## **Back Facial**



## **Benefits of Back Facials**

Back facial is a cleansing treatment for the back that can help clear up and get rid of back acne clear-out clogged pores by exfoliation, toning, and nourishment, It is a way of exfoliating an area that you cannot get to on your own. Like other facials, having a back facial is relaxing, it will ease tension to back muscles and heals dry skin on the back. This treatment can be customized by adding chemical peels or microdermabrasion to your service to at an additional cost to clear up back acne and pigmentation.

## Do's and Don'ts

- Don't put body makeup or spray tan solutions for 3-5 days after a treatment to avoid clogging the pores and breaking out.
- Avoid exfoliating for a few days.
- Know that redness is normal.
- Drink plenty of water.
- Stay out of the sun, if you can.
- Moisturize, moisturize, moisturize.
- Keep up a healthy skin care routine recommended by your skin care professional.