

# CHOICES

When You Are Faced with a Challenge, What  
Choice Will You Make?

**Author Lori Vober**



**LIFE RARELY TURNS OUT EXACTLY AS YOU PICTURED IT, AND  
WE ALL FACE CHALLENGES ALONG THE WAY.**

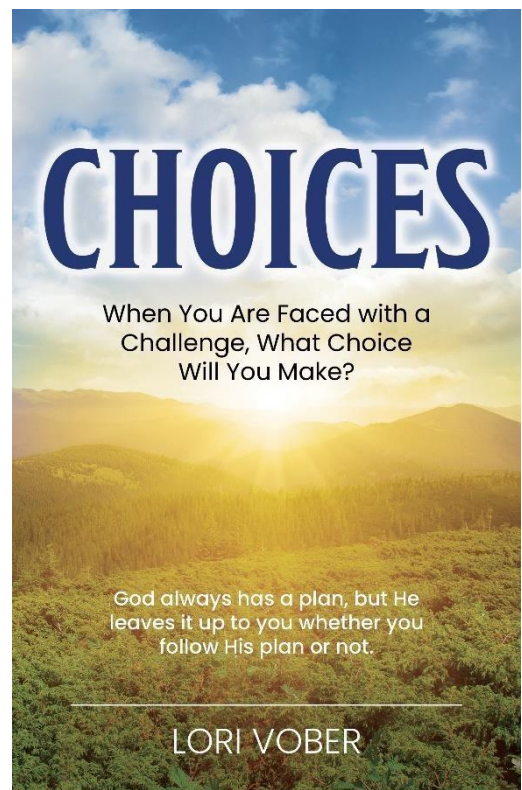
God always has a plan.

But He leaves it up to you whether you follow His plan or not.

Life is about choices.

I have chosen to depend on God's faithfulness through all our challenges.

- Everyone has doubts about their own abilities, but God has a plan for each of us. So believe in Him, and don't give up.
- Sometimes your attitude, drive, and enthusiasm can take you further than your talents or abilities. Attitude can make all the difference.
- Find your happiness in who God says you are. Don't let someone else define your happiness.



## About The Author: Lori Vober

Lori Vober and her husband Dainis reside in Goodyear, Arizona. Lori was born in Atlanta, Georgia, but considers Texas to be her home since she spent her high school and college years in the Lone Star State. She graduated from The University of Texas in Austin with a Bachelor of Business Administration in Marketing. Lori and Dainis met in Minnesota, when she was transferred there for her job after graduating from college. They were married in Texas in 1998, and lived in Minnesota for five years, before relocating to Arizona in 2003. They adopted a sibling group of three kids from Colombia, South America in 2011. Lori and Dainis are members of Desert Springs Community Church, and Lori enjoys being an active part of the Women's Ministry. She has had the blessed opportunity to serve as a weekly Bible study leader, and loves connecting with women each week.

Lori suffered an intracerebral hemorrhagic stroke at age 29, and then developed epilepsy due to the stroke. After a pre-diagnosis of ovarian cancer in 2022, Lori became an active volunteer at The Cancer Centers of America after surgery recovery and continues to find joy in supporting others, based on her own medical journey. She is a walking miracle, and felt called to share her story, and her journey of faith and perseverance, to encourage others.

Lori believes God has a plan for each of us, and her favorite verse is Jeremiah 29:11 NIV, "For I know the plans I have for you," declares the Lord, "plans to prosper you and not to harm you, plans to give you hope and a future." God has a plan for each of us, but leaves it up to us and our own free will to have a faith in Him and follow Him. That is why she titled the book *Choices: When You are Faced with a Challenge, What Choose Will You Make?*. Life is about your choices!

