

# Gluten Free & Vegetarian Food Menu



The Castle  
At Cold Ash

## Starters

**PRAWN COCKTAIL** £6.95

*Sweet & crunchy lettuce topped with prawns,  
coated in a thousand island dressing.*

**(Vegan) GARLIC BATTERED**

**MUSHROOMS** £6.50

*Served with garlic mayo or sweet chilli.*

**SHARE BOARDS**

TWO ITEMS - £9.95

THREE ITEMS - £12.95

SIX ITEMS - £15.95

### CHOOSE FROM THE FOLLOWING:

- ONION RINGS, (GF)
- BRIE BITES, (Veg)
- GARLIC MUSHROOMS, (GF)
- MOZZERELLA STICKS, (Veg)
- GARLIC BREAD, (GF)
- BREADED CHEESE  
JALAPENOS, (Veg)
- VEGETABLE NUGGETS, (Veg)
- WHITE BAIT, (Veg)

**(GF) NACHOS TO SHARE** £7.00

*Tortilla nachos topped with melted cheddar  
side of sour cream, guacamole salsa, jalapenos.*

## Salads

*Feta, Avocado & Beetroot. - £13.95*

*Grilled Halloumi, - £13.95*

*Smoked Salmon & Prawns - £14.95*

## Pub Classics

**BEER BATTERED FISH** £13.95 (GF) (Veg)

*Served with chips & peas.*

**BREADED SCAMPI** £12.95 (Veg)

*Served with chips, peas & side salad.*

**PLANT BASED MEATBALLS** £12.95 (GF)

(Vegan)

*Served with pasta.*

**MEAT FREE SAUSAGE AND MASH**

£11.95

*Sausages, creamy mash, fried onion, & gravy.*

## Burgers

**BUILD YOUR OWN VEGGIE CASTLE  
BURGER**

£13.95

*Plant based moving mountains burger, Battered  
Cod Fillet Burger, or Beetroot burger served with  
chips & onion rings & any 2 toppings.*

*choice of:*

*Fried Egg, Mushrooms, Pineapple, Brie, Stilton,  
Halloumi, Avocado.*

All Allergy information available on request. Please speak to a member of staff.