



# STATE HANDBOOK

The USA Gymnastics Washington Handbook is intended to clarify those areas left to State discretion by the USA Gymnastics Rules and Policies and to clarify procedures to implement the rules. This handbook will be updated by the USA Gymnastics Washington Committee and USA Gymnastics Washington State Chair. For the most up to date information, make sure your handbook is updated according to the recent State Administrative Committee minutes.

Most information needed that is not listed in this handbook can be found in USA Gymnastics Rules and Policies: [https://static.usagym.org/PDFs/Women/Rules/Rules%20and%20Policies/2022/2022\\_2023\\_w\\_rulespolicies.pdf](https://static.usagym.org/PDFs/Women/Rules/Rules%20and%20Policies/2022/2022_2023_w_rulespolicies.pdf)

Nothing herein is intended to change any policy outlined in USA Gymnastics Rules and Policies. No deviation from the Handbook is allowed without the prior approval of the USA Gymnastics Washington State Committee.

## Elected State Committee Members

### **State Administrative Committee Chair – Kim Thomson\***

Address: 13425 NE 30th Street, Bellevue, WA 98005

Phone: 425-765-7733

Email: [usagwashington@gmail.com](mailto:usagwashington@gmail.com)

\* Should the State Chair not be reached and immediate questions have to be answered, please contact the SACM Secretary.

### **Educational Representative/Secretary – Sandy Flores**

Address: 17965 NE 65<sup>th</sup> Street, Redmond, WA 98052

Phone: 206-919-5672

Email: [ecgaowner@gmail.com](mailto:ecgaowner@gmail.com)

### **Optional Representative – Ian Campbell**

Address: 23101 56<sup>th</sup> Avenue W, Mountlake Terrace, WA 98043

Phone: 480-241-5041

Email: [ianopt.rep@gmail.com](mailto:ianopt.rep@gmail.com)

### **Compulsory Representative – Ellie Evans**

Address: 13425 NE 30th Street, Bellevue, WA 98005

Phone: 425-894-0408

Email: [familyof3evans@me.com](mailto:familyof3evans@me.com)

### **Xcel Representative - Rebekah Robitaille**

Address: 1710 Express Dr, Bellingham, WA 98229

Phone: 360-733-6969

Email: [bekah@northcoastgym.com](mailto:bekah@northcoastgym.com)

### **Judges Representative – Patty Ames**

Phone: 425-765-8728

Email: [pames7@aol.com](mailto:pames7@aol.com)

### **East Sectional Representative – Adana Harris**

Address: 5512 North Havana Street, Spokane, WA 99217

Phone: 509-999-7596

Email: [AdanaDGA@gmail.com](mailto:AdanaDGA@gmail.com)

### **Central Sectional Representative – Sarah Flores**

Address: 17965 NE 65th Street, Redmond, WA 98052

Phone: 425-941-1863

Email: [sarah03flores05@gmail.com](mailto:sarah03flores05@gmail.com)

