

## Author Bio

Lori suffered an intracerebral hemorrhagic stroke at age twenty-nine, and then developed epilepsy from the stroke. She is a walking miracle, and felt called to share her story, and her journey of faith and perseverance, to encourage others. Lori believes God has a plan for each of us, but life is about your choices! Even with her difficulties, Lori and her husband, Dainis, were able to become adoptive parents to a sibling group of three.

She published her first book, *CHOICES: When You Are Faced with a Challenge, What Choice Will You Make?* in March 2022 and has been connecting and encouraging others to choose to survive and thrive. Her book received the 2023 Reader's Choice Awards from The Christian Literary Awards in the categories of Christian Living and Testimonial. By fall 2023, she will be a published author in four additional books as a compilation author.