

JUNE 2022 NEWSLETTER

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NATIONIONAL STROKE AWARENESS MONTH

May was Stroke Awareness Month and as many of you know from being friends with me on Facebook, I publicized stroke awareness statistics throughout the month, along with my one armed challenge and stroke awareness fundraiser. I also publicized the information in my May newsletter to you because I am walking proof that there is no age restriction for stroke, and it is important to know the signs.

My initial goal was to raise \$650, which would award 2 scholarships to a stroke camp held by the original founder of my therapy clinic, SWAN Rehab, DR. Kay Wing, a professor at Northern Arizona University, and PHD students at the college working to earn their occupational and physical therapy degrees. I attended this camp in 2008 and the next one will be held in Flagstaff at NAU in November.

I am very excited to announce to date, we have raised \$1132! My new goal is \$1200, which would award 4 scholarships! If you are interested in still contributing to this fundraiser, please reach out to me at lorivober@gmail.com or 480-600-2962.

PODCASTS

I am so thankful for all of the opportunities I have had so far to share my story on various podcasts and interviews. This link will take you straight to the area on my website that as the pdf of podcasts and interviews: <https://lorivober.com/interviews-and-podcasts> If you click on Download PDF, you can click on each individual link to listen to that podcast or interview. I am very excited to have this opportunity to share my story with others!

BOOK CLUB

As a way to continue connection and fellowship through the summer, I often try to host a Bible study in July or July with my Bible study ladies. With my surgery in April, I feel like our spring together was cut short. With my new book out and reflection questions at the end of each chapter, I decided to offer my book as a Book Club opportunity for 4 weeks to my local Bible study ladies as an in person and ZOOM option. I am talking to the Cancer Treatment Centers of America about starting a book club with my book in August and may roll this idea out on a broader level in the fall.

STROKE SUPPORT GROUP

My therapy clinic, SWAN Rehab, has now expanded from Phoenix into the West Valley and now has a new location about ten minutes from my home! They will be starting a new stroke support group June 28th and asked if I would come speak and share my book and story. I was one of SWAN's first patients so very excited about this opportunity!

SPEAKING OPPORTUNITY

My heart's desire is to share my story of perseverance and faith through the written words of my book and through speaking opportunities. If my story could bring hope and encouragement to others, then that is my goal in sharing. This link will take you to my speaking topics on my website:

<https://lorivober.com/speaking-opportunity>

Based on my experiences, I feel that I could offer messages on marriage, stroke, and persevering through your challenges. If you have a group, large or small, that I could speak to in person or virtually, please reach out to me. I would love to share! I am so excited to get started now that my book is here!

NEW OPPORTUNITIES

I have learned my plans and God's plans might not always line up exactly, but if I will keep my eyes on Him, the opportunities are abundant. I had no idea 2022 would take me down the road of another medical challenge, possible cancer diagnosis, and to the Cancer Treatment Centers of America (CTCA). Thankfully, my cyst was benign and I have now recovered fully from my hysterectomy and appendectomy. I am now a volunteer at CTCA and connecting with patients, sharing my story, and supporting them in their journey. I started conducting a weekly creative writing class with patients to help them use writing in their healing while on this cancer journey. I personally have found both a healing and a passion in writing I never knew I had and excited to share with others.

PODCASTS, ZOOMS, AND BLOGS

As another way to share my story, I am reaching out to podcasters, bloggers, and those who host a zoom call. I have had the opportunity to appear on 16 podcasts, interviews, or blogs in the past few months but if you fall in this category or would be able to help me, I would love to talk to you. I would be happy to email you my Media PDF! Thank you for helping me share my story and encourage others.