

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
3:30pm – 4:00pm Tiny Champions 3 & 4 year olds	3:45pm – 4:30pm SPARRING CLASS All Belt Ranks Smaller Sized Students Must Have Full Gear BBC ONLY CLASS	3:00pm – 3:30pm Little Dragons & Tiny Champs Crossover 4, 5, 6 year olds	4:00pm – 5:00pm Brazilian Jiu-Jitsu BBC ONLY CLASS	3:15pm – 3:45pm Tiny Champions 3 & 4 year olds	8:00am – 9:00am Brazilian Jiu-Jitsu Older students BBC ONLY CLASS
4:00pm – 4:45pm Orange, Purple, Blue 4:45pm – 5:00pm BBC PORTION	4:30pm – 5:30pm Brazilian Jiu-Jitsu BBC ONLY CLASS	3:30pm – 4:15pm White, Yellow, Orange BBC Little Dragons	5:00pm – 5:45pm White, Yellow, Sr. Yellow	3:45pm – 4:30pm Purple & Blue 4:30pm – 4:45pm BBC PORTION	9:00am – 9:30am Little Dragons 5 & 6 year olds
5:00pm – 5:30pm Little Dragons 5 & 6 year olds	5:30pm – 6:15pm White, Yellow, Orange BBC Little Dragons	4:15pm – 5:00pm Green, Brown, Red 5:00pm – 5:15pm BBC PORTION	5:45pm – 6:45pm Green, Brown, Red, Sr. Red	4:45pm – 5:30pm White, Yellow, Orange, Sr. Orange	9:30am – 10:15am White, Yellow, Sr. Yellow BBC Little Dragons 7 Years & Older
5:30pm – 6:30pm Green, Brown, Solid Red	6:15pm – 7:15pm Green, Brown, Red 7:00pm – 7:15pm SPARRING	5:15pm – 6:00pm Sr. Orange, Purple, Blue, Sr. Blue 6:00pm – 6:15pm BBC PORTION	6:45pm – 7:45pm Cho Dan Bo & Dans	5:30pm – 6:00pm Little Dragons 5 & 6 year olds	10:15am – 11:00am Orange, Purple, Blue 11:00am – 11:15am BBC PORTION
6:30pm – 8:00pm Sr. Red, Cho Dan Bos, Dans	7:00pm – 8:00pm Sr. Orange, Purple, Blue, Sr. Blue	6:15pm – 7:15pm Sr. Red, Cho Dan Bos, Dans		6:00pm – 7:00pm Green & Higher	11:15am – 12:00pm SPARRING CLASS Purple & Higher Larger Sized Students Must Have Full Gear BBC ONLY CLASS



2023 Vista Class Schedule

January 2023 - TBD

version 1.0

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- BBC only class



- Classes with a BBC portion