RECO Biography

RECO is the project of Dublin-based musicians Mark O'Loan, Harry Frost, Paddy Dowling, and Dillon Palmer. A youthful alternative rock band with sounds that amalgamate indie rock, post-punk and classic rock. Having all met in college, RECO's chemistry as friends set them apart from others, with the band naturally forming through a shared passion for music.

Having formed in the summer of 2022, RECO spent their first 12 months writing music and playing shows nationwide. Some highlights include opening for Two Door Cinema Club in April 2023 and releasing our debut single "Lifeboat" in May 2023. RECO has been recording an ep over the latter half of 2023, with a full release planned in the new year (WAV file download can be found on EPK).

Press Reviews and Interviews

Backseat Mafia

"Hometown favourites Reco arrived in Dublin this past Monday to delight their fans, having been on hiatus since May. You wouldn't have guessed it, with the band tight and focused, and the audience engaged and more than supportive – both collectively and individually.

The band, should they have evaded your attention, is the project of Dublin-based musicians Mark O'Loan, Harry Frost, Paddy Dowling and Johnny Wang. They carry the current 'Irish sound' reminiscent of the likes of Fontaines D.C. etc, but with some of the edges knocked off, and not so in your face in their approach. They do back it up with the tunes though, and are certainly a band to keep an eye on in the coming months."

https://www.backseatmafia.com/live-review-reco-grand-social-dublin-11-09-2023-plus-g allery/

The University Times

"Suspense grew throughout the crowd as they anticipated the arrival of the Dublin-based alternative band, RECO. In anticipation of their first show back in the Grand Social following their hiatus, the room erupted in cheers as soon as the band walked up from the crowd. Taking the stage under the red-hued lights to the sound of The Beatles' Helter Skelter, Mark O'Loan on lead guitar, Paddy Dowling on drums, Dillion Palmer on rhythm guitar and Johnny Wang on bass electrified the crowd. They entered with a noticeable member missing – frontman and vocalist, Harry Frost, made a dramatic entrance through the side curtain, welcoming the crowd to what would be an exhilarating night." Contd

https://universitytimes.ie/2023/09/the-return-of-reco-an-exclusive-interview-with-the-young-trinity-band/