

Monday

3:30pm – 4:15pm
Orange & Purple



4:15pm – 4:30pm
BBC PORTION

4:30pm – 5:15pm
Blue, Green, Brown



5:15pm – 5:30pm
BBC PORTION

5:30pm – 6:00pm
Little Dragons
5 & 6 years/all belt levels



6:00pm – 7:00pm
Red, Cho Dan Bo, Dans



7:00pm – 7:45pm
Dans



Tuesday

3:45pm – 4:30pm
SPARRING CLASS
All belt ranks
smaller sized students



BBC ONLY CLASS

MUST HAVE FULL GEAR

4:30pm – 5:30pm
Brazilian Jiu-Jitsu



BBC ONLY CLASS

5:30pm – 6:15pm
White – Sr. Yellow



6:15pm – 7:00pm
Green, Brown, Red



7:00pm – 7:15pm
BBC PORTION

7:15pm – 8:00pm
WEAPONS CLASS
Sr. Yellow & higher



BBC ONLY CLASS

Wednesday

3:00pm – 3:30pm
Little Dragons/TC crossover
4, 5, 6 years/all belt levels



3:30pm – 4:15pm
Purple & Blue



4:15pm – 4:30pm
BBC PORTION

4:30pm – 5:15pm
Green, Brown, Red



5:15pm – 5:30pm
BBC PORTION

5:30pm – 6:15pm
Sr. Yellow – Sr. Orange



6:15pm – 6:30pm
BBC PORTION

6:30pm – 7:30pm
Cho Dan Bo & Dan



Thursday

3:30pm – 4:15pm
Green – Cho Dan Bo



4:15pm – 4:30pm
BBC PORTION

4:30pm – 5:30pm
Brazilian Jiu-Jitsu



BBC ONLY CLASS

5:30pm – 6:15pm
White – Sr. Yellow



6:15pm – 7:15pm
Dans



Friday

3:15pm – 3:45pm
Tiny Champions
3 & 4 years/all belt levels



3:45pm – 4:30pm
Purple & Blue



4:30pm – 4:45pm
BBC PORTION

4:45pm – 5:30pm
White, Yellow, Orange



5:30pm – 6:00pm
Little Dragons
5 & 6 years/all belt levels



6:00pm – 7:00pm
Green & higher



Saturday

9:00am – 9:30am
Little Dragons
5 & 6 years/all belt levels



9:30am – 10:15am
BBC Little Dragons &
White – Sr. Yellow
7 years & older



10:15am – 11:00am
Orange – Blue



11:00am – 11:15am
BBC PORTION

11:15am – 12:00pm
SPARRING CLASS
Purple & higher
larger sized students



BBC ONLY CLASS

MUST HAVE FULL GEAR

2022 Class Schedule

December 13th, 2021 – TBD v.1



- BBC only class



- Classes with a BBC portion

