THE OLD POST OFFICE WELLBEING HUB - DECEMBER 2023 NEWSLETTER



Our vision is to support all children, families and staff who are currently struggling with learning and teaching.

As we approach Christmas and the end of our second term, we can't believe how much positivity we have received from so many families and colleagues – thank you. From all of us, to all of you, we wish you a **Merry Christmas** XX

Parent Support: Since we started in September, we have met formally with many families who were struggling with their child's Special Educational Needs or other aspects to do with their education or provision in school. We have been able to help them to unpick the issues and worries they had; make informed decisions about the next steps; complete difficult paperwork; and generally, empathise and let them know that they are doing the best they can to make things better for their child.

On the first Thursday of each month, we open the hub from 1-3pm to any parents or carers to drop in and have a chat and cuppa. At most of these sessions there will be invited professionals who are happy to chat about any specific issues.

Tutoring: Our tutoring provision is now beginning to take shape and we can offer

support for a range of ages and abilities. We are also able to support with assessments, personalised provision and providing resources to use at home.

<u>Support for children with SEND:</u> Within our team, we have a range of specialisms and experience which means that we can offer parents support to find the right help to meet their child's needs. It may be that this support is offered by us, or that we signpost you to one of our associates that have more specialist expertise.

Among the sessions we can offer: Drawing and Talking, Emotional Literacy Support, Social Skills groups, Lego Therapy, Dyslexia support, Narrative Therapy, Colourful Semantics, Language for Behaviour and Communication, Jump Ahead, Sensory Circuits, 1-1 support for learning, anxiety, life skills.

Among the assessments we can offer: Dyslexia Screening, age-related primary assessments of phonics, reading, writing and maths, Language and Speech Link, Boxall Profiling, Jump Ahead.

For parents of children with Special Educational Needs, we can offer: Parent Drop-Ins on the first Thursday afternoon (1-3pm) of each month; support writing EHCPs, associated documentation and advocacy; support for inschool meetings; signposting to specialists (we are gathering new associates all the time) or educational establishments; baseline assessments of need and building a profile of need including child view and Pupil Passports.

<u>AQA Unit Award Scheme:</u> The Unit Award Scheme is now well underway and is a perfect way to evidence learning and achievement. To find out more details, contact us or look at: https://www.aqa.org.uk/programmes/unit-award-scheme

<u>Support for School Staff:</u> We all know that working in school can be tough and we are here to support our colleagues in any way that we can. We are happy to be invited into school as consultants and offer support to any staff, with their teaching, subject leadership, support for children with special educational needs etc. we can also provide small group or whole school CPD.

We are also here to support our colleagues who want support outside of school – our door is always open to our colleagues who are struggling and need advice and a listening ear. This support will always be professional and confidential.

The Old Post Office C.I.C. We have now successfully become a 'Community Interest Company' which means that in the New Year we will start to apply for funding so that we can offer our services to a wider range of families.

Alternative Provision: We have nearly finished writing our proposal to offer Alternative Provision through the Local Authority. This will allow us to receive quality assurance and offer our services to more children and young people in need of additional support other than in school. We are very excited about this opportunity and will keep you informed of the process of our application.



<u>Home Education / Alternative Provision:</u> This term, we have had four groups, with a mix of children who are home-educated or unable to attend school at the moment. In these groups, we endeavour to provide curriculum-based

learning in a creative and immersive way, although we haven't managed to get outside quite so much because of the weather this term!

The KS1 Science group have been learning about 'Rocks and Soils' which has involved quite a lot of getting muddy! This especially happened on the day that

Paul dug a hole so that we could get into it and explore the layers, followed by a trip round the farm collecting soil samples which ended up in lots of stuck wellies and wet socks!!

The Ks2 Science Group have been learning about 'Blood and Guts', which has been an equally messy topic with us making digestives

systems and talking a lot about poo! In History, the KS2 group are learning about 'The History of Weapons'. We also have a KS1 group that have been doing a topic called 'Snow, Ice and Adventure'. They have been learning about Scandinavia, living in a cold climate, castles, and different story characters. This culminated in

the children writing their own stories using the knowledge they have acquired this term.

From Term 3, we are building in extra group sessions for younger and older

children in response to demand. We are also introducing some new team members to broaden our reach.

Home Education / Alternative Provision Courses for Term 3

Mondays 1:30 – 3:30 KS1 Science: Living Things and their Habitat (Yrs2/4)(5 weeks, starting 8.1.24)

Tuesdays 10:00 – 11:30 EYFS / KS1 Phonics and Early Reading (6 weeks, starting 2.1.24)

Tuesdays 1:30 – 3:30 KS2 Topic: Eco-Warriors (4 weeks, starting 16.1.24)

Wednesdays 10:00 – 12:00 KS1 Topic: 'Around the world in arty days' (6 weeks, starting 3.1.24)

Wednesdays 1:30 – 3:30 KS3 Study Session / Topic Support (6 weeks, starting 3.1.24)

Friday 10:00–12:00 KS2 Science: Living Things and their Habitat, evolution and inheritance(Yr4-6) (starting 5.1.24)

Fridays 1:30 – 3:30 KS₃ Topic: 'Codebreaker' (6 weeks, starting 5.1.24)

After-School Clubs

Mondays 4:30 – 6:00 KS2 Book Club / Creative Writing Club (5 weeks, starting 8.1.24)

Tuesdays 4:15 – 5:15 DT Club (6 weeks, starting 2.1.24)

Tuesdays 5:20 – 6:20 Airfix Club (6 weeks, starting 2.1.24)

Wednesday 4:00 – 5:00 ArtFactoryInc – Art and exploration (6 weeks, starting 3.1.24)

To book onto any of the above, please contact Anita on anita.auer2021@outlook.com

WHAT'S IN THE PIPELINE?

- * Mental Health First Aid training
- * Directory of Professional Associates who can offer private support for children
- * Directory of Tutors available to offer tutoring in line with our vision and aims
- * Alternative Provision for children struggling to access education in school
- * A collaboration with a team who specialise in providing consultancy and support for the EHCP and DLA

We are here to help you

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