

Last week we discussed “Waiting for our souls to catch up with our bodies.” Many people are forfeiting their soul and filling it with the hurry of worldly pursuits and self-gratification. Are you noticing this around you and in your life today?

**Hint: the solution isn’t more time** – If there were 10 more hours in the day, most people would fill them up with the same things they are doing now. What are some of the things you would like to do if you had more time?

“The solution of an overbusy life is not more time. It’s to slow down and simplify our lives around what really matters.”  
Do you agree with this? Why?

We are made in the image of God. We are made to create a world for humans to flourish in just as God created a perfect world for us. We are made from dust. We are made from the dirt of the world and thus we are biodegradable, finite not infinite like God. If we are to live up to our potential but with our limitations, how are we to live? What must we consider?

As humans, we have limitations. What does the world expect and teach us about limitations? What does God teach us about our limitations? #YOLD #FOMO

“You Can’t Do It All!” What are some of your limitations? What do these limitations mean?:

1. Our bodies.
2. Our minds.
3. Our giftings.
4. Our personalities and emotional wiring.
5. Our families of origin.
6. Our socioeconomic origins.
7. Our education and careers.
8. Our seasons of life and their responsibilities.
9. Our fleeting lives.
10. God’s call on our lives.

“Our limitations aren’t just temporal but emotional, social, economic, and more. Have you ever been frustrated with your limitations. What are some examples? Why were you frustrated?

**Rom. 12:6** – Paul wrote: “We have different gifts, according to the grace given us.”

**1 Cor. 7:7** – Paul wrote: “I wish that all men were as I am. But each man has his own gift from God; one has this gift, another has that.” What is Paul telling us about people and God?

If God has given us limited time and limited abilities, what is He trying to tell us?

“Most of us waste copious amounts of time. And how we spend our time is how we spend our lives. It’s who we become or don’t become.” Have you ever considered that who God wants you to become is being hindered by the amount of time you invest?

The average American spends 707 hours per year on social media and 2,737.5 hours per year watching TV. There are 8,760 hours in a year. That’s 8% of the year on social media and 31% of the year watching TV. What percentage of the year do you spend with God?

**Eph. 5:15-17** – Paul wrote: “Be very careful, then, how you live – not as unwise but as wise, making the most of every opportunity, because the days are evil. Therefore do not be foolish, but understand what the Lord’s will is.”

Why are the days evil? What is Paul warning us about and how is he telling us to live?