**North Sectional Representative – Keala Hopps**

Address: 22214 20<sup>th</sup> Avenue SE, Bothell, WA 98021

Phone: 425-941-0757

Email: keala@bothellgymnasticsclub.com

**South Sectional Representative – Delsa Dislers**

Address: 9672 Bujacich Road, Building D, Gig Harbor, WA 98332

Phone: 206-841-4172

Email: delsakat@gmail.com

## **Duties of the State Administrative Committee (SAC)**

### **All Committee Members:**

- A USA Gymnastics Professional Member in good standing who will work on a consistent basis for their term educating, organizing, promoting membership, and communicating to the members in our state. You are representing coaches, judges, and business owners. You will be aiding the entire Washington State Committee in promoting the relationship and unity between all the membership.
- Attend all State Committee meetings, and general membership meetings, or send a qualified representative. Failure to attend two consecutive meetings will result in dismissal from your position.
- Maintain confidentiality regarding all discussions and issues at any board meeting, and to maintain consistency, should only discuss issues after minutes from the meeting have been approved and published.
- Be organized and follow through with projects delegated to you from the USA Gymnastics Washington State Chair. Take responsibility for your commitment, as well as be willing to delegate tasks expected of you throughout your term, and work with other board members and professional members.
- Must have access to email and respond to all communications (email or other) in a timely fashion, or request that the State Chair respond on behalf of the USA Gymnastics Washington State Committee.
- Must attend and help with the Washington State Clinic/Banquet and chair a clinic committee. Will be asked to assist at educational clinics as needed, hosted by USA Gymnastics Washington.
- Work for state unity and the betterment of gymnastics in your state, maintaining a positive professional attitude always and upholding the ethical standard of USA Gymnastics.
- Must govern the state using the USA Gymnastics Rules and Policies and the Operating Code.
- Must have a positive, professional attitude always and uphold to the ethical standards of USA Gymnastics
- All expenditures over \$250.00 must be approved by the entire State Administrative Committee.

*Committee member descriptions may change. Per USA Gymnastics Operating Code, criteria for State Administration Committee positions shall be determined by the SAC and approved by the Regional Administrative Chair.*

### **East Sectional Representative**

- Actively coached for the past two years at a Washington State Club.
- Coaches at Sectional, State or Regional meet in the past three years.
- Must work within the East Sectional boundaries.
- Assumes responsibility to communicate with all club owners, coaches, and judges in your section.
- Communicates closely with the athlete representatives.
- Attend East Sectional Meet when held.

### **Central Sectional Representative**

- Actively coached for the past two years at a Washington State Club.
- Coaches at Sectional, State or Regional meet in the past three years.
- Must work within the Central Sectional boundaries.
- Assumes responsibility to communicate with all club owners, coaches, and judges in your section.
- Communicates closely with the athlete representatives.
- Attend Central Sectional Meet when held.

### **North Sectional Representative**

- Actively coached for the past two years at a Washington State Club.
- Coaches at Sectional, State or Regional meet in the past three years.
- Must work within the North Sectional boundaries.
- Assumes responsibility to communicate with all club owners, coaches, and judges in your section.
- Communicates closely with the athlete representatives.
- Attend North Sectional Meet when held.

### **South Sectional Representative**

- Actively coached for the past two years at a Washington State Club.
- Coaches at Sectional, State or Regional meet in the past three years.
- Must work within the South Sectional boundaries.
- Assumes responsibility to communicate with all club owners, coaches, and judges in your section.
- Communicates closely with the athlete representatives.
- Attend South Sectional Meet when held.

### **Optional Athlete Representative**

- Actively coached for the past two years at a Washington State Club.
- Coached at Westerns and/or JO Nationals for the past three years.
- A current optional level coach.
- Assumes responsibility to communicate with all club owners and coaches on a business pertaining to Optional athletes.
- Assist Educational Representative with the planning of State Congress.
- Must be present at Optional State Championships.
- Represents Washington State at Regional High Tech and Super Camp.
- Coordinates at least two Washington State level 9-10 workouts throughout the year.
- Track Graduating Seniors and IES athletes.

### **Compulsory Athlete Representative**

- Actively coached for the past two years at a Washington State Club.
- A current compulsory level coach.
- Assumes responsibility to communicate with all club owners and coaches on business pertaining to compulsory athletes.
- Assist Educational Representative with the planning of State Congress.
- Must be present at Compulsory State Championships.

### **Xcel Athlete Representative**

- Actively coaches for the past two years in Washington.
- A current Xcel level coach.
- Assumes responsibility to communicate with all club owners and coaches on business pertaining to Xcel athletes.
- Must be present at Xcel State Championships.
- Track Graduating Seniors and IES athletes.

