

“Praying Like Monks, Living Like Fools” by Tyler Staton Chapter 2: “Be Still And Know” (1st half)

Worldly Prayer: some type of spiritual meditation

Do you see anything more powerful than you?

Prayer doesn't begin with us, it begins with God. “Prayer is the act of seeing reality from God's point of view.”

Discover the proper posture: Be Still

1370 – The Clock

1879 – The Light Bulb

2007 – The iPhone (5 hours a day)

Hurry – the great spiritual enemy of our day

“Satan loves to keep us busy.” How is business keeping you away from God?

We are striving for that perfect life and lifestyle but instead, digging ourselves into a spiritually void hole.

Lip service to God as long as we just keep moving.

Know God:

Consider the universe.

Psalm 8 – “When I consider your heavens, the work of your fingers, the moon and the stars, which you have set in place, what is mankind that you are mindful of them, human beings that you care for them? (vv.3-4)

Symbolism - Our artificial lights of the city drown out the heavenly lights of the stars.

We are all prone to go about our lives and drown out our view of God, to keep moving, and go about our lives as we are the center.

What things can you do regularly to remind yourself that there is a greater power in the world and a loving God looking over you?