

“Mere Christianity” by C.S. Lewis Book 3 – Christians Behaviour, Chapter 5: “Sexual Morality”

Chastity is the most unpopular Christian virtue.

What are the purposes of sex?

1. To have children
 - a. Populate the world
 - b. Blessing from God

Psalm 127:3-5

“Behold, children are a heritage from the Lord, the fruit of the womb a reward. Like arrows in the hand of a warrior are the children of one's youth. Blessed is the man who fills his quiver with them! He shall not be put to shame when he speaks with his enemies in the gate.”

How are children a blessing from God?

2. To become one in marriage
 - a. Physical pleasure
 - b. Providing pleasure
 - c. Bond between a man and wife

I Cor. 6: 13-20

“The body is not meant for sexual immorality, but for the Lord, and the Lord for the body. By his power God raised the Lord from the dead, and he will raise us also. Do you not know that our bodies are members of Christ himself? Shall I then take the members of Christ and unite them with a prostitute? Never! Do you not know that he who unites himself with a prostitute is one with her in body? For it is said, “The two will become one flesh.” But he who unites himself with the Lord is one with him in spirit.”

Three Reasons Chastity is Difficult

1. Society normalizes sex
 2. The thought that it is impossible
 3. The misconception that abstinence is a repression
- Abstinence provides clarity to one's sexuality. Virtue provides light, indulgence brings fog.

Chapter 6: “Christian Marriage”

A man and a woman become one flesh in marriage.

1. Justice – The wedding vow is between the bride, the groom, and God.
2. Love – the great conqueror of lust – Being in love is a good thing but not the best thing.
3. The Grace of God – love not as a feeling, but as a deep unity strengthened by God's grace

“It is on this love that the engine of marriage is run: being in love was the explosion that started it.”

“Let the thrill go – let it die away – go on through that period of death into the quieter interest and happiness that follow – and you will find you are living in a world of new thrills all the time.”