

# PAKA PIK UP FOUNDATION



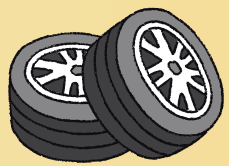
## EVERY MIKKLE MEK A MUKKLE

### Date and Time:

Aug 17, 2025  
11 PM - 5 PM

### Location:

Bath Primary and Junior High School, St Thomas, Jamaica



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## 01 Overview

### FOREWORD

We are excited to present this special event aimed at giving back to our community. As a part of our ongoing commitment to supporting local students, our project will provide essential back-to-school supplies, clothing, and personal hygiene products to help students start the school year off right.

This event, however, is more than just providing material support. We also understand the importance of holistic well-being, and as such, we have incorporated developmental conversations focusing on physical, mental, and emotional health. These discussions will offer students

valuable tools to navigate challenges, manage stress, and build resilience.

In addition to these meaningful talks, the day will be filled with engaging activities, including a fun raffle and opportunities for students to connect. Our goal is to create a positive, supportive environment where students can feel empowered, prepared, and excited for the school year ahead.

We look forward to coming together as a community to make a lasting impact on the lives of our students and ensure they have the resources and support they need to succeed. Thank you for being a part of this special event.

## EVENT BACKGROUND

The inspiration behind this event stems from a deep-rooted desire to honor the legacy of my father, Samuel Calvin, and to address the importance of literacy and community development in underserved societies. Growing up, I was profoundly shaped by his values and his commitment to societal progress. His mantra, “Never forget where you come from,” guided his life and continues to guide mine. My father dedicated himself to uplifting the Bath community, serving as a member of the Bath Sports Club, coaching the local football team, and mentoring countless children and young adults. He always believed that education was the key to growth and success, and he encouraged not only his children but the youth in the community to embrace learning, take pride in their heritage, and strive for excellence in every aspect of life.

This event, titled “**EVERY MIKKE MEK A MUKKE**”, is inspired by the belief that every little contribution can make a big difference. Just as my father showed through his actions that even small efforts can have a profound impact, this event is a reflection of his teachings. The name captures the essence of community—where every skill shared, every resource offered, and every bit of support given adds up to something significant.

By hosting this event, I aim to continue my father’s work, providing educational resources and support to the youth of the Bath community. I hope that this annual event will not only offer practical help, such as school supplies and mentorship, but will also encourage young people to embrace the values of education, personal development, and community service.

Through this initiative, I aspire to carry my father’s torch and contribute to the growth of tomorrow’s leaders, just as he did for so many before me.

## EVENT OBJECTIVE



### **Provide Essential Back-to-School Supplies**

Our primary objective is to equip students with the necessary tools for a successful academic year.

### **Promote Holistic Well-Being**

With the understanding that student success goes beyond academics, we aim to foster the physical, mental, and emotional health of students.

### **Foster a Supportive Environment for Student**

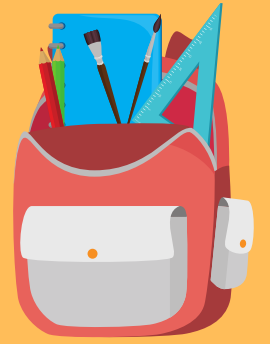
We seek to create an atmosphere where students feel empowered, supported, and connected.

## 02 Event Description

## EVENT ACTIVITIES

## Supply Giveaway

At the heart of this event is our supply giveaway. We will distribute essential back-to-school supplies, including notebooks, pens, pencils, backpacks, uniforms, and personal hygiene products. The goal is to ensure that every student has the necessary tools and resources they need to succeed academically and take pride in their education. We hope to remove some of the barriers they may face at the start of the school year, giving them a sense of confidence and readiness for their academic journey.



## Stress Management Workshops

To support students in developing essential coping mechanisms, we will host engaging workshops focused on teaching practical ways to deal with stress. These sessions will introduce techniques such as mindfulness, deep breathing exercises, time management, and self-care practices, equipping students with tools to manage academic and personal pressures. The goal is to help students build emotional resilience and maintain a balanced mindset, especially as they transition into the school year.



## Raffle and Special Item Giveaway

As part of the event's festivities, we will hold an exciting raffle with a variety of prizes, including uniform scholarships, laptops, and other special items that will benefit students in their academic and personal lives. This activity aims to bring an element of fun, help foster engagement, and add an element of excitement to the event, while also providing valuable resources to the community.