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## Book Endorsements

- In this book, Lori Vober shares her life story with vulnerability and honesty that will touch your heart and make you think. *Choices* provides tips and tools for your own journey, along with reflection questions that will give you wise counsel, biblical encouragement, and practical advice. Don't miss it! Carol Kent, Speaker and Author of *When I Lay My Isaac Down* (NavPress) and *He Holds My Hand* (Tyndale), [CarolKent.org](http://CarolKent.org)
- Choices hits the mark! Lori Vober's book is honest, real, and perfectly describes the plans God has for her from this day forward. She relates her experiences as a stroke survivor in a way that touches the heart and answers the tough questions. This book gives us a glimpse into the struggle to stay focused on God's plan despite what life throws our way. Tammy Whitehurst, Christian Speaker, Author, and Co-Director of the Christian Communicators Conference, [TammyWhitehurst.com](http://TammyWhitehurst.com)
- What do you do when life is interrupted by one catastrophic event after another? You trust God in all things! Lori's book, *Choices*, is an invitation to look at your life circumstances and make a conscious decision to persevere with the help of your Heavenly Father. Stacy Leicht, Author of *Good One, God Christian Children's Book*, [stacyleicht.wordpress.com](http://stacyleicht.wordpress.com)
- Lori's story is one of incredible faith, perseverance and miracles! This life, with all its trials and tribulations, can be so difficult and very often we are left to wonder if God has lost sight of us. Lori reminds us that even when the path is unclear or circumstances seem impossible, God can and will make a way out of no way! A truly inspiring memoir of hope and great faith. Tracy McKelvey, Author of *Simeon the Snail and the Stained Glass Butterfly*, [tracymckelvey.com](http://tracymckelvey.com)
- Lori Vober is an amazing woman filled with determination to pursue life to its fullest despite a serious physical disability which occurred in her early married life. I have had the privilege of knowing Lori as a fellow church member as well as through our women's Bible studies.

My attention was drawn to her when I learned about the many and varied procedures Lori and her husband Dainis experienced as they sought to adopt three siblings from Colombia.

Lori's story reveals the glory of God as she faced each of the many hurdles with faithful obedience to God's *Choices* for her life. It is her desire to help others to successfully navigate the bumps in the road and troublesome detours which often appear on the road called life. There is much to learn in these well written words. I am not sure that I have ever met a stronger woman.

Marilyn Sonmor, Author of *Led by an Unseen hand: A Legacy for the Next Generation*, College Professor, Dean of Women, Who's Who recipient, and pastor's wife, [marilynsonmorbook.com](http://marilynsonmorbook.com)

- In her new book, *Choices*, Lori Vober demonstrates how both her faith and her faithfulness have, together, helped her persevere through many obstacles, always with hope and gratitude. Through these glimpses into Lori's life, Lori models a faithfulness available to us all. I encourage you to read this book while reflecting on your own faith and faithfulness. Dan Kent, Teaching and Community Engagement Pastor, and Author of *Confident Humility, Becoming Your Full Self Without Becoming Full of Yourself*, [thatdankent.com](http://thatdankent.com)

## Interview Questions for Lori Vober

- 1. What prompted you to write this book and share your story?** While leading my ladies through Bible Study on ZOOM during the fall 2020 and winter 2021, I clearly felt God prompt me to start writing and heard that small voice that reminded me that I was saved from a devastating stroke for a reason and had a story to share.
- 2. What are some of the challenges you have experienced?** Infertility, stroke, epilepsy from the stroke, job loss and cross country move six months after my stroke, recovery, adoption, parenting, homeschooling, a cancer diagnosis as my book was launching
- 3. Why did you title your book *Choices*?** We all face challenges in life and life rarely turns out like we pictured it would. When we face these challenges, we have a choice how we react to our circumstances.
- 4. What main message do you want your readers to grasp from reading your book?** I believe God has a unique plan for each of us but it is up to us whether we choose to follow Him and what our attitude is in our different circumstances. I have chosen to persevere with a positive attitude and hope the way I have handled my challenges is a hope and an encouragement to ours
- 5. Do you have a favorite Bible verse you tend to lean on?** Jeremiah 29:11-13 <sup>11</sup> For I know the plans I have for you,” declares the LORD, “plans to prosper you and not to harm you, plans to give you hope and a future. <sup>12</sup> Then you will call on me and come and pray to me, and I will listen to you. <sup>13</sup> You will seek me and find me when you seek me with all your heart.
- 6. After going through the medical challenges of the stroke and epilepsy, why did you and your husband pursue an international adoption?** We had always supported kids through Compassion International and had been trying to start our own family when the stroke happened. We still had the

heart to be parents but were concerned with my epilepsy and disability. Because of our love for international children from Compassion, we chose international adoption.

**7. How old were your kids when you adopted them?** 6,8, and 10 years old

One boy and two girls

**8. What is your husband's name and how long have you been married?** Dainis and we celebrated 24 years of marriage on March 28<sup>th</sup>. We were just shy of our fifth wedding anniversary when I had my massive stroke.

