

## Eat Like a Priest

In the days of the temple, the priests of God were set apart to minister before Him, and they were sustained by the offerings brought to the altar. The holy food of the sacrifice became their daily portion. They lived on what was consecrated, what was given to God.

Food is not just for survival; it is what fuels us, forms us, and drives our actions. In the same way that our bodies are shaped and energized by what we eat, so our spirits are transformed and empowered by what we feed them.

Spiritually speaking, we become what we consume. If we partake of what is defiled, things saturated in lust, pride, deception, and darkness, then corruption will fill us, and we will become what we have eaten.

But if we feast on what is holy, pure, and true, if we fill ourselves with the Word of God, with His presence, His truth, His Spirit, then His nature begins to shape us. His holiness enters our being, and we are transformed from the inside out.

Under the New Covenant, we are no longer distant observers, we are the priesthood. Born again by the Spirit of God, we have become living stones in a holy temple, a royal priesthood called to offer spiritual sacrifices acceptable to God through Jesus Christ.

And if we are priests, we too must eat the food of the priesthood. But our portion is not bread from the earth, it is the Bread of Heaven. Our sustenance is not the shadow, it is the substance. Jesus Christ is our food. He is the true sacrifice. He is the Lamb who was slain, the Word made flesh, the living Bread come down from heaven. He said, *“Unless you eat the flesh of the Son of Man and drink His blood, you have no life in you”* (John 6:53).

This was not a call to the flesh, but a call to the Spirit, a divine mystery. He was declaring that only by taking Him into the depths of our being, His Word, His Spirit, His sacrifice, could we live.

We are called to feed on Christ daily, not in ritual, but in relationship. His mercy, His love, His righteousness, His power, these must become our daily bread. As we eat of Him, His Spirit energizes us, His Word strengthens us, and His life becomes our own.

The priest lived by the sacrifice, and so must we. Because what we eat is what we become. And if we eat of Christ, we will become like Christ. This is the food of the priesthood. This is the holy portion of those set apart for God.

*“Oh, taste and see that the Lord is good; blessed is the man who trusts in Him.”* (Psalm 34:8)

*“All the males among the priests may eat it. It is most holy.”* (Leviticus 6:29)

*“I am the living bread which came down from heaven. If anyone eats of this bread, he will live forever...”* (John 6:51)