



## COVID-19 Waiver

By entering The Gymnastics Connection facility, you are aware and agree to fully accept all known and unknown risks, including the potential risk of exposure to respiratory illnesses such as the COVID-19 coronavirus. The coronavirus is primarily transmitted via exhaled respiratory droplets, most often through coughing and sneezing. These droplets can travel up to six feet, and are more commonly transmitted between persons rather than from surfaces to persons.

Although we regularly clean and sanitize our equipment and are currently using enhanced disinfecting methods and enforcing social distancing in our facility, you understand that you may be exposed to the coronavirus or its symptoms through no fault of The Gymnastics Connection. Known coronavirus symptoms include fever, coughing, shortness of breath, and may include other symptoms, stroke, or even death.

By signing this waiver, you understand and agree that you will hold us harmless and will not hold The Gymnastics Connection or its staff liable for any real or perceived symptoms of COVID-19 or any other disease, illness, or condition, nor for exacerbating any existing symptoms, and you fully agree to accept all risks of entering the facility, using the equipment, working with coaches and staff, attending class or camp, and/or interacting or being exposed to other members.

You are aware that your actions as a parent or legal guardian will impact the safety of others in The Gymnastics Connection facility. The Gymnastics Connection is counting on you and all others to help keep us all safe by meeting the social distancing and personal hygiene standards recommended by the CDC and the State of Washington.

Because of the restrictions placed on The Gymnastics Connection by the Washington State Department of Health and our commitment to safety, you agree to the following policies:

1. All persons entering the facility must take their temperature at home prior to coming to The Gymnastics Connection. If a temperature of 100° or higher is detected, the individual must stay home.
2. All persons entering the facility must sanitize hands thoroughly upon entry and exit. Students must sanitize hands thoroughly between each rotation. Hand sanitizer will be provided throughout the gym.
3. We recommend that exposed body parts and attire be washed/sanitized after returning home.
4. Drop off is highly encouraged. Only one parent/guardian may enter the gym with the gymnast. Observation will be allowed on a limited basis as determined by social distancing measures.
5. All persons entering The Gymnastics Connection must wear a face mask or face covering. Gymnasts are NOT required to wear a mask during class or camp.
6. Stay home if anyone in your immediate household exhibits symptoms of illness.
7. Students **must** bring their own water bottles. Drinking fountains are no longer available.
8. We ask that all persons entering our facility maintain 6-ft social distance from others.
9. No persons over the age of 65 will be allowed in the facility at this time.
10. Spotting will be limited to when necessary as a safety precaution.
11. All belongings must be taken home from the facility each day. **There will be no lost & found.** All items left at the facility will be **thrown away each night.** Gymnasts are encouraged to bring as few belongings into the facility as possible.
12. Communal chalk will not be available. Gymnasts must bring their own individual chalk in a gallon size Ziploc labeled with their name. Chalk will be available for purchase at \$3 per block.

Child Participant Name(s): \_\_\_\_\_

Parent/Guardian Name: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_