## Щ

Щ

current as of 07.01.2020

| _                                                                                     | 1                                                               | 1                                                               |                                                                 | _                                          | _                                                                        | _ |
|---------------------------------------------------------------------------------------|-----------------------------------------------------------------|-----------------------------------------------------------------|-----------------------------------------------------------------|--------------------------------------------|--------------------------------------------------------------------------|---|
| 9:00am - 10:00am<br>Senior Red Belt +                                                 |                                                                 |                                                                 |                                                                 | ľS                                         | 7:30am - 8:00AM<br>Little Dragons 4-6 yrs<br>All levels                  |   |
| 10:30 - 11:15AM<br>Little Dragons<br>BLACK BELT CLUB ONLY                             |                                                                 |                                                                 |                                                                 | seminars                                   | 8:00 - 8:45AM<br>Little Dragons 4-7 yrs<br>BLACK BELT CLUB ONLY          |   |
| 11:15AM - 12:15PM<br>Purple - Brown Belts<br>BLACK BELT CLUB ONLY                     |                                                                 | 2:30 - 3:00PM<br>Little Dragons 4-6 yrs<br>All levels           |                                                                 | specials                                   | 9:00am - 9:45am<br>White - Sr. Orange                                    |   |
| 3:00 - 3:30PM<br>Green belts +                                                        |                                                                 | 3:00 - 3:45PM<br>Orange - Sr Purple<br>BLACK BELT CLUB ONLY     | 3:00 - 3:45PM<br>Purple - Blue belts                            | and sp                                     | 10:00am - 11:00am<br>Red Belts +                                         |   |
| 3:30 - 4:00PM<br>White - Sr. Orange &<br>BBC Little Dragons                           | 3:30 - 4:15PM Jiu-Jitsu BJJ students & BBC BJJ uniform required | 3:45 - 4:30PM<br>Little Dragons 4-7 yrs<br>BLACK BELT CLUB ONLY | 4:00 - 4:45PM Jiu-Jitsu BJJ students & BBC BJJ uniform required | private lessons and bsite for availability | 11:05AM - 11:50AM<br>Green - Brown belts                                 |   |
| <b>4:00 - 4:30PM Little Dragons</b> 4-6 yrs All levels <i>Stars pick-up available</i> | 4:30 - 5:15PM<br>Brown & Red belts                              | 4:30 - 5:00PM<br>Red belt +                                     |                                                                 | <b>rivate l</b> e                          | 12:00PM - 12:45PM<br>Purple - Blue belts                                 |   |
| <b>4:45 - 5:30PM</b> Orange - Solid Blue                                              | <b>5:30 - 6:15PM</b> White - Sr. Orange                         | 5:00 - 5:45PM<br>Sr Purple - Sr Green                           | <b>5:00 - 6:00PM</b><br>Green - Brown belts                     |                                            | 1:00 - 2:00PM<br>Jiu-Jitsu<br>BJJ students & BBC<br>BJJ uniform required |   |
| 5:45 - 6:30PM<br>Little Dragons 4-6 yrs<br>BLACK BELT CLUB ONLY                       |                                                                 | 6:00 - 6:30PM<br>Little Dragons 4-6 yrs<br>All levels           | 6:00 - 7:00PM<br>Adults only<br>All belt levels                 | Reserved for<br>Check our we               |                                                                          |   |
| 6:45 - 7:45PM Green - Senior Brown BLACK BELT CLUB ONLY                               | <b>6:30 - 7:45PM</b> Dans                                       | <b>6:45 - 7:30PM</b> White - Sr. Orange                         | <b>7:00 - 8:00PM</b><br>Cho Dan Bo & Senior                     | <b>Re</b>                                  |                                                                          |   |

Thursday

Friday





Legend

Monday

Tuesday

Wednesday

Online Zoom class



Black Belt Club (BBC) only



Brazilian Jiu-Jitsu – must be BJJ student or BBC cross-trainer

info@ourkarateacademy.com 760.522.2091

To schedule classes, please visit www.OurKarateAcademy.com and click on Class Roster in the drop down menu.

Saturday

Sunday