## Fun Interactive Leisure Activities for Social Skills

A series of fun and interactive activities will be organized to help students improve important social skills. Through group games, team-building exercises, and icebreaker activities, students will have the opportunity to engage with their peers and practice communication, collaboration, and teamwork. These activities aim to build confidence and improve interpersonal skills, creating a positive and supportive atmosphere where students can connect and learn from each other.



There will be a bouncing house, games, and other fun activities to keep the kids entertained. This ensures that children can relax and have fun while also benefiting from the other aspects of the event.

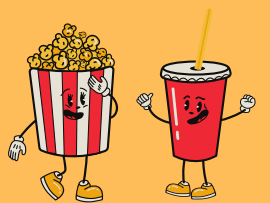
## Local Performers

To add cultural vibrancy and entertainment to the event, we will feature performances from local artists and performers that highlight the talents and creativity within the community. The performances will not only provide a fun and engaging atmosphere but also celebrate the richness of local culture, offering an appreciation of the artistic expression of individuals.



## Refreshment Area

We'll have a dedicated space offering refreshments: beverages, snacks, lunch, and treats. This area is for people to gather, relax, and enjoy a bite to eat during the event.



SUPPLY LIST

SUPPLY BREAKDOWN

**SCHOOL SUPPLY**

Bag packs  
Pencil Cases  
Composition Notebooks  
Pencils  
Pencil sharpeners  
Erasers  
Rulers  
Crayons  
Liquid glue  
Glue-sticks

**PERSONAL HYGIENE**

Pads  
Lip balms  
Hand sanitizers  
Toothbrushes  
Toothpastes  
Soaps  
Socks  
Rags

**CLOTHING AND FOOTWEAR**

Shirts  
Shorts  
Dresses  
Pants  
Jeans

**FOOD ITEMS**

Canned goods  
Oatmeal  
Rice  
Flour  
Pasta  
Nuts  
Oil  
Juice mix  
Peanut butter

**REFRESHMENTS**

Rice  
Chicken  
Vegetables  
Seasonings  
Ice-cream + cones  
Cake  
Plates  
Forks  
Cups  
Water  
Juice

**UNIFORM SCHOLARSHIP FUNDS**

**ENTERTAINMENT, DECORATIONS, MISC**

Event	Time
<b>Final Set-up, Prep, and Decorating</b>	<b>7:00 AM - 10:00 AM</b>
<b>Doors Open</b>	<b>11:00 AM</b>
<b>Opening Remarks, Introductions, Prayer, and Welcoming</b> We begin with a warm welcome, introductions, and a brief prayer to set a positive tone for the day.	<b>12:00 PM - 12:15 PM</b>
<b>First Workshop (30 -minute session)</b> The first developmental seminar will begin, focusing on an important aspect of personal growth, like managing stress, mental health strategies, or building healthy habits.	<b>12:15 PM - 12:45 PM</b>
<b>Second Workshop</b> The second seminar will dive into topics such as career exploration, professional skills development, pivoting, qualities to hone, and how to set and work toward professional goals.	<b>1:00 PM - 1:30 PM</b>
<b>Third Workshop</b> The final seminar will focus on social skills, resilience, or another aspect of holistic well-being. This will be an interactive session with practical takeaways.	<b>1:45 PM - 2:15 PM</b>
<b>Distribution of Supplies</b> The distribution of back-to-school supplies, clothing, and personal hygiene products will begin.	<b>2:30 PM - 4:00 PM</b>
<b>1st Raffle</b> We'll draw half the raffle winners, offering prizes that will support students' academic journeys and personal development.	<b>3:00 PM</b>
<b>Performances</b> Local performers will take the stage to entertain and celebrate the talent in the community, creating a lively atmosphere.	<b>4:00 PM - 5:00 PM</b>
<b>2nd Raffle</b> We'll draw the rest of the raffle winners, offering prizes that will support students' academic journeys and personal development.	<b>5:00 PM</b>
<b>Closing Remarks</b> The event will conclude with final words of thanks and encouragement, ensuring the community leaves feeling connected, uplifted, and ready for the school year.	<b>5:15 PM - 5:30 PM</b>
<b>Clean up of Venue</b>	<b>7:00 PM - 10:00 PM</b>

## 03 Donations

### How You Can Assist

#### HOW TO HELP

We are excited to present this event, but we cannot achieve our goals without the support of generous individuals and organizations like you. Your contribution—whether in the form of donating items or funds—will have a direct and meaningful impact on the students and families in the community of Bath St. Thomas, Jamaica.



