tech	(27:50 2:19:06)
=====			
1	7	Korey Humberston	25:09
2	40	Joey Gipner	27:03
3	48	Jacob Dubie	27:57
4	57	Micah Johnson	29:10
5	63	Corbyn Jahn	29:47
6	(65)	Richard Carter	30:19
7	(66)	Darrack Waugh	30:21
=====			
8.	216	Northwest Christian	(27:40 2:18:19)
=====			
1	13	Samuel Robison	25:15
2	42	Brandon Kundert	27:21
3	50	Benton Urquhart	28:21
4	55	Robert Rich	28:34
5	56	Cody Aucoin	28:48
6	(61)	Levi Dieu	29:35
7	(62)	Michael Bennett	29:46
=====			
9.	222	Evergreen St.	(27:54 2:19:29)
=====			
1	10	Brian Rakestraw	25:12
2	47	Tyler Luce	27:52
3	52	Darin Martin	28:28
4	54	Liam Rockwell	28:30
5	59	Chris Johnson	29:27
6	(60)	Alex Combs-Bachma	29:32
7	(64)	Nicholas Pace	30:15
=====			
10.	244	Northwest U.	(31:07 2:35:31)
=====			
1	29	Seth Bridges	26:20
2	35	Matt Porter	26:36
3	45	Garrett Foot	27:42
4	67	Abel Foto	35:50
5	68	Kramer Kelly	39:03
6	(69)	Jimmy Reed	42:16
7	(70)	Ryan McNamara	45:07