### **Educational Representative / Secretary**

- A member who has been actively involved as a Washington State USA Gymnastics member for the past four years.
- Responsible for organizing annual State Clinic.
- Has served on the USA Gymnastics State Administrative Committee for at least 2 years.
- Assumes the responsibility to take minutes at all State Administrative Committee meetings.
- Assumes responsibility to track all athletes for mobility and post season competitions.
- When called upon, maintain the state website and social media.

### **NAWGJ Representative**

- Been a Professional member in the State of Washington for the past 4 years.
- Have served as a NAWGJWA Officer or Committee member for at least 4 years.
- Works in conjunction with the SJD on the Washington State Congress.

**State Administrative Committees should have a minimum of five (5) voting (elected) members. Per USA Gymnastics Operating Code, it is strongly recommended that committees should not have an even number of members.**

## **Election Procedures**

The election of the USA Gymnastics Washington Committee is done in July every year. Each position represents one vote. The State Chair may appoint committee positions that are non-voting and serve in an advisory capacity only.

Call for nomination will be sent to professional members. Any nomination not filled out completely or containing false information will be disqualified.

Election will be done online. If only one person is nominated for a position the State Chair will cast the deciding vote on those positions and no formal election will be conducted.

## **Committee Meeting Dates**

The SAC will meet at least three times a year, and at any other time deemed necessary by the State Chair. State Committee meetings are closed unless otherwise stated. Should a professional member have a specific reason to address the committee, accommodations will be made. Members are encouraged to contact the appropriate committee members to discuss any questions, concerns or problems that may arise. The Committee meeting agenda will be emailed out to all Professional Members and will be posted by the Chair on the USAGWA website prior to each meeting to allow for member input.

## **Website**

USA Gymnastics Washington will contract and maintain a website. The web address is [www.usagwashington.com](http://www.usagwashington.com). The website will be the main source of information concerning competitive gymnastics in Washington State. Every effort will be made to keep the website up to date.

## **State Clinic**

USA Gymnastics Washington will attempt to sponsor a State Clinic/Congress yearly. This event shall serve as an educational opportunity for our state. *2025 State Congress and Athlete clinics will be held at Emerald City Gymnastics Academy, June 27-29, 2025.*

## **Washington State Awards**

Each year the Washington State Administrative Committee will present State awards in the following categories:

Xcel Program of the Year\*  
Compulsory Program of the Year  
Optional Program of the Year  
Most Inspirational Athlete

The State Administrative Committee will seek nominations from all clubs for Most Inspirational athlete. Athlete(s) chosen will be presented with a plaque at the State Awards Banquet held in conjunction with the State Congress. Should there be no Congress that year, State awards will be given out during a Championship meet.

Programs of the year will be based on points accrued at State Championships, with an additional 10 points added to the club's total for participation and sportsmanship. Participation "points" are earned when clubs host and/or participate in State events such as Congress and joint workouts, including coaching at congresses and State clinics.

State Championship wins will receive the following points:

1<sup>st</sup> Place - 10 points  
2<sup>nd</sup> Place – 5 points  
3<sup>rd</sup> Place – 2 points

Additional awards may be presented at the SAC discretion.

\*Xcel Program will be split beginning in 2026. Committee has voted to separate Bronze/Silver and Gold-Sapphire. Actual details on the point accumulation will be announced prior to the 2026 season.

## **State All-Star Teams**

### **Level 7 ALL-STAR TEAM**

The top 6 level 7's + 1 alternate, regardless of age groups at the State Championships, will comprise the Washington State All-Star team that will represent our State at the National Judge's Cup. NAWGJWA will pay for the athlete's entry fee, USAGWA will pay for leotards and warm-up jackets for the gymnasts, as well as up to 2 sweatshirts per coach of participating teams. Additional support for the qualifying athletes will be voted upon annually.

The Coach with the most athletes on the team will be named, Head Coach. Should more than one team have the exact same representation, the highest All-Around score will be used to decide which coach will be Head Coach. The Head Coach will be responsible for all paperwork and any other specifics needed to coordinate the team.

