## CLINICAL FACIAL



Our facials are designed for all skin types, we customize the treatments based on your skincare needs and concerns. From start to finish, you are tucked under a warm blanket to relax and sooth your muscles. You're surrounded by calm music to unwind and de-stress. We use Epicuren finest skincare products combined with leading medically directed skincare treatments to deliver a healthier more radiant looking skin. We finish off the facial by recommending products for at home use and future treatment to maintain healthy radiant skin with little to no downtime.

- Protect your skin with sunblock recommended by your skin care professional, this will protect the skin from harmful UVA-UVB rays and slow down the aging process.
- Drink lots of water after your treatment this will boost hydration for your skin and help detoxify your body.
- Do not sunbath 3-5 days before or after your treatment. This may result in further sun damage to the skin prior or after your treatment.
- Discontinue use of all topical R/X retinal products 3-5 days prior to your facial, this may irritate your skin during the treatment resulting in redness and sensitivity.
- For optimal results use the recommended products given to you by your provider for on going health of your skin.
- Refrain from exercising 24-48 hours after your treatment, you're liable to breakout due to excessive sweating, cross contamination or bacteria on the skin from gym equipment or yoga matts, etc., In addition, refrain from swimming in saltwater or chlorinated pools, this will dry out your skin resulting in dry and irritated skin.
- Do not pick your skin before or after your service. Picking your skin may result in further damaging your skin and cause infection to spread. In addition, do not apply face masks or other treatments that may further exasperate the problem, contact your provider to assist you.
- If you have an allergic reaction before your service contact us to rescheduled, cancellation policy will apply. If you have a reaction directly after your treatment contact your provider and we will further assist you.