

GET IN TOUCH



Ready to take the next step in your foot care journey? Connect with us—we're here to support you.

Phone : 207-991-0141

Website : fundamentalfootcare.com

Location : 735 Main Rd N.
Hampden, ME 04444

SECURE YOUR SPOT TODAY!

TRAINING VALUES

Empowering Excellence

Build confidence through competence

Patient-Centered Care

Learn impactful care, not just technique

Community Building

Connect with other medical professionals through service to others

Entrepreneurial Support

Fuel your clinical and business growth

TESTIMONIAL

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“The foot care training I received from Heather Fogg was exceptional. As a leading expert in the field, Heather is extremely knowledgeable and skillful in providing foot care. Also, her involvement in the national association makes Heather a valuable professional resource to tap into.

The variety of settings and patients I experienced during training provided me with an excellent foundation. I greatly appreciate the flexibility in scheduling, the one on one instruction, and especially the ongoing support and encouragement. Highly recommend this training program! 10/10



VANESSA MCKAY, BSN, RN, CFCS
Massachusetts



REGISTER TODAY

MEDICALLY BASED FOOT CARE TRAINING



- ✓ Unmatched hands-on experience
- ✓ Expert instructions
- ✓ Business guidance

**TRANSFORM PATIENT
LIVES AND YOUR
NURSING CAREER**



(207) 991-0141

ABOUT US

We deliver hands-on foot care education rooted in clinical excellence and compassionate practice. Our programs empower nurses to support patient independence and dignity, while also offering mentorship for integrating foot care into clinical practice or building a sustainable business.

*Empowering Nurses Through Expert
Foot Care Training and
Compassionate Clinical
Mentorship*



WHY CHOOSE US

You will receive comprehensive, supportive training backed by the expertise of nationally certified preceptors of medically based foot care. Fundamental Foot Care has earned a solid reputation of compassion and excellence they would like to share with you.

• Hands-on Experience

32 hrs supervised training
1:2 training ratio
Guided practice & real patients
Supportive, inclusive

• Expert Instruction

Preceptors with national certification and expertise through experience.

• Business Guidance

Learn pricing, marketing, and sustainability
Regulatory/documentation support
Build services across different settings

• Ongoing Support

Post-training mentorship
Peer community and case consults
Continued education access



WHAT YOU'LL LEARN

Clinical Excellence

- Full foot & lower leg assessments
- Techniques in nail trimming
- Callus & corn reduction
- Fungal nail reduction
- Electric file use
- Relief of most ingrown nails
- Adapting care for seniors and patients with multiple comorbid conditions
- so much more.....