

Infrared Body Wrap



How does the Infrared Body Wrap work?

When we accumulate body fat, blood circulation becomes worse. Because of a lack of blood circulation, we cannot metabolize or burn body fat. In addition, very little heat is being circulated to that part of your body. This is what we call "cold spots." When we take away the heat from that area of your body and it cools, the fat then turns from subcutaneous fat into cellulite. Subcutaneous fat is very soft and easy to lose. Cellulite is almost like hard muscle that is hardened from lack of blood circulation. You can achieve stunning results combined with cool sculpting.

Benefits of Infrared Body Wrap

The purpose of the Infrared Body Wrap Treatment is to apply heat to the body in order to get underneath the fat tissue and thin the blood to allow it to get into the areas where fat tissue exists. Bringing the blood back into the areas that have had restricted blood flow causes the metabolism rates to rise. The heat softens the fat tissue causing it to break up and be released into the blood stream in the form of calories to be burned up as energy.

Your body will burn off those calories through the day. While the weight of water lost can be regained by rehydration, the calories consumed will not be and the inches loss from Infrared treatment is permanent. Increase metabolism.

The heat produced by the Infrared Body Wrap Treatment is similar to that of a cardio or physical workout all while laying down for a period of 60 minutes. This infrared heat stimulates the metabolism and increases blood circulation just like it would with a workout session. It will also increase your heart rate and increase blood circulation. This increased circulation will also increase your Basic Metabolic Rate and by doing so consumes or burns calories. Your metabolism will also be stimulated for at least 24 to 36 hours after using this treatment. This means that your body will be burning calories at a higher rate for the next several days after using one treatment.

Body detox wrap diminishes the appearance of unsightly cellulite. Visibly enhance your figure. Detox, Rejuvenates your body. Decrease water clusters and improve the flow of bodily fluids. Detoxify the body by releasing tissue-bound toxins and wastes, cellulite reduction and fat loss.

Body detox aids in treatment of muscle spasms and joint stiffness, treatment of Rheumatoid Arthritis. Enhance blood flow, Menstrual pain relief. Boost the immune system and increases metabolism,

After Infrared Body Wrap treatment

Drink plenty of water to hydrate the body the eliminate any waste that accumulates in your system and follow up with a clean and healthy diet.

How often can you have Infrared Body Wrap?

We recommend Infrared body wrap treatment once a month. If you have any physical restrictions, we always advise you seek permission from your physician before having treatments performed.