

# CKA CLASSES SCHEDULE

current as of 12.03.19



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>3:00 - 3:30PM</b> <b>Tiny Champions</b> 3-4 yrs all belt levels in ste #205	<b>3:00 - 3:30PM</b> <b>Little Dragons</b> 4-6 yrs all belt levels	<b>3:00 - 3:30PM</b> <b>Tiny Champions</b> 3-4 yrs all belt levels in ste #205	<b>3:00 - 3:30PM</b> <b>Little Dragons</b> 4-6 yrs all belt levels		<b>8:30 - 9:00AM</b> <b>Tiny Champions</b> 3-4 yrs all belt levels in suite #205
<b>3:30 - 4:00PM</b> <b>Little Dragons</b> 5-7 yrs BBC, blue belt & above	<b>3:30 - 4:00PM</b> <b>Little Dragons</b> 4.5-6 yrs all belt levels	<b>3:30 - 4:00PM</b> <b>Little Dragons</b> 5-7 yrs BBC, blue belt & above	<b>3:30 - 4:00PM</b> <b>Little Dragons</b> 4.5-6 yrs all belt levels	<b>3:30 - 4:00PM</b> <b>Little Dragons</b> 4.5-6 yrs stripey yellow & above	<b>9:00 - 9:30AM</b> <b>Little Dragons</b> 4.5-6 yrs all belt levels
<b>4:00 - 4:15PM</b> <b>BLACK BELT CLUB</b>	<b>4:00-4:45</b> <b>Beginners</b> 7-12 yrs white-sr orange	<b>4:00 - 4:15PM</b> <b>BLACK BELT CLUB</b>	<b>4:00-4:45</b> <b>Beginners</b> 7-12 yrs white-sr orange	<b>4:00-4:45</b> <b>Family Class</b> 7+ yrs white-senior orange belt	<b>9:30 - 10:15AM</b> <b>Little Dragons</b> 5-7 yrs <b>BLACK BELT CLUB only</b>
<b>4:15-5:15</b> <b>Intermediate &amp; Advanced BBC only</b> purple belt and higher	<b>4:00-5:00</b> <b>Advanced BBC only</b> brown belt & above	<b>4:15-5:15</b> <b>Intermediate &amp; Advanced BBC only</b> purple belt and higher	<b>4:00-5:00</b> <b>Advanced BBC only</b> brown belt & above	<b>4:45-5:00</b> <b>Beginner BBC</b>	<b>10:15 - 11:00AM</b> <b>Beginner Gups</b> white-senior orange belt
<b>5:15 - 5:45PM</b> <b>Little Dragons</b> 4-6 yrs white-purple stripey belt	<b>4:45-5:00</b> <b>BBC</b>	<b>5:15 - 5:45PM</b> <b>Little Dragons</b> 4-6 yrs white-purple stripey belt	<b>4:45-5:00</b> <b>BBC</b>	<b>5:00 - 5:45PM</b> <b>Family Class</b> 7+ yrs purple belt & above	<b>11:00 - 11:15AM</b> <b>BEGINNER BBC</b>
<b>5:45 - 6:30PM</b> <b>Family Class</b> 7+ yrs white-senior orange belt	<b>5:00 - 5:30PM</b> <b>Adv. Little Dragons</b> 5-7 yrs BBC, blue belt & above	<b>5:45 - 6:30PM</b> <b>Family Class</b> 7+ yrs white-senior orange belt	<b>5:00 - 5:30PM</b> <b>Adv. Little Dragons</b> 5-7 yrs BBC, blue belt & above	<b>5:45 - 6:00PM</b> <b>INTERMEDIATE BBC</b>	<b>11:15 - 12:00PM</b> <b>Intermediate Gups</b> purple & blue belt
<b>6:30 - 6:45PM</b> <b>Family BBC</b>	<b>5:30 - 5:45PM</b> <b>BLACK BELT CLUB</b>	<b>6:30 - 6:45PM</b> <b>Family BBC</b>	<b>5:30 - 5:45PM</b> <b>BLACK BELT CLUB</b>	<b>6:00 - 7:00PM</b> <b>Sparring</b> purple belt & higher	<b>12:00 - 12:15PM</b> <b>INT &amp; ADVANCED BBC</b>
<b>6:45 - 7:30PM</b> <b>Advanced</b> brown & red belts	<b>5:45 - 6:30PM</b> <b>Intermediate</b> 7+ yrs purple, blue & green belts	<b>6:45 - 7:30PM</b> <b>Advanced</b> green & brown belts	<b>5:45 - 6:30PM</b> <b>Intermediate</b> 7+ yrs purple, blue & green belts		<b>12:15 - 1:00PM</b> <b>Advanced Gups</b> green belt & above
<b>7:30 - 7:45PM</b> <b>BLACK BELT CLUB</b>	<b>6:30 - 6:45PM</b> <b>BLACK BELT CLUB</b>	<b>7:30 - 7:45PM</b> <b>BLACK BELT CLUB</b>	<b>6:30 - 6:45PM</b> <b>BLACK BELT CLUB</b>		
<b>7:45 - 8:45PM</b> <b>Cho Dan Bo &amp; Dan</b> (black belt training)	<b>6:45 - 7:30PM</b> <b>Family Class</b> 7+ yrs white-senior orange belt		<b>6:45 - 8:15PM</b> <b>Black Belts &amp; Test Prep</b> senior red belt & higher		

**Legend:**

- BBC** - Black Belt Club is for weapons & advanced training. Must be BBC to attend.
- ONLY** - 10 years and older can train 2 additional days per week in Brazilian Jiu-Jitsu.

**Contact:**

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