

# 2010 Lifeforce Trail Challenge

Sunday, November 14, 2010

Frank Kinney Park - Eugene, Oregon

10K Age-Staggered / 5K Mass Start

## 5K Mass Start Results

Place No.	Name	Ag	S	Div/Tot	Div	City	St	Time	Pace
1	558 Lane Johnson	23	M	1/1	M2024	Tualatin	OR	21:13	6:50
2	564 David Saenger	42	M	1/2	M4044	Eugene	OR	22:22	7:12
3	550 Frederick Colby	41	M	2/2	M4044	Eugene	OR	22:30	7:15
4	570 Randy Smith	47	M	1/2	M4549	Eugene	OR	23:57	7:43
5	575 John Wilkinson	39	M	1/1	M3539	Eugene	OR	24:36	7:55
6	576 William Wyckoff	46	M	2/2	M4549	Eugene	OR	25:35	8:14
7	552 Kevin Edwards I	53	M	1/1	M5054	Vancouver	WA	26:57	8:41
8	565 Leo Saenger	10	M	1/1	M0110	Eugene	OR	27:58	9:00
9	566 B J Sauter	11	M	1/1	M1114	Eugene	OR	27:59	9:01
10	578 Melissa Berry	10	F	1/1	F0110	Allegany	OR	29:36	9:32

## 10K Age-Staggered Results

Place No.	Name	Ag	S	Div/Tot	Div	City	St	Rank	Actual	Pace	From Start
1	579 Kate Mactavish	47	F	1/3	F4549	Corvallis	OR	6	49:33	7:59	1:09:08
2	572 David Taylor	60	M	1/2	M6064	Corvallis	OR	5	48:25	7:48	1:10:45
3	547 Kristen Ball	47	F	2/3	F4549	Roseburg	OR	8	52:22	8:26	1:11:57
4	560 Sarah Kerr-Daly	60	F	1/1	F6064	Eugene	OR	16	1:03:44	10:16	1:12:44
5	554 Joe Griffin	50	M	1/2	M5054	Central Point	OR	4	48:06	7:45	1:14:41
6	580 Marla McKee	56	F	1/1	F5559	Albany	OR	14	1:02:19	10:02	1:14:49
7	581 Chip The Shark Kelly	37	M	1/2	M3539	Eugene	OR	1	42:09	6:47	1:14:59
8	553 Joshua Gordon	36	M	2/2	M3539	Eugene	OR	2	44:45	7:13	1:17:35
9	563 Sharon Rogers	49	F	3/3	F4549	Eugene	OR	10	58:29	9:25	1:18:04
10	555 Chad Gutches	32	M	1/3	M3034	Medford	OR	3	47:16	7:37	1:21:26
11	562 Keith McConnell	66	M	1/2	M6569	Eugene	OR	15	1:02:41	10:06	1:22:31
12	559 Robert Jones	66	M	2/2	M6569	Eugene	OR	19	1:05:28	10:33	1:25:18
13	548 Dan Berry	34	M	2/3	M3034	Corvallis	OR	7	52:01	8:23	1:26:11
14	567 Sarah Sedwick	31	F	1/3	F3034	Eugene	OR	13	1:01:46	9:57	1:28:21
15	546 C J Ball	14	M	1/1	M1114	Roseburg	OR	11	59:20	9:33	1:29:10
16	561 Liz Martin	35	F	1/1	F3539	Corvallis	OR	18	1:04:35	10:24	1:31:10
17	577 John Hartman	61	M	2/2	M6064	Eugene	OR	22	1:11:47	11:34	1:31:37
18	557 Casey Izdepski	23	M	1/1	M2024	Eugene	OR	9	55:37	8:57	1:31:47
19	551 Carla Continenza	25	F	1/2	F2529	Portland	OR	17	1:04:27	10:23	1:33:02
20	574 Rebecca Veltri	28	F	2/2	F2529	Corvallis	OR	20	1:06:08	10:39	1:34:43
21	573 Anthony Veltri	32	M	3/3	M3034	Corvallis	OR	12	1:00:45	9:47	1:34:55
22	571 Gabriella Soraci	31	F	2/3	F3034	Eugene	OR	21	1:11:04	11:27	1:37:39
23	549 Norm Bloom	51	M	2/2	M5054	Eugene	OR	23	1:12:17	11:38	1:38:52
24	569 Cookie Sims	34	F	3/3	F3034	Medford	OR	24	1:13:00	11:45	1:39:35