**9. How has your husband reacted to your medical challenges?** I always say now that I moved to Minnesota for my career but God moved me to Minnesota to match me with my Godly mate. I met Dainis at church, a month after his mom had passed away. She had battled hormonal cancer for sixteen years. We did not know it at the time what our future would hold but God did. He knew I would need a mate by my side that could handle my medical challenges and Dainis was already equipped from watching his dad take care of his mom while he was growing up. He is loving, patient, compassionate, and has stood by his wedding vows.

**10. How have you handled the stressful situations, medical challenges, life challenges, parenting challenges, and still kept your marriage strong?** It is now always easy and like any couple, we have our disagreements. However, we respect each other and put our love and commitment for each other above any fight. We also have recognized how different we are and what helps to fulfill our needs. I am a people person and need emotional support. Dainis is an introvert and very black and white. Many things, like the challenges with the kids can't be fixed. The solution was a girlfriend mentor for me that I could just talk to. It is important to recognize your differences and work together.

- 11. What have you learned through balancing your challenges, your kids and their challenges, and your marriage, that you would advise a newly married couple?** Put God first and make church a routine and a priority. Don't let the kids ever come in between you and always stand united as a team. Always keep date nights and celebrate your anniversary together. One day the kids will leave and you will be full circle again. Make sure you still know that person you married when that time comes because forever is a long time.
- 12. What are your next steps in your writing journey?** I am finishing my second book now, which is a 31-day devotional based off my story and story by other authors displaying perseverance, a positive attitude, determination, etc. I am also a contributing author to several compilations coming out in fall 2022, spring 2023, and winter 2024. My goal is to also continue sharing my story and experiences as a speaker.
- 13. Did you always have a desire to write and publish a book?** No, my background is in marketing and sales. Writing my story started out an act of obedience but then turned into both a new passion, a time of healing, and a new purpose. This journey has brought me new friends, support, connections and taught me not to put God in a box but to always be ready and available to serve Him in the opportunities He presents to us. My newest favorite Bible verse is now Proverbs 19:21 NIV <sup>21</sup> Many are the plans in a person's heart, but it is the LORD's purpose that prevails.
- 14. Besides writing and taking care of the family, do you work outside of the home?** I am currently volunteering several days a week at the Cancer Treatment Centers of America, where I had my hysterectomy this April after receiving a diagnosis of ovarian cancer. It was discovered after surgery to be a benign cyst, and I am cancer free but have the blessing of supporting and connecting with patients and conducting a creative writing class to share my story, writing prompts, and how my writing has helped me in my journey. I am also speaking at several stroke survivor support groups and participating

in functions with the Brain Injury Alliance Group. I believe mentorship is important and supporting others when you have been on that same journey.

**15. How can readers and listeners best connect with you?**

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# Pull Quotes and Scripture References: Choices

by Lori Vober

- Everyone has doubts about their own abilities, but God has a plan for each of us.
- So believe in Him, and don't give up.
- Sometimes your attitude, drive, and enthusiasm can take you further than your talents or abilities.
- Attitude can make all the difference.
- Find your happiness in who God says you are.
- Don't let someone else define your happiness
- God always has a plan, so don't give up, even if you have to take things one step at a time.
- If you feel called to do something, take that leap of faith and say "Yes" to God, and see where He leads you.
- Jeremiah 29:11-13: <sup>11</sup> For I know the plans I have for you," declares the LORD, "plans to prosper you and not to harm you, plans to give you hope and a future. <sup>12</sup> Then you will call on me and come and pray to me, and I will listen to you. <sup>13</sup> You will seek me and find me when you seek me with all your heart.
- Jeremiah 1:5: "Before I formed you in the womb I knew<sup>[a]</sup> you, before you were born I set you apart; I appointed you as a prophet to the nations."
- Ephesians 2:8: For it is by grace you have been saved, through faith—and this is not from yourselves, it is the gift of God—
- Romans 10:9-10: <sup>9</sup> If you declare with your mouth, "Jesus is Lord," and believe in your heart that God raised him from the dead, you will be saved. <sup>10</sup> For it is with your heart that you believe and are justified, and it is with your mouth that you profess your faith and are saved.
- Mathew 18:20: For where two or three gather in my name, there am I with them."
- James 1:27: Religion that God our Father accepts as pure and faultless is this: to look after orphans and widows in their distress and to keep oneself from being polluted by the world.
- Deuteronomy 31:8: The LORD himself goes before you and will be with you; he will never leave you nor forsake you. Do not be afraid; do not be discouraged."