Athletes planning to compete a level above during the regular competition season, may still compete Level 7 for this competition which is usually held early January. If athletes accept the spot on the team but then choose not to participate as the meet approaches, alternates from the qualifying State Championship will be used.

### **Level 8 ALL STAR TEAM**

The top 8 level 8's, regardless of age groups at the State Championships, will comprise the Washington State All-Star team that will represent our State at Regional Championships. No alternates will be named, ties will be broken. USAGWA will pay for the athlete's entry fee, team leotards, as well as up to 2 sweatshirts per coach of participating teams. Additional support for the qualifying athletes will be voted upon annually.

The Coach with the most athletes on the team will be named, Head Coach. Should more than one team have the exact same representation, the highest All-Around score will be used to decide which coach will be Head Coach. The Head Coach will be responsible for all paperwork and any other specifics needed to coordinate the team.

## **Washington State Hall of Fame (WSGHOF)**

The purpose of the Washington State HOF shall be to recognize the achievements of those who have earned the respect and admiration of their peers during their careers as gymnasts, coaches, and judges in Washington Women's Gymnastics. The USA Gymnastics Washington Hall of Fame Chairman shall review nominations from the USA Gymnastics Washington membership at large. *The acceptable list will be forwarded to the USA Gymnastics Washington State Committee, where the final decision will be made.* The State Committee will determine how often the Hall of Fame ceremony will occur.

The Hall of Fame shall serve as a place where the gymnastics community of Washington State remembers the legacies of gymnastics professionals for eternity.

## **Clubs – Sections**

<b>Central Section</b>	<b>East Section</b>	<b>North Section</b>	<b>South Section</b>
Bainbridge Island	AIM Gymnastics	AGA Northwest - Marysville	AGA Northwest – Gig Harbor
Cascade Elite	All American	Advantage Gymnastics	Ascend Gymnastics
CEG West	Apple Capital	Alpha Gymnastics	Black Hills
Emerald City Gymnastics	Champion Gymnastics	Bothell Gymnastics	Crystals Gymnastics
Gymnastics East	Colville KIPS	Coastal Realm Gymnastics	Grace Gymnastics
Gymnastics Unlimited	Dynamic Gymnastics	Excellence Gymnastics	Mercy Gymnastics
Gymagine	Evergreen Gymnastics	Ground Zero	NASA
Inspire Gymnastics	Garland's Gymnastics	High Flight Gymnastics	Naydenov Gymnastics
Metropolitan Gymnastics	Gymnastics Plus	Klahhane Gymnastics	Northpointe Gymnastics
Mt. Si Gymnastics	Inland Northwest	Morrison Gymnastics	Peak Gymnastics
NW Aerials	Invictus Gymnastics	North Coast Gymnastics	Sound Elite
Olympic Gymnastics	Mid-Columbia	Northshore Gymnastics	SWAG
Sound Elite	Chasing Gravity Gymnastics	Nova Elite	Thorbeckes
Seattle Gymnastics	Rodeo City Gymnastics	Pacific Reign	VEGA
The Gym Connection	Spokane Gymnastics	Sky Valley Gymnastics	Yelm Gymnastics
Unity Gymnastics	SPORT Gymnastics	Twisters Gymnastics	Zenith West
	Tumble Bugs		
	360 Gym and Cheer		

## **TOPS**

TOPS (Talent Opportunity Program) is a talent search and educational program for female gymnasts ages 8-10 and their coaches. From September to November of each year, gymnasts aged 8-10 are evaluated virtually by zoom on physical abilities. These dates are set by USA Gymnastics.

From there, athletes may participate in skills testing that will take place at invitational competitions, Elite national Qualifiers, and selected Nastia Liukin Cup qualifiers across the country. Each state will have the opportunity to host a TOPS qualifier at an invitational competition in their state.

Based on those results, gymnasts are then invited to participate in the National TOPS Testing in June or July each year, followed by TOPS Training Camp which takes place in July or August of each year.

