

PhiContour / Micro-pigmentations

PhiContour or micro-pigmentation is a kind of cosmetic tattoo to enhance the lips. With the help of the finest needles, color pigments are implanted in the upper skin of the lips. Permanent lip pigmentation is generally suitable for anyone and every skin type. The aim of a perfect lip pigmentation is to create freshness and optimal harmony in the face. Using the fine pigmentation method, the natural beauty of anyone will be emphasized, but irregularities will also be compensated for. With a perfectly designed lip you can enjoy a fresh and perfect look in all situations, professional look that saves time, and look great even when performing exercise! If performed properly, lip pigmentation will be recognizable without overpowering your overall appearance.

The technique is intended for anyone over the age of 18. In order to successfully perform the treatment, the skin on and around the lips must not be in the regeneration process, i.e. it must not be damaged. If there is eczema, seborrheic dermatitis, acne, pimples or any damage in the eye and/or lip area, seven days before treatment the guest can use PhiTopic cream that will eliminate the problems and can be purchased from your technician.

Pain during the treatment is relative. Scared guests usually feel stronger pain, while the other guests compare such pain with the one that they feel from a sunburn. In addition, it is not recommended to do the treatment while menstruating or under extreme stress or fatigue due to an increased sensitivity to pain. Light anesthetics, in the form of cream and/or gel, are used to eliminate some sensitivity during the procedure if no allergy is present. Swelling and bruising post treatment are possible but usually subside within 3 days of treatment.

Pigment is applied using a machine in the surface layer of the dermis of the lips. Pigment color is determined according to the guest's desired healed results. After healing, pigment can become several nuances lighter. Treatment is done by using sterile and disposable tools and pigments are of the highest standard (PhiContour and After Ink pigments). Inserted pigment is very dark during the first 5 to 7 days. Seven days later, it loses up to 40% of its intensity. If you think that pigment is too dark, do not try to fade it by yourself.

The duration of pigment retention depends on the skin type and aftercare. The more emollient the skin is, the shorter pigment retention will be. Immediate sweating and sun exposure also affect pigment retention. On average, expected time until new refreshment of pigment will be within 3-5 years. Healing is usually completed around 28-46 days later and then it is necessary to add the pigment that was lost in the meanwhile. If the skin is problematic and oily, several such corrections can be made.

Post-treatment care makes 70% of total treatment success. Conscientiously adhere to the given aftercare given by your PMU artist.

How successful the treatment will be depends on:

- skin quality
- post-treatment care
- exposure to various external influences

None of these factors are under the Artist's control, thus providing any guarantee for the treatment is not possible.

Please consult with your artist if you:

- have problematic skin
- have serious health issues
- take certain medications
- already have an old PMU on your lips

Complications are possible and include, but are not limited to the following: discomfort, scabbing, bruising, swelling, scarring, allergic reaction, infection, pigment migration, color/change, sensitivity in the tattooed area, Sarcoidosis, Koebner, Ectropion, eyelid necrosis and secondary cicatricial ectropion. It is also important to note that botulin toxin and/or filler injection and plastic surgery of the face can change the appearance and lead to the distortion of PMU.

BEFORE THE TREATMENT

Before each treatment, the skin should not be burnt, nor in recovery or regeneration process. It is also recommended that you become familiar with the post-treatment care procedures.

The lips are vascular and can develop cold sores as a result of the procedure. Even if you do not frequently experience cold sores, it is advised to consult with your physician before your appointment in order to receive an anti-viral prescription (that you should take both prior to and after treatment).

The following treatments are not recommended 14 days before the treatment:

- Botox and fillers
- avoid caffeine and alcohol
- laser treatments
- chemical peel
- exposure to strong sunlight

PRE-PROCEDURE

Before ANY tattooing procedure, please review the following advice and consult your physician if you are currently receiving treatment and/or are unsure if a tattoo is safe for you.

- Please do not drink alcohol or high quantities of caffeine 24 hours prior to and after the tattoo.
- Where possible, try to avoid the following herbs and spices prior to your appointment: Black pepper, Cardamom, any member of the Zingiberaceae (Ginger) family, Cayenne, Cinnamon, Garlic, Horseradish, and Mustard.
- You are welcome to shave the area to be tattooed prior to the appointment.

- Do not have electrolysis for at least five days before and five days following the procedure in the area to be tattooed.
- Botox, AHA products, brow/lash tinting and Retinoids should be avoided for two weeks prior and two weeks following the procedure in the area to be tattooed.
- Exfoliating treatments such as microdermabrasion should not be performed within two weeks prior and two weeks following the procedure in the area to be tattooed.
- It is recommended to avoid acne medications in the area to be tattooed at least two weeks prior and two weeks after the treatment.
- Chemical and laser peels should be avoided no less than six weeks prior to procedure and the brow area must be fully healed before any such treatments. Please avoid these procedures on your tattoo as you will lose your healed pigmentation.
- If you are currently under the care of a physician for any type of Cancer, please consult with your doctor (and bring with you permission from your physician to have the treatment performed). It is generally advised to wait at least six months to one year post- cancer treatment before having any tattooing performed.
- If you are prone to cold sores/fever blisters, you should take an anti-viral prior to and after your tattoo.
- Please be aware that hormone therapies can affect your healed results and/or cause sensitivity.
- Tattooing can require multiple application sessions. For best results, clients will return for a perfecting re-touch appointment (within one year of the initial tattooing session). Please be aware that color intensity will be significantly darker immediately after and lasts for a few days post procedure; however, the color may reduce by 30-50%.

- Although numbing cream and gel can be used during the procedure, sensitivity or discomfort will still be present. Your skin may be red and/or swollen after the tattoo.
- Please inform Rachel immediately if you are allergic to ANY numbing product - specifically **Epinephrine, Tetracaine and/or Lidocaine**.

Please contact your technician directly if you would like to schedule a patch test appointment. The purpose of the patch test is to determine if any allergy exists to the pigmentation or ink used during the procedure. Patch test appointments take about 10 minutes and must be scheduled at least 3 weeks prior to the initial session. Patch tests do not guarantee the existence or inexistence of an allergy to any of the substances, pigmentation or ink used during the procedure.

**Please consult with us if you have questions about the information above.*

AFTERCARE

Each guest will receive an aftercare kit that includes all of the necessities to care for your new ink. Please follow the instructions as directed and contact us with any questions and concerns.

**Please wash your hands with antibacterial soap before each cleansing.*

Aftercare:

Day 1 - Continue wearing the Barrier Film.

Day 2 - After 24 hours, please remove the Barrier Film and gently blot your ink with a clean cotton round to remove any fluid and apply another sheet of Barrier Film.

Day 3 - Continue wearing the Barrier Film. If it would become wet or lose its stick, you may remove it, blot your ink with a clean cotton round and apply a new sheet.

Days 4-7 - You may remove the Barrier Film and no longer need to wear it. You may cleanse your tattoo 1-2 times per day using a gentle antibacterial soap, clean cotton rounds and bottled or distilled water. Always apply the provided aftercare ointment using a clean cotton swab after cleansing. Do NOT scratch, pick or rub your ink and avoid exposing your ink to makeup, sweat, chemicals, debris, water (outside of the shower) or sunshine (outdoor and tanning bed).

In order to maintain the longevity of your new ink, please avoid chemical and textural exfoliants, harsh sun exposure/sunburn (always wear sunscreen on your ink) and moisturize your tattoos daily.



