

JANUARY 2022 NEWSLETTER

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BOOK UPDATE

I am officially in the distribution phase of my book project and SO excited to finally be to this point. As some of you may have already seen my post on Facebook, my official publish date is March 11th, and my book is available for pre-order now at Amazon and Barnes and Noble! Even more exciting, I got my shipment of soft covers in the mail via UPS yesterday afternoon and my hard covers are on their way! I will be selling these copies at upcoming book signing events, which I am working diligently at setting up now. As some of you know, my education and corporate background before my stroke was Marketing and Sales so I am so excited to have a product to sell and never thought it would be my own book!



FACEBOOK BOOK LAUNCH

Now that I have an official publish date, my Facebook book launch will kick off on Monday, February 14th and I will be hosting lives at two different times every Wednesday during the 4-week launch, to try and accommodate schedules. Please look for invitations to come soon and would love your help and support. As part of my launch time, you will get a copy of my book to read on PDF, and I will just ask you to share my book each week on your social media and submit book reviews when it is time. I know everyone is busy but your help will really make a difference!

BIBLE STUDY HAS STARTED AGAIN

I have the blessed opportunity to lead 11 ladies in person on Tues morning and 11 ladies on ZOOM on Thurs morning. We are studying The Sermon on the Mount now.

SPEAKING OPPORTUNITY

My heart's desire is to share my story of perseverance and faith through the written words of my book and through speaking opportunities. If my experiences could encourage and equip others, then that is my goal in sharing. On my website, under speaking, you will find my one sheet and speaking topics. If you have a group, large or small, that I could speak to in person or virtually, please reach out to me. I would love to share! I am so excited to get started now that my book is here!

BOOK SIGNING EVENTS

I am currently working on setting up two different events. If you are local and can assist me or have venue ideas, please reach out. I would love to hear from you and have your assistance! The first event is around my publish date in March – April at restaurants, bakeries, coffee shops, small stores, or other venues like that. The second event is around Stroke Awareness Month in May, and I am targeting health clubs in order to promote stroke awareness along with my book. I am current scheduled at EOS Fitness, where I am a member, and the local YMCA, where I belonged with the kids for years, is considering my request now.

PODCASTS, ZOOMS, AND BLOGS

As another way to share my story, I am reaching out to podcasters, bloggers, and those who host a zoom call. I am currently set to appear on five podcasts or blogs in the coming months but if you fall in this category or would be able to help me, I would love to talk to you. I would be happy to email you my Media PDF! Thank you in advance!