

Hunters Creek Stingrays Swim Team Coaching Application

Summer Season 2019: May 29th-July 20th

Coaching positions and schedules will be determined by practice times, team needs, as well as coach experience and availability.

Meets: Meets start June 15th, Herndon Olympics July 9th and All League meet on July 20th. No meet on July 4th. Time Trials TBD

Minimum Qualifications:

To be considered for a Head Coach position you must have finished at least one year of college. For an Asst. Head Coach or Junior Coach position, you must be at least 15 years old. All candidates must have summer swim and either club or high school swim experience. Applicants must have or intend on obtaining Lifeguard Certification before the swim season starts. Interviews will be held to determine the best candidates for all positions. Please note – due to conflicts of interest for both the Swim Team and HC Pool, the HC Pool Manager and Asst. Manager may not apply to be Head Coach or Asst. Head Coach of the swim team.

Expectations of Stingray Coaches:

Every coach should expect and be prepared to coach in the water at every practice. Treat all swimmers equally. Build self-esteem in each swimmer using encouragement and praise. Maintain a high level of sportsmanship at all times to promote team spirit. Active participant in **every** required practice, meet, and team event. Maintain open communication with other coaches, swim team board members, and parents.

Teaching Skills: Be sensitive to the needs of all swimmers; Emphasize fundamentals of proper stroke and turn techniques; **Demonstrate drills and/or proper stroke techniques with in-water presentation** (when appropriate); Provide constructive feedback to all swimmers.

Management: Arrive early and be prepared to begin practice on time; Assist with setup of pool area, for practice; Assist with breakdown and clean-up of pool area following practices; Attend all practices, meets, and team event in accordance with position; Follow the guidance of the Head Coach to provide consistent coaching philosophy; Be familiar with, and prepared to implement, workouts, drills, etc. as provided by the Head Coach in keeping swimmers active in productive activity.



Hunters Creek Stingrays Swim Team Coaching Application

For consideration as a coach, please complete this application and return to the Swim Team Board by email <u>hunterscreekstingrays@gmail.com</u> For full consideration, return completed application by March 1st, 2019 for Head and Asst. Coach. For Junior Coach by March 29th, 2019.

Name Address Home Phone Cell Phone E-mail

Please list any conflicts known at this time (vacation, orientation, camp etc.).

Please list the High School/College you attend (will attend), including grade/year entering in Fall 2019.

Please provide a brief description of your school based activities and a description of any coaching/volunteer experience.

Please provide a brief description of your swimming experience (i.e. years swimming, teams).

Which position are you applying for? ______ Please provide a brief statement as to why you would be an excellent coach for the Hunters Creek Swim Team.

Please provide the names and contact information for 2 references:

Signature of Applicant: _____ Date: _____

Please note that late applications will <u>not</u> be accepted. This application does not pledge commitment until position is offered and accepted.