

# ANA LEDWIN NOGALES, PHD, ABPS, FACFE

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## EDUCATION AND CERTIFICATIONS

### *Doctor in Psychology*

United States International University, San Diego, 1982

License No.: PSY 11317

California Board of Psychology

### *Qualified Medical Examiner*

Division of Industrial Relations, State of California

Diplomate of American Board of Psychological Specialties – Forensic Specialty in  
Clinical Psychology

Fellow of American College of Forensic Examiners

Diplomate and Fellow of American Board of Medical Psychotherapists and  
Psychodiagnosticians

Diplomate of American Academy of Experts in Traumatic Stress

## PROFESSIONAL MEMBERSHIPS

American Psychological Association

California Psychological Association

Los Angeles County Psychological Association

Orange County Psychological Association

## CLINICAL AND PROFESSIONAL EXPERIENCE

**Casa de la Familia** – a 501(c)(3) Mental Health Nonprofit Organization 1996 to Present

*Founder, Executive Director, and Clinical Director*

**Nogales Psychological Counseling, Inc.** – Private Practice 1985 to Present

*Clinical Director*

**Women Graduates-USA (WG-USA)** 2019 to Present

*Violence Against Women Committee Convener, WG-USA*

*Working Group Chair*

By its membership in Graduate Women International, WG-USA advocates for women's rights, equality, and empowerment. It is in special consultative status with ECOSOC and as an NGO maintaining official relations with UNESCO.

<b>Latino Underserved Cultural Communities (UsCC), Los Angeles County Department of Mental Health</b> <i>Subcommittee Board Member</i>	2016 to Present
<b>Office for Victims of Crime Training and Technical Assistance Center, Office of Justice Programs, U.S. Department of Justice</b> <i>Consultant</i>	2012
<b>Child Exploitation and Trafficking FBI/ICAN</b> <i>Committee Member</i>	2010
<b>Project Rebound/FEMA</b> <i>Clinical Director</i>	1994 to 1995
<b>Psychological Speech and Learning Center – Private Practice</b> <i>Psychological Assistant</i>	1983 to 1989
<b>Clinica Ometochtli</b> <i>Clinical Supervisor of Outpatient Alcoholism Program</i> <i>Supervisor of Children’s Prevention Program</i>	1981 to 1983
<b>La Calle Psychological Services – Private Practice</b> <i>Psychotherapy &amp; Psychological Testing Assistant</i>	1979 to 1982
<b>Sunrise Community Counseling Center</b> <i>Individual &amp; Group Psychotherapy Counselor</i>	1979 to 1980

## **PUBLICATIONS**

<i>Latina Power!: How to Say NO to Abusive Relationships</i>	2010
<i>LaTEENA Power!: 7 Inner Strengths for Creating Success</i> An empowerment curriculum for young Latinas	2010
<i>Parents Who Cheat: How Children and Adults are Affected When Their Parents Are Unfaithful.</i> USA: HCI Publishing	2009
<i>Don’t Call Me Baby!</i> An educational play on human trafficking	2008
<i>De Sabios y Locos</i> An educational play to help eradicate mental illness stigmatization	2007
<i>Latina Power!: Using 7 Strengths You Already Have.</i> USA: Simon & Schuster; Latinoamerica: Grijalbo	2003
<i>Love, Sex, and Relationships: A Guide for Latino Couples.</i> New York: Broadway Books, a Division of Bantam Doubleday Dell	1998
<i>Autoayuda Psicológica</i> A series of self-help audio and video cassettes and workbook	1995

## HONORS & AWARDS

<b>Certificate of Recognition</b> by Councilman Joe Buscano, City of Los Angeles District 15	2019
<b>Los Angeles Department of Mental Health Mental Health Awareness Month – for “LaTEENa Power Curriculum”</b> by Board of Supervisors of the County of Los Angeles	2018
<b>Domestic Violence Awareness Forum Award</b> by the Consulate General of Mexico in Los Angeles	2018
<b>Proclamation on Domestic Violence Awareness Month</b> by County of Orange Board of Supervisors	2018
<b>Congressional Recognition</b> for Counseling, Empowerment Groups and Programs, Support Groups, Advocacy, Domestic Abuse Response Team (DART), 40 Hour Domestic Violence Training, and Outreach by Congressman J. Luis Correa	2018
<b>County of Los Angeles Commendation</b> by Supervisor Kathryn Barger, 5 <sup>th</sup> District	2017
<b>Victim Advocacy Lifetime Achievement</b> by Roman Catholic Diocese of Orange	2017
<b>Exceptional Contributions to the Santa Ana Community in the Area of Mental Health Services</b> by the City of Santa Ana	2017
<b>Congressional Recognition INSPIRE – A Young Women’s Leadership Day</b> by Congresswoman Grace F. Napolitano	2016
<b>Estrella Award – Community Service Award</b> by Orange County Hispanic Chamber of Commerce	2014
<b>Women Making a Difference Award</b> by Senator Lou Correa	2014
<b>Woman of the Year – Health Category</b> by Congresswoman Loretta Sanchez	2014
<b>Community Commitment and Excellence Award</b> by HOPE and Latino Caucus, presented by Farmers Insurance	2011
<b>Nonprofit of the Year Award</b> by the Los Angeles Business Journal	2011
<b>Ambassador of Peace</b> by Violence Prevention Coalition of Orange County	2010
<b>Action Recognition Award</b> by Sierra Tucson	2010
<b>Heritage Humanitarian Award</b> by United States International Mission and One Million Kids	2009
<b>Amazing Woman of the Year</b> by National Association of Women Business Owners, Inland Empire Chapter	2009

<b>Latina Entrepreneur of the Year Award</b> by National Latina Business Women Association, Orange County	2007
<b>Humanitarian Award</b> by Soka Gakkai International and SGI-USA	2006
<b>Commendation for Outstanding Service to Crime Victims</b> by the Los Angeles District Attorney, Steve Cooley	2006
<b>Outstanding Service to the People of the County of Los Angeles</b>	2005
<b>Remarkable Women Award</b> by the National Association of Businesswomen	2005
<b>Paloma Award</b> by Future Leaders of America for “Inspirational Leadership in Serving the Community”	2004
<b>Mentorship Award Laureate</b> from the organization Dialogue on Diversity for “Career Contributions through Writing, Teaching, and Counseling”	2004
<b>Commendation for “Aqui Entre Nos” Radio Show</b> by Los Angeles County Board of Supervisors	1994

## COMMENDATIONS

<i>Latinas: The Spirit of California</i> – Dr. Ana Nogales’ life story and various accomplishments were featured at the California Museum for History, Women, and the Arts, in Sacramento.	2006 to 2009
For Outstanding Service to the People of the County of Los Angeles	2005

## PSYCHOLOGICAL PUBLICATIONS & RESEARCH

<i>Doctora Ana: Health, Psychology, and Lifestyle</i> , an online magazine <i>Publisher and Director</i>	2011
“Psychologically Injured Hispanic Workers” Article for <i>American College of Forensic Psychology</i>	1992
“A Comparison Between the M.M.P.I. and a Culturally Linguistic Revision” Ph.D. Dissertation	1982