For more information, contact Washington State's TOPS Manager, Cale Robinson at [cale.robinson@pacificreign.com](mailto:cale.robinson@pacificreign.com).

## **Washington Competition Calendar and State Qualifiers**

For a competition to be considered a Washington State Qualifier and be included on the USAGWA Competition calendar, the published procedures must be followed.

- Follow Competition Calendar Draw procedures as announced by the State Administrative Committee and held prior to July 1<sup>st</sup> annually.
- Club must be in good standing and current with USA Gymnastics.
- Designated USAGWA Assignor must be used (currently NAWGJWA) and Judge's request form completed.
- Must have at least 2 judges present.
- Scores must be uploaded to "myusagym".

*The calendar is updated as needed throughout the year once clubs have submitted their Judge request form.*

**The form must be submitted even if you are not requesting judges to be assigned to your meet.**

## **Reporting Meet Results**

Meet hosts in the State of Washington are required to send the competition results and a copy of the sanction to the State Chair within seventy-two hours after the conclusion of the meet, as well as follow all National Office procedures. Washington State meet hosts are required to send an Excel spreadsheet (First Name, Last Name, Club, Level, Meet Name, Score) to the elected State Secretary immediately following your competition. If you plan to use out of State meets for qualification purposes, please verify the host will have at least a 2-judge panel (when required) to meet our state's qualification requirements. You must email those results to the State Secretary.

**Clubs must register their athletes that qualified to the State Championships on the USA Gymnastics Meet Reservation System within 5 days of the meet they qualified. This will help the meet host with knowing how many athletes to expect. Payment is not due until 30 days prior to the Championship meet or once qualified after those 30 days.**

PLEASE do not register your athletes before they actually qualify!

# Meet Host Request for Judges

Steps for Requesting Judges

As per Chapter 5 of USAG [Rules and Policies](#)

## CONTRACTING OF OFFICIALS

In order to ensure properly rated officials at all sanctioned events, officials may be contracted through a designated and approved contractor.

State Administrative Committees shall determine their officials' contractor and/or assignor to be used for meets that are conducted under the organizational jurisdiction of the State Administrative Committee. USAGWA designated assignor is NAWGJWA.

**A.** Regional Administrative Committees shall determine their officials' contractor.

**B.** USA Gymnastics criteria for selection of officials must be followed.

**C.** The Meet Director must complete a current "Request for Judges" form and send it to the Contractor, with payment of a maximum of \$5.00 for each official contracted, by the deadline designated by the State Administrative Committee. • If the request is received less than 30 days prior to the competition, the fee is a maximum of \$7.00 for each official contracted. Assignments for such late requests will be based on availability, since there may not be a sufficient number of certified officials available. *USAGWA meet request forms can be found on the USAGWA website.*

**D.** The USA Gymnastics Judges' Compensation Package will be used at all sanctioned competitions, except for the judging fees for Xcel competitions that have an entry fee of \$35.00 or less. (Refer to Xcel Judging Guidelines.)

**E.** Meet hosts of Invitational competitions or any meets that are not under the organizational jurisdiction of the State Administrative Committee may use the state-approved contractor or may contract the officials directly using a USA Gymnastics contract. The Meet Director may also request specific judges (by name or by ratings) when they submit a "Request for Judges" form to the state approved contractor.

## Additional USAGWA Guidelines for Contracting of Officials

A. Designated Assigner/Contractor duties SHALL include the following:

1. Check availability of judges including out of state judges if needed.
2. Communicate with Meet director if judges must be found outside of the area.
3. Send judges/MR's specific meet requests from clubs (if any)
4. Assign judges to specific events.
5. Assign meet referees.
6. Assure judges create contracts for meets they are assigned.
7. Assure judges have the current date, location, session times and levels for each meet.
8. Responsible for ALL communication to the judges regarding changes to the above.
9. Ask for any special instructions for the judges.

