

MEDICAL HISTORY

1. ANY INJURIES REQUIRING MEDICAL ATTENTION?

YES NO

2. TAKING ANY MEDICINE OR UNDER PHYSICIAN'S CARE AT THIS TIME?

YES NO

3. ANY FEELING OF FAINTNESS, DIZZINESS OR FATIGUE AFTER HEAVY EXERTION?

YES NO

4. WEARS GLASSES OR CONTACT LENSES?

YES NO

5. A SURGICAL OPERATION OR FRACTURE?

YES NO

6. TREATED IN A HOSPITAL OR EMERGENCY ROOM?

YES NO

7. ANY REASON WHY THIS PERSON CANNOT PARTICIPATE IN ANY SPORT?

YES NO

8. ANY KNOWN ALLERGIES?

YES NO

9. ANY CHRONIC DISEASE?

YES NO

***IF YES TO ANY OF THE ABOVE QUESTIONS, PLEASE DESCRIBE BELOW:**

OR

*** OTHER ISSUES CMSA SHOULD BE AWARE OF, PLEASE DESCRIBE:**

WWW.CENTRALMEADOW.COM

CENTRAL MEADOW SOFTBALL ACADEMY
WWW.CENTRALMEADOW.COM

FOR ALL CAMP INFORMATION

Tom Abruscato's



SOFTBALL ACADEMY

HOSTED BY

Rachel Barry WITH GUEST

PITCHING INSTRUCTOR

SARAH CORNELL

**SUMMER 2020 SOFTBALL ACADEMY
EAST MEADOW, NY**

AGES 7 & UP

JULY 27TH - JULY 30TH

@

**EAST MEADOW
BASEBALL/SOFTBALL COMPLEX
MERRICK AVE. EASTMEADOW, NY**

FOR MORE INFORMATION:

WWW.CENTRALMEADOW.COM

516-241-8640

CENTRALMEADOW@GMAIL.COM

SOFTBALL ACADEMY HOSTED BY:

RACHEL BARRY

CORTLAND UNIVERSITY

2014 NYS CHAMPION, 2015 & 16 LI CHAMPION

2015 & 2016 NC & LI COACH OF THE YEAR

SARAH CORNELL

UNIVERSITY OF ALABAMA 1ST TEAM SEC

2019 SEC PITCHER OF THE YEAR

NY STATE GATORADE PLAYER OF THE YEAR

TOM ABRUSCATO

2X NYS COACH OF THE YEAR

4X LONG ISLAND COACH OF THE YEAR

6X NASSAU COUNTY COACH OF THE YEAR

18X LEAGUE COACH OF THE YEAR

OVER 400 CAREER WINS @ CHS

ADELPHI UNIVERSITY

ALEXA SALZMAN GENESEO U.

ALLY KOUTSIGIANNIS GENESEO U.

SELENA RUIZ CORTLAND U.

GIULIANA ABRUSCATO BINGHAMTON U.

****STAFF SUBJECT TO CHANGE****

OTHER COACHES BIO'S AND INFORMATION CAN BE VIEWED @

WWW.CENTRALMEADOW.COM

CMBA 22ND YEAR

THE CENTRAL MEADOW BASEBALL/SOFTBALL ACADEMY STARTED IN THE SUMMER OF 1999 BY TOM ABRUSCATO AND RICH HOWARD WITH THE IDEA OF PROVIDING THE EAST MEADOW AND CENTRAL NASSAU LITTLE LEAGUES WITH PROFESSIONAL, AFFORDABLE BASEBALL INSTRUCTION. WE ARE PROUD TO BE IN OUR 22ND YEAR. SINCE 1999 OVER 190 FORMER CAMPERS HAVE GONE ON TO PLAY BASEBALL/SOFTBALL IN COLLEGE.

MOST IMPORTANTLY TO CMBA, WE HAVE PROUDLY GIVEN BACK JUST OVER \$110,000 IN THE FORM OF SCHOLARSHIPS TO FORMER CAMPERS AND DIRECT DONATIONS TO THE LOCAL LITTLE LEAGUES.

WWW.CENTRALMEADOW.COM

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SOFTBALL ACADEMY & SPECIALTY

9:00AM – 1:00PM

JULY 27TH - JULY 30TH

Monday – Thursday

@

EAST MEADOW BASEBALL/SOFTBALL

COMPLEX, MERRICK AVE.

EAST MEADOW, NY

Certified First-Aid /Cpr/ AED staff on site @ all times

2020 CHANGES DUE TO COVID-19:

SCHEDULE IS NOW 9-1:00

TEMPERATURES WILL BE TAKEN DAILY

CAMPERS MUST BRING THEIR OWN WATER AND HELMET. IF YOU NEED A HELMET WE WILL PROVIDE FOR THE WEEK .

LUNCH WILL NOT BE PROVIDED, CAMPERS CAN BRING THEIR OWN SNACK.

DISINFECTING AND HAND SANITIZING WILL BE DONE REGULARLY

SOCIAL DISTANCING GUIDLINES WILL BE FOLLOWED.

MASKS WILL BE WORN ONLY DURING RAIN DELAYS. THEY WILL NOT BE WORN ON THE FIELD. ALL CAMPERS AND COACHES WILL HAVE THEIR OWN MASK. COACHES WILL HAVE MASKS AT ALL TIMES.

THERE WILL NOT BE AN INDOOR SITE THIS YEAR. CAMP WILL BE CANCELLED IF A RAIN OUT IS FORECAST AND MOVED TO FRIDAY AND OPEN DAYS. PICK UP DURING RAIN MAY BE NECESSARY.

DUGOUT AREAS WILL BE MARKED FOR SOCIAL DISTANCE GUIDELINES.

RISK OF INFECTION IS EXTREMELY LOW! WE ASK THAT OUTSIDE OF CAMP YOU DO YOUR PART TO BE SAFE!

ALL FAMILIES MUST SIGN THE WAIVER

THANK YOU!!!! PLAY BALL !!!!

FOR ALL CAMP INFORMATION

REGISTRATION FORM

PLEASE MAKE CHECK PAYABLE TO:

CMBA

MAIL CHECK & FORM TO:

CMBA

PO BOX 10679. WESTBURY NY

11590

NAME: _____

AGE: _____

ADDRESS: _____

E-MAIL

ADDRESS: _____

PHONE: _____

EMERGENCY #: _____

PARENT/GUARDIAN: _____

CHECK APPROPRIATE BOX:

DAY ACADEMY

1 WEEK = 200

FAMILY RATE – DAY ACADEMY

2 SIBLINGS 1 WEEK = 385

OTHER DISCOUNTS:

GROUP: 4 OR MORE PLAYERS FROM 1 TEAM - \$15.00

MULTIPLE SIBLINGS PLEASE CALL/CONTACT TOM ABRUSCATO FOR PRICE

1 DISCOUNT PER REGISTRATION, CAN NOT BE COMBINED

***PLEASE SPECIFY WEEKS ATTENDING:**

JULY 27TH - JULY 30TH EAST MEADOW

AUGUST 3RD - AUGUST 6TH HAUPPAUGE