

Monday

3:30pm–4:15pm

Orange & Purple



4:15pm–4:30pm

BBC PORTION

4:30pm–5:15pm

Green–Red



5:15pm–5:30pm

BBC PORTION

5:30pm–6:00pm

STARS PICK-UP BEGINNER & INTERMEDIATE LITTLE DRAGONS



6:00pm–6:15pm

BBC PORTION

6:15pm–7:15pm

Cho Dan Bo & Dan



7:15pm–7:45pm

Dans



Tuesday

3:00pm–3:45pm



Brazilian Jiu-Jitsu

3:45pm–4:30pm

BBC Little Dragons & Yellow–Sr. Orange

STARS PICK-UP BBC ONLY



BBC ONLY

4.5–8 yrs

5:30pm–6:15pm

White–Sr. Yellow



6:15pm–7:00pm

Blue & Green



7:00pm–7:15pm

BBC PORTION

7:15pm–8:00pm

Orange & Purple



8:00pm–8:15pm

BBC PORTION

Wednesday

3:30pm–4:15pm

Blue & Green



4:15pm–4:30pm

BBC PORTION

4:30pm–5:15pm

Brown & higher



5:15pm–5:30pm

BBC PORTION

5:30pm–6:15pm

White–Orange



6:15pm–6:30pm

BBC PORTION

6:30pm–7:30pm

Cho Dan Bo & Dan



14 years & older

Thursday

3:30pm–4:15pm

Brown–Cho Dan Bo



4:15pm–4:30pm

BBC PORTION

4:30pm–5:15pm

Brazilian Jiu-Jitsu



5:30pm–6:15pm

Sr. Yellow–Purple



10 years & older

6:15pm–6:30pm

BBC PORTION

6:30pm–7:30pm

Dans



Friday

12:15pm–12:45pm

LITTLE DRAGONS ALL LEVELS



3:45pm–4:30pm

White–Sr. Yellow



4:30pm–5:15pm

Sr. Orange–Sr. Purple



5:15pm–5:30pm

BBC PORTION

5:30pm–6:00pm

STARS PICK-UP ALL LEVELS & Intermediate Little Dragons



6:00pm–6:15pm

BBC PORTION

6:15pm–7:00pm

Blue–Sr. Brown



7:00pm–7:15pm

BBC PORTION

Saturday

9:00am–9:30am

LITTLE DRAGONS ALL LEVELS



9:30am–10:15am

BBC Little Dragons & Yellow–Orange



BBC ONLY

4.5–8 years

10:15am–11:00am

SPARRING CLASS

Purple & higher



MUST HAVE FULL GEAR

11:00am–12:00pm

WEAPONS CLASS

Green & higher



BBC ONLY CLASS

MUST OWN SAIS

2021 Class Schedule

v.1.0



- Classes with a BBC portion