

IN-PERSON



CLASS SCHEDULE November 16th–December 23rd

info@ourkarateacademy.com | 760.522.2091

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY AM

3:15PM–4:00PM
Sr. Yellow–Sr. Orange & Little Dragons BBC
 6 years old+

4:00PM–4:30PM
Little Dragons (4–6yrs)

STARS PICK-UP

4:30PM–4:45PM
LITTLE DRAGON BBC

4:45PM–5:30PM
Green, Brown, Red

5:30PM–5:45PM
GREEN, BROWN, RED BBC

5:45PM–7:00PM
Cho Dan Bos

7:00PM–8:00PM
Dans

3:00PM–3:45PM
Brazilian Jiu-Jitsu

*Private lessons
& Zoom classes (see below)*

5:30PM–6:15PM
White & Yellow belts 7 yrs+

6:15PM–7:00PM
Purple, Blue, Green

7:00PM–7:15PM
PURPLE, BLUE, GREEN BBC

7:15PM–8:00PM
White–Sr. Orange & BBC Little Dragons
 6 years old+

8:00PM–8:15PM
WHITE-SR ORANGE & LD, BBC

3:15PM–4:00PM
Sr. Yellow–Sr. Orange & BBC Little Dragons
 6 years old+

4:00PM–4:45PM
Purple & Blue

4:45PM–5:00PM
PURPLE & BLUE BBC

5:00PM–5:45PM
Sr. Brown+

5:45PM–6:00PM
SENIOR BROWN+ BBC

6:00PM–6:30PM
Little Dragons (4–6 yrs)

6:30PM–6:45PM
LITTLE DRAGON BBC

6:45PM–8:00PM
Cho Dan Bo (13 yrs+) & Dans

3:00PM–3:45PM
Brazilian Jiu-Jitsu

4:30PM–5:15PM
Yellow–Purple

5:15PM–5:30PM
YELLOW–PURPLE BBC

5:30PM–6:15PM
White & Yellow belts 7 yrs+

6:15PM–7:00PM
Purple, Blue Green

7:00PM–7:15PM
PURPLE, BLUE, GREEN BBC

7:15PM–8:00PM
Brown+

8:00PM–8:15PM
BROWN+ BBC

3:45PM–4:30PM
White–Orange (7 years+)

4:30PM–5:00PM
Little Dragons (4–6yrs)

STARS PICK-UP

5:00pm–5:45pm
Little Dragons BBC ONLY

Private lessons

8:00AM–8:45AM
Brown+

8:45AM–9:00AM
BROWN+ BBC

9:00AM–9:30AM
Little Dragons (4–6 yrs)

9:30AM–9:45AM
LITTLE DRAGON BBC

10:00AM–10:45AM
Yellow–Sr. Orange
 7 years old+

10:45AM–11:00AM
WHITE–SR. ORANGE BBC

11:00AM–11:45PM
Purple, Blue, Green

11:45AM–12:00PM
PURPLE, BLUE, GREEN BBC

12:00PM–1:00PM
Brazilian Jiu-Jitsu

TUESDAY

THURSDAY

ZOOM

MEETING ID
961 439 1942

PASSWORD
184814

4:00PM–4:30PM
Sr. Purple–Sr. Red

Hand & foot techniques, one step sparring, sparring drills, terminology, and conditioning

4:30PM–5:00PM
Yellow–Purple

4:00PM–4:30PM
Sr. Purple–Sr. Red

Hand & foot techniques, one step sparring, sparring drills, terminology, and conditioning

4:30PM–5:00PM
Yellow–Purple

This class will run concurrently with an in-person class

Legend

- indoor/outdoor class
bring tennis shoes
- denotes classes with BBC segment
- online Zoom class

To book classes online

www.OurKarateAcademy.com

Click on Class Roster from the drop down menu.

To change or cancel a booking please contact us.