## Ways You Can Contribute:

- **Donate Back-to-School Supplies:** We are accepting donations of school supplies such as notebooks, pens, pencils, backpacks, and other essential items.
  - These donations will help students start the school year fully prepared, allowing them to focus on their studies and succeed academically.
  
- **Donate Clothing or Personal Hygiene Products:** Contributions of gently used or new clothing, uniforms, and personal hygiene products (e.g., soap, toothpaste, deodorant) are needed to support students in maintaining good health and personal care.
  - These donations will make sure that every student has the resources to feel comfortable, confident, and ready for school.
  
- **Monetary Donations:** If you're unable to donate physical items, your financial contribution can help us purchase the necessary supplies, fund activities, and cover event-related expenses.
  - These funds will be used to ensure we can provide for every student's needs, making a larger impact on their well-being and academic success.
  
- **Help Purchase Special Items:** Funds can also be used to purchase special items for the raffle, giveaways, or for creating a lasting impact on students' well-being, such as books, educational games, or health-related items.
  
- **Sponsor a Student or Activity:** If you're interested in making a more personal impact, consider sponsoring a student's uniform scholarship, partial-full school fee scholarship, or a specific event's activities.
  - Your sponsorship will help us ensure that every student receives what they need to thrive.

Why Donate

## Why You Should Help

**Support the Future of Our Community:** By contributing to this event, you're directly investing in the future of our young people. The students who benefit from these resources and activities will grow into the next generation of leaders, educators, and innovators who will shape our community for years to come.

**Make a Tangible Difference:** Your donation will have an immediate, tangible impact on students. From the school supplies they use every day to the stress management tools they carry forward in life, your contribution will help students start the school year with the confidence and resources they need to succeed.

**Foster Holistic Well-Being:** This event goes beyond just giving material items. By supporting the event, you're helping to provide critical conversations around mental, emotional, and physical well-being, helping students build the resilience they need to navigate challenges—both academic and personal.

**Strengthen the Community:** Events like this rely on the generosity of people who care about the collective success of the community. By contributing, you're showing that you believe in the power of community support and in the importance of coming together to create lasting positive change.

**Empower Students:** This event not only provides material resources but also empowers students by giving them the tools to manage stress, build social skills, and connect with others in the community. Your help will enable students to feel supported, valued, and ready to tackle the upcoming school year.

**Modeling Positive Behavior:** Giving back to the community, is an incredibly important lesson for students as they prepare to step into professional environments. It can help them not only in developing empathy and leadership skills but also in understanding that success isn't just about personal achievement—it's also about contributing to something larger than oneself.

**Create Lasting Memories:** This event will be filled with fun and meaningful experiences, from thank-you cards written by children to special performances. Your support helps make these moments possible.

**By donating or supporting this event, you're making a direct, lasting impact on the lives of students who will carry the lessons and resources provided into their futures. Together, we can create a positive, thriving environment for them to grow, learn, and succeed.**

Thank you for considering a donation. Your generosity will help make this event a memorable and meaningful experience for all involved!

## 04 Closing

### CLOSING REMARKS

We are deeply grateful for your consideration in supporting this impactful event. With your help, we can ensure that the students of our community are equipped not only with the tools they need for academic success but also with the emotional and mental resilience required to thrive in today's world. Through this initiative, we aim to honor the legacy of community leaders like my father, Samuel Calvin, whose dedication to education and service has inspired generations.

This event, "*EVERY MIKKLE MEK A MUKKLE*," is built on the belief that every small act of kindness can make a big difference. Your contribution—whether it's through monetary support, donations of supplies, or sponsorship of specific activities—will directly impact the lives of students who will benefit from these essential resources and empowering activities.

Your partnership in this event is not just a charitable act; it's an investment in the future of our community. By helping to create an environment where students feel supported, valued, and prepared for the school year ahead, you are helping to shape tomorrow's leaders, thinkers, and change-makers. Together, we can foster a culture of giving and collaboration that will resonate far beyond the event itself.

We look forward to the possibility of partnering with you to make this event a resounding success. Thank you for considering this opportunity to make a tangible and lasting difference in the lives of our youth. With your support, we can ensure that every student starts the school year with confidence, hope, and the tools they need to succeed.

We hope to have you join us in this meaningful journey. Together, we can make a lasting impact.

**Thank you for your generosity and support!**



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