

The Employee Handbook, LLC

# CAREER SERIES:

Career & Industry Switch

SELF-ASSESSMENT



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# Pre-Work: Self-Assessment

## Welcome

**You've taken the first step towards transitioning to a career or industry you love.**

**The Pre-Work Self-Assessment is designed to help you navigate through the first stage of your journey, by aligning you with your "WHY".**

**This process requires strategic planning, focus, and determination to reach your career goals.**

**I encourage you to take your time as you complete this guide but remember to have fun!**

**- Jasmine H.  
The Employee Handbook - Career Solutions**

**"KNOWING YOURSELF IS THE BEGINNING  
OF ALL WISDOM."**

**- Aristotle**



# Pre-Work: Self-Assessment

## CURRENT POSITION:

What Do I Like:

What Don't I Like:

Why?

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# Pre-Work: Self-Assessment

## IDEAL CAREER/INDUSTRY:

My ideal career and industry is

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Why?

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# Pre-Work: Self-Assessment

## WHAT DO I KNOW:

**NETWORK & CONNECTIONS:** WHO DO I KNOW IN A SIMILAR ROLE?

**SUSTAINABILITY:** IS THIS INDUSTRY/CAREER FINANCIALLY STABLE?

**ENVIRONMENT:** HIGH-STRESS, TEAM, INDEPENDENT, WORK-LIFE BALANCE?

**SALARY RANGE:** AVERAGE SALARY BASED ON EDUCATION, LOCATION, ETC.

### NETWORK & CONNECTIONS:

### SUSTAINABILITY:

### ENVIRONMENT:

### SALARY RANGE:



# Pre-Work: Self-Assessment

## WHAT HAVE I DONE:

List the steps you've taken to begin your transition

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What were the results of those steps?

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# Pre-Work: Self-Assessment

## WHAT AM I WILLING TO DO:

**What short or long-term steps are you willing to take to begin your career/industry switch?**

**(Ex. Intern, volunteer, shadow, further your education, etc.)**

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