The designated assigner is NOT the Meet director of record for sanctioned events so therefore the Designated Assigner/Contractor duties SHALL NOT include the following:

1. Checking or changing the meet format.
2. Checking the number of athletes per session.
3. Setting session times.

ALL MEET FORMATTING QUESTIONS NEED TO BE DIRECTED BY THE MEET DIRECTOR TO THE USAGWA STATE CHAIR.

B. To be placed on the USAGWA meet calendar all forms along with all assigning fees (payable to NAWGJWA) must be sent to the address listed on the current meet request form. The State Chair must also receive a copy of the current meet request form so that the USAGWA committee can compile the USAGWA meet calendars for all meets using information from forms provided by meet directors. Improperly filled out forms or forms without the assigning fees will NOT be placed on the calendar or assigned by the designated assigner. Clubs must be in good financial standing with USA Gymnastics Washington and NAWGJWA to schedule meets.

C. Clubs may request, using the meet request form, specific judges and may also, confidentially, request to not have certain judges assigned to their meets (if judges are or are not specifically requested by meet directors/host the meet director/host is agreeing to have any judge assigned to their meet).

D. Judges are independent contractors and if requested for more than one meet on a weekend will be given a choice, by the designated assigner, to select the meet they would prefer to judge. Meet directors will be informed, by the designated assigner, if there has been a conflict and what the judge's preferred choice was. When the local judge pool has been depleted, with club permission, the designated assigning body will reach out of the area to secure judges to fill meets. Every effort will be made to fill every meet requested and to assign judges within proximity to the club.

E. The USA Gymnastics Judges Compensation Package will be used at all sanctioned competitions. As per the USAG Rules and Policies judges are paid a minimum payment of three hours PER DAY at their rate of pay per their rating. If a change or delay is made in the expectation of payment to the judges, that must be communicated and listed on the judge's contract.

F. To be placed on the USAGWA meet calendar all forms along with all assigning fees (payable to NAWGJWA) must be sent to the address listed on the current meet request form. The State Chair must also receive a copy of the current meet request form so that the USAGWA committee can compile the USAGWA meet calendars for all meets using information from forms provided by meet directors. Improperly filled out forms or forms without the assigning fees will NOT be placed on the calendar or assigned by the designated assigner. Clubs must be in good financial standing with USA Gymnastics Washington and NAWGJWA to schedule meets.

G. Clubs may request, using the meet request form, specific judges and may also, confidentially, request to not have certain judges assigned to their meets (if judges are or are not specifically requested by meet directors/host the meet director/host is agreeing to have any judge assigned to their meet).

H. Judges are independent contractors and if requested for more than one meet on a weekend will be given a choice, by the designated assigner, to select the meet they would prefer to judge. Meet directors will be informed, by the designated assigner, if there has been a conflict and what the judge's preferred choice was. When the local judge pool has been depleted, with club permission, the designated assigning body will reach out of the area to secure judges to fill meets. Every effort will be made to fill every meet requested and to assign judges within proximity to the club.

I. The USA Gymnastics Judges Compensation Package will be used at all sanctioned competitions. As per the USAG Rules and Policies judges are paid a minimum payment of three hours PER DAY at their rate of pay per their rating. If a change or delay is made in the expectation of payment to the judges, that must be communicated and listed on the judge's contract.

## **Championship Meet Bids**

The following is the criteria the committee will use in selecting sectional/state hosts:

- Bids must be submitted and signed by the club owner.
- Meet Director must be a professional member in good standing.
- Facility and Equipment
- Cost of entry/admission
- Continued financial good standing with USA Gymnastics Washington, Region 2 and NAWGJWA
- Meet format: modified nontraditional
- Positive and current working relationship with USA Gymnastics Washington, club support of USA Gymnastics State program and clinics.
- Geographic location, club location: specific confirmed meet location is required.
- Successful event organizational experience and the reputation of the operating according to the highest ethical standards (successfully hosted large, multi-session meets), reputation of the club.
- SAC will try and award State Meet Bids 2 years in advance\*
- Per Rules and Policies: Any committee member that works for a club that is bidding for a State Championship Meet, must leave the meeting for the discussion and the vote for the meet the club they work for is bidding.

