





















## Procedures: Class & Camps

	<b>Drop Off</b>	Parents must park and walk their child to the door, where a coach will be waiting no more than 5 minutes prior to class time. If drop off is not possible, 1 family member/guardian will be allowed per student to enter the facility. The family member/guardian will be expected to follow all policies & procedures, wear a mask or face covering, and maintain 6' social distancing at all times. Due to limited capacity as set by the government, we are not able to accommodate very many parents in the waiting area. Please adhere to our drop off/pick up policies so our preschool gymnasts that need more help can have their parent with them.
	<b>Temperature &amp; Health Screening</b>	Everyone who enters the building will have their temperature taken, and no one will be permitted to enter the building if their temperature is over 100°. Everyone that enters the building must be fever and symptom free (cough, shortness of breath, loss of taste or smell, vomiting, diarrhea, etc.), and may not have had close contact with a confirmed case of COVID-19 within the past 14 days.
	<b>Hand Sanitizing</b>	Everyone entering the gym will be required to use hand sanitizer or wash their hands upon entrance. Hand sanitizing stations will also be placed at various stations throughout the gym.
	<b>Bins</b>	Each gymnast must bring their own bin to each class. The bin should be about 6 quarts and have a snap on lid, and must contain the gymnast's water bottle, a small individual hand sanitizer, a small plastic bag for their mask, and anything else that they need during class. The gymnasts are encouraged to decorate their bin to differentiate it from others! 😊
	<b>Masks</b>	Masks will be required for gymnasts when entering and exiting the building, when rotating between events, and when in common areas of the gym (bathrooms & cubby area). Monkey classes will not wear masks when rotating events, and will instead use trucks or clear umbrella "fish" that will be sanitized between each class.
	<b>Staff Work Habits</b>	All staff will be required to wear a mask when distancing cannot be maintained, and encouraged to wear a mask at all times when it does not affect coaching. Coaches will be diligent with hand sanitizer throughout and between classes.
	<b>Group Spacing</b>	While attending class, gymnasts will be stationed 6' from each other. Tape, Velcro, or other floor markings will provide established distancing. The gym will adhere to maximum occupancy standards throughout each phase.
	<b>Drinking Fountains</b>	Drinking fountains will not be accessible at this time, and have been replaced with a sink. Gymnasts must bring their own water bottles.
	<b>Chalk</b>	Chalk bins and spray bottles will not be available. Chalk will be available for purchase for individual use, and must be kept in each gymnast's own individual gallon size Ziploc with their name on it. Gymnasts will not be able to share their personal chalk with anyone else while at the gym. Gymnasts that wear grips may choose to bring their own spray bottle for their personal use only.
	<b>No Lost &amp; Found</b>	There will be no Lost & Found. All items left at the gym will be thrown away each night (including chalk, water bottles, clothing, etc.) to maintain safety standards.
	<b>Pick Up</b>	Coaches will line gymnasts up at the exit of the building, using floor markers for distancing. Parents must park and walk up to the door to retrieve their awaiting child.
	<b>Gym Capacity</b>	To limit exposure and increase social distancing, gym capacity will be capped at 50 gymnasts (well within the 300 square feet per child regulation as set in place by the state).
	<b>Class Schedule</b>	All classes are subject to cancellation if there are not at least 3 gymnasts enrolled. If we must cancel a class, we will do our best to find another class for your gymnast!
	<b>Make-Up Classes</b>	Due to state government regulations, we will be limiting our class sizes. In order to limit exposure, we will not be able to accommodate any make ups in other classes. A make-up Zoom session will be available on Saturdays at 12pm. To schedule a make-up and receive the weekly password, please email the front desk.
	<b>Class Cancellations due to COVID</b>	If classes must be canceled for any reason due to COVID-19 (stay-at-home order, government restrictions, coach or gymnast illness, etc.), no refunds will be given. We will transition to Zoom classes for those affected until classes are able to safely resume, per CDC and state guidelines.

## Procedures: Facilities

	<b>Common Areas &amp; Bathrooms</b>	Staff will sanitize all waiting area and bathroom surfaces prior to and after each class. Screens have been installed in between bathroom sinks, commonly touched areas have been painted with anti-microbial paint, and all common area carpet has been replaced.
	<b>Front Desk</b>	Please call or email the front desk regarding any questions or payment. A clear shield has been installed to improve distancing for our front office staff when a call or email is not sufficient. Food will not be sold, but water will be available for purchase.
	<b>Cleaning &amp; Disinfecting</b>	We will continue a regimented cleaning schedule throughout the entire gym daily.
	<b>Equipment Standards</b>	A cleaning station has been placed at each event, and we will sanitize all mats and surfaces continuously throughout each day.
	<b>Staff Temperature Monitoring</b>	All staff will have their temperatures taken and recorded each day they are at the gym. If a temperature above 100° is recorded, the staff member will be sent home immediately.

## Procedures: COVID-19 Exposure

### Employees:

Should an employee test positive for COVID-19, they must immediately contact Kimberly Smothermon and must not enter the facility. Infected employees should refrain from any physical contact with anyone affiliated with The Gymnastics Connection until they are medically cleared.

Once a case is confirmed, the following questions will be asked of the employee:

1. What date was your COVID-19 test that came back as positive for the virus?
2. What date did your symptoms begin?

During the conversation, management will inform the employee that they must quarantine in accordance with current CDC guidelines.

The Gymnastics Connection will notify potentially exposed employees and participants.

The Gymnastics Connection will immediately proceed with proper disinfection per CDC disinfecting guidelines. This may include a temporary closure to part or all of the facility.

### Gymnasts:

If a gymnast in any of The Gymnastics Connection in-gym classes and activities learns that he/she has tested positive for COVID-19, the gymnast or the gymnast's parent should notify The Gymnastics Connection as soon as possible.

Once a case is confirmed, the following questions will be asked of the gymnast or the gymnast's parents:

1. What date was the COVID-19 test that came back as positive for the virus?
2. What date did symptoms begin?
3. Did the gymnast attend any activities at The Gymnastics Connection 2 days prior to symptoms beginning up through receiving a positive test?

During the conversation, The Gymnastics Connection will inform the gymnast/parent that per current CDC guidelines, they must not participate in any activities at The Gymnastics Connection until the participant has received a negative follow-up COVID-19 test or been medically cleared by a physician.

- The gymnast/parent must contact The Gymnastics Connection prior to their return to the gym.
- The Gymnastics Connection will notify potentially exposed participants and employees immediately.
- Every effort will be made to protect the identify of the gymnast. They will not be identified by name as part of the notification process. The message to the potentially exposed individuals will be that

they may have come into contact with someone at The Gymnastics Connection who has tested positive for COVID-19.

The Gymnastics Connection will notify the potentially exposed employees and gymnasts, and will not identify the infected gymnast by name.

The Gymnastics Connection will immediately proceed with proper disinfection per CDC disinfecting guidelines. This may include a temporary closure to part or all of the facility.

**Disinfection Procedures:**

Once it has been established that someone in The Gymnastics Connection has tested positive for COVID-19, The Gymnastics Connection will:

- Seek and follow guidance provided by the state Health Department and CDC.
- Isolate potentially infected areas until disinfection is complete.
- Wait 24 hours before disinfecting, in order to minimize exposure to droplets.
- Disinfect affected areas per CDC disinfecting guidelines.

The Gymnastics Connection would like to remind you that discrimination or harassment against individuals that are suspected to have tested positive for, or been exposed to, COVID-19, is strictly prohibited. Due to the sensitivity of this matter, we request that you do not engage in conversation or speculation about who may have tested positive.

