

Alpha Stim FAQs

In case you had concerns, here are some frequently asked questions and answers to clear things up.

HOW DO I GET APPROVED TO USE IT?

1) You may schedule a wellness visit with First Responder Psychology to be screened for use.

OR

2) Ask your counselor to contact First Responder Psychology to convey screening criteria is met (no other information is provided)

WHAT SHOULD I EXPECT IN THE SCREENING?

The screening lasts 45-60 minutes & covers your reasons for wanting to use the device, additional tips to improve anxiety, sleep, etc., how to use the device, & ensure no medical reason to NOT use it (pacemaker, pregnant, etc.)

WHAT RECORDS ARE KEPT?

We keep a record that a wellness visit occurred where information on resilience was offered. We also note that we discussed the use of the device, and ensured there were no contraindications for its use. These are protected health information notes (HIPAA).



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WHAT IF I WANT MY OWN DEVICE?

You will still need to be screened for medical necessity. You must consent to share that information to Allevia Health (distributor). You may then use your VEBA / HSA account to purchase the device.

HOW MUCH DOES IT COST?

The Alpha Stim device is \$800. You can pay \$100 per month until you own it or return it, if not helpful/ used. If returned prior to full payment, the \$100 rental per month is forfeited.

WHERE DO I GET MORE INFORMATION?

Stephanie Conn:
firstresponderpsych@gmail.com / 971-250-1519

Craig Deardorff:
craig@firstresponderpsychology.com / 971-727-4197



**ONLINE SCHEDULER &
ADDITIONAL INFORMATION**

FIRSTRESPONDERPSYCHOLOGY.COM