Any USA Gymnastics Washington Registered club in good standing may bid on a State Championship meet. If you are new to bidding for Championship meets it is recommended that you speak with past meet hosts to understand the financial responsibility of hosting the competition, as we don't want the commitment to be a hardship on any given club.

## **Meet Directors**

The Meet Reservation System provided by USA Gymnastics must be used for all USAG Sanctioned meets. This ensures that clubs can only register current athletes and coaches.

## **Selection of State Meet Judges**

The USA Gymnastics Washington Committee, per the USA Gymnastics Rules and Policies, will select judges for all State competitions. All State Meets are a two-judge panel with a separate meet referee.

## **Washington State Championships**

### **Dev (Level 2-10) Qualifications**

Qualifying to State Championships 2026

Level 2-3: 34.00 All Around in one meet with a 1-judge panel

Level 4-8: 34.00 All Around in one meet with a 2-judge panel

Level 9-10: 32.00 All Around in one meet with a 2-judge panel

Event Specialist to State 8.5 per event\*

*Should a level 8, 9 or 10 athlete not qualify to State as an All-Around athlete, they may register as a Specialist on up to three events they have received the Event Specialist score.*

### **Xcel Bronze**

Advance directly to the East (South and East Sectional Clubs) or West (North and Central Clubs) culminating meet. Top 48 athletes, regardless of Age-Group will advance to an All-Star "showdown" to be held the weekend of Xcel State Championships.

### **Xcel (Silver– Sapphire) Qualifications**

Qualifying to State Championships 2026

Silver: 35.50 All Around in ONE meet with a 1-judge panel

Gold/Platinum: 35.00 All Around in one meet with a 2-judge panel

Diamond/Sapphire: 34.00 All Around in one meet with a 2-judge panel

Xcel Event Specialists State Qualification: 8.5 per event\*

*\*may only qualify in up to 3 events as a specialist.*

### **WA State Dev/Xcel Awards**

Event and All-Around placement awards for all levels and Divisions at State Championship meets.

Individual Awards: 40% of each age group with a maximum of 10 places.

## **State Championship Draw**

All State Championships will be divided into equal sized age groups by birthdate by the host, dividing the total entered by approximately 24 athletes. There should be the same number of age groups in each session of the meet if possible. The USA Gymnastics Washington Committee will determine the competition order for all levels and the age groups within the levels. The age groups draw between Child, Junior and Senior age groups (and Youth if needed) will be conducted at least 60 days prior to a Championship meet.

The order of events shall be conducted by the State hosts and witnessed by a USA Gymnastics Washington Committee member, the State's Meet Director or the State Chair. All Levels/Divisions will compete in a randomized order as assigned by ProScore (or an approved scoring system).

Event Specialist must be first to compete when possible and should not be first up on more than one event when possible.

Small team and Large team awards will be given at any Compulsory State Championships as well as Xcel Silver that has over 20 clubs entered with more than three competitors. Small Team and Large team will count 3 scores on each event for the team

score. Small teams and large teams will be divided 50/50. When there are no large/small team designation three scores will count.

Team Awards: 50% of all teams with a maximum of 7 Places given out.

## **Awards/Certificates/Financial Reports**

State Meet Host clubs are responsible for the cost of All-Around and Individual Event awards, using the official USA Gymnastics medals per the Rules and Policies to meet the **40% award requirement**. Ties are not broken at State Championships. Duplicate awards are presented.

With money collected from State Head tax, the SAC will cover the cost of the Team Award Banners when there are at least 10 clubs participating per level as well as the cost of All Around Champion jackets for all Age Groups in all Levels and Divisions.

