

LONG & SHORT TERM GOALS

USE THIS WORKSHEET TO ASSIST WITH IDENTIFYING YOUR LONG AND SHORT TERM DREAMS, DESIRES, & ASPIRATIONS.

IN 12 MONTHS TIME, WHAT DO YOU WANT YOUR LIFE TO LOOK LIKE? WHO DO YOU WANT TO BE? WHAT DO YOU WANT TO DO? WHAT DO YOU WANT TO HAVE?

IMAGINE YOUR LIFE 10 YEARS FROM NOW. WHAT DOES A PERFECT LIFE LOOK LIKE? WRITE DOWN EVERYTHING YOU'D LIKE TO BE, DO, AND HAVE.

BE BOLD AND DON'T HOLD BACK!

SHORT TERM GOALS	LONG TERM GOALS
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