## ATOMIC FROG PIERCING AFTERCARE

- 1. Follow your Piercer's instructions.
- 2. WASH your hands before cleaning or touching your new piercing.
- 3. Clean your new piercing using a sterile saline solution like NeilMed Piercing Aftercare (available for purchase at the front counter).
- 4. Using a gauze or cotton pad, dab or pat any dried blood or plasma.
- 5. Rinse the area and let it air dry.
- 6. Repeat 3 4 times daily for 4-6 weeks.
- 7. DO NOT use soap for repetitive cleaning of your piercing, it will cause irritation.

Remember, your piercing is an open wound. Failure to follow these instructions may increase healing time and may increase the risk of infection. Do not attempt to change jewelry until it Has been 6 weeks or your piercings is completely healed. If you think you have an infection, please be seen by a medical professional as soon as possible.

If you cannot find the sterile saline solution, you can make your own using the following ingredients: Non-iodized sea salt, Lukewarm water-prefferably distilled water.

Use a ratio of one teaspoon of sea salt to one cup of water.