### **Competition Fee**

\$5.00 per athlete **registered** at each state meet will be sent to the State Chair and additional \$5.00 per athlete registered at each state meet will be sent to the Regional Chair within 7 days of the completion of the State Meet.

### **Financial Report**

State Meet host must submit a meet financial statement no later than 14 days following their meet to the State Chair.

### **Entry Fees**

State meet entry fees have been set by the SAC at \$150.00 per athlete.

### **Gate Fees**

State meet Gate Fees cannot exceed \$25.00 per adult / \$15.00 per child per session or a \$50.00 day pass.

## **Determination Dates**

Determination Date for both Dev and Xcel will be **February 16, 2026**. All clubs MUST declare Specialists by this date!!

Level 8- 10 Athletes will not need to declare; however, they would have to advise Championship Meet host if they qualified on certain events rather than All-Around. If athletes, Level 6-7/Bronze-Sapphire have not been declared a specialist by the published declaration date they may not compete at State Championships unless they have qualified as an All-Around athlete.

## **State Entry Fees**

State entry fees due 30 days before meet weekend for all gymnasts qualifying by that date. For gymnasts qualifying after that date, but before the last qualifying weekend (two weekends prior to the State Meet) you must send an entry form and the entry fee the Monday following the qualifying weekend. A late fee of \$50 per athlete will be charged for any late entries to the State meet. Meet hosts **MAY NOT** waive late fees. Clubs are expected to have a zero balance with meet host prior to the start of the competition.

**If possible, PLEASE enter your State qualifiers on the USA Gymnastics Meet Reservations web page as soon as they qualify. Your attention to this detail will greatly help the Meet Host.**

## **Championship Meet Hosts**

Meet host must send out meet information including site, entry fee amount, due date and tentative level competition days by EMAIL to all clubs in the State as soon as they have the information. Tentative schedules will be sent at least 30 days prior to the meet weekend to allow for travel arrangements. Pending on last minute qualifiers, schedules may change.

State Championship Meet hosts must be prepared to track and collect Regional Entry fees, and clubs MUST come prepared with payment for such events.

## **2025-2026 Dates/Locations State Championships**

<b>2026 Bronze Culminating Meet WEST – Central &amp; North Clubs</b>	<b>March 14-15, 2026</b>	Host Club: <b>North Coast</b> Venue: TBD Entry Fee: \$120.00
<b>2026 Bronze Culminating Meet EAST – East &amp; South Clubs</b>	<b>March 14-15, 2026</b>	Host Club: <b>Ascend Gymnastics</b> Venue: TBD Entry Fee: \$120.00
<b>2026 Level 2-10 Dev State</b> Level 2-8 qualification score: 34 AA (1 meet) Level 9-10 qualification score: 32AA (1 meet) <i>Last Qualifying Weekend: March 6-7, 2026</i>	<b>March 21-23, 2026</b>	Host Club: <b>Emerald City</b> Venue: Tacoma Convention Center Entry Fee: \$150.00
<b>2026 Xcel State</b> Gold/Platinum qualification score: 35 AA (1 meet) Silver qualification score: 35.5 AA (1 meet) Diamond/Sapphire qualification score: 34 AA (1 meet) <i>Last Qualifying Weekend: March 14-15, 2026</i>	<b>March 27-29, 2026</b>	Host Club: <b>North Coast</b> Venue: NW Washington Fairgrounds Entry Fee: \$150.00
<b>2026 Level 6-10 Regionals</b>	<b>April 10-12 2026</b>	Host Club: <b>Garlands Gymnastics</b> Venue: Hapo Center Location: Pasco, WA
<b>2026 Xcel Regionals</b>	<b>April 17-19, 2026</b>	Host: <b>Northwest Aerials</b> Venue: Everett Community College Location: Everett, WA
<b>2026 Western National Championships</b>	<b>May 1-3, 2026</b>	Location: Boise, ID
<b>2026 Level 10 National Championships</b>	<b>May 8-10, 2026</b>	Location: TBD