

# **Author Lori Vober**

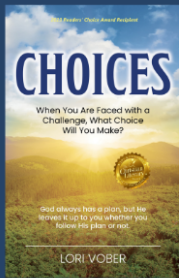


**Thank you so much for the opportunity to share my message and story with you. Life rarely turns out like we planned it would, but I have learned so much on this journey. When unexpected challenges happen, many times the choice we have is our reaction to our circumstances. I am grateful for my faith, perseverance, positive attitude, and perspective. There are many challenges on my journey I could not control, medical, life, adoption, parenting, but I have learned to turn those challenges into opportunities and that everything we go through can be used for a purpose.**

**Please find below a summary of my books, my speaking topics, and proposed interview questions and answers. I look forward to connecting with you more and thank you again for your time and this opportunity to share my message with you. I am passionate about encouraging others based on the experiences and challenges I have positively persevered through.**

**Sincerely,**

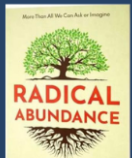
**Lori Vober**



**2023 Readers' Choice  
Award in Two Categories at  
The Christian Literary  
Awards**



#### Compilations:



#### Professional Affiliations:



**CHOOSE** to Persevere

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# LORI VOBER

**Author . Speaker . Stroke Survivor . Adoptive Mom**  
*Bringing Hope to Stroke Survivors and Others Who Have Experienced Unexpected Challenges*

Life rarely turns out like we pictured it would and we all face unexpected challenges. We may not have control over the challenges, but we often have a choice on our reaction to those circumstances. Our story blooms from this amazing journey and what we learn as we persevere through it. I am passionate about encouraging others, both in my writing and speaking, based on what I have learned on my own personal journey of medical, life, adoption, and parenting challenges.

Lori suffered an intracerebral hemorrhagic stroke at age twenty-nine, and then developed epilepsy from the stroke. She is a walking miracle, and felt called to share her story, and her journey of faith and perseverance, to encourage others. Lori believes God has a plan for each of us, but life is about your choices! Even with her difficulties, Lori and her husband, Dainis, were able to become adoptive parents to a sibling group of three.

#### BOOKS:

- **CHOICES: When You Are Faced with a Challenge, What Choice Will You Make? - published March 2022**
  - God always has a plan. But He leaves it up to you whether you follow His plan or not. Life is about choices. I have chosen to depend on God's faithfulness through all our challenges.
- **RADICAL ABUNDANCE: More than We Can Ask or Imagine - published October 2022**
  - Culmination of 33 authors coming together to tell their stories of how God has worked in their lives. You will be blessed by 50 different devotionals that fall under four main categories: God's Answers for the Unimaginable, God's Power Over the Impossible, God's Glory Through His Church, God's Faithfulness Through the Generations
- **We Get You! 30 Days, 30 Women, 30 Stories, One God - published June 2023**
  - 30 amazing devotions written by 30 special women, all pointing to our same incredible creator. Devotion topics include Grace, Celebration, Hope, Resilience, Redemption, Perseverance, Happiness, Gratitude, and many more.
- **Girl, Get Your Life Back - published June 2023**
  - Six ladies faced tough consequences but each one took drastic measures! Just because you have had a stroke, does not mean your life is over. You just learn to move forward and find success in your "new normal".
- **Trusting God: 30 Days, 30 Women, 30 Stories, One God - published November 2023**
  - 30 amazing devotions written by 30 special women, all pointing to our same incredible creator. Devotion topics include Identity, Doubt, Fear, Rejection, Grief, Belonging, and many more.
- **MORE THAN JUST A WORD: word of the year journal - published November 2023**
  - It is very powerful tool to have a word and a verse you can focus on. This resource introduces a new word by a different author each month.
- **God is Faithful: 30 Days, 30 Women, 30 Stories, One God - published June 2024**
  - 30 amazing devotions written by 30 special women, all pointing to our same incredible creator. Devotion topics include Perseverance, Loss, Trauma, Patience, Recovery, Forgiveness, and many more.
- **THIS ReIMAGINED EMPTY NEST - published June 2024**
  - This compilation is made up of short stories, poems, and heartfelt essays on being an empty nester.
- **SHE WRITES for HIM: Stories of Courageous Leadership - to be published in 2024**
  - This amazing devotional will look at several important topics. Those topics include: Burn-out, Risk-taking, Discrimination, Imposter Syndrome, Work-life balance

**Connect with Lori Today**

lorivober@gmail.com

480-600-2962

www.lorivober.com

www.facebook.com/lori.vober

## Book Endorsements from *CHOICES: When You Are Faced with a Challenge, What Choice Will You Make?*

- In this book, Lori Vober shares her life story with vulnerability and honesty that will touch your heart and make you think. *Choices* provides tips and tools for your own journey, along with reflection questions that will give you wise counsel, biblical encouragement, and practical advice. Don't miss it! Carol Kent, Speaker and Author of *When I Lay My Isaac Down* (NavPress) and *He Holds My Hand* (Tyndale), [CarolKent.org](http://CarolKent.org)
- *Choices* hits the mark! Lori Vober's book is honest, real, and perfectly describes the plans God has for her from this day forward. She relates her experiences as a stroke survivor in a way that touches the heart and answers the tough questions. This book gives us a glimpse into the struggle to stay focused on God's plan despite what life throws our way. Tammy Whitehurst, Christian Speaker, Author, and Co-Director of the Christian Communicators Conference, [TammyWhitehurst.com](http://TammyWhitehurst.com)
- What do you do when life is interrupted by one catastrophic event after another? You trust God in all things! Lori's book, *Choices*, is an invitation to look at your life circumstances and make a conscious decision to persevere with the help of your Heavenly Father. Stacy Leicht, Author of *Good One, God Christian Children's Book*, [stacyleicht.wordpress.com](http://stacyleicht.wordpress.com)
- Lori's story is one of incredible faith, perseverance and miracles! This life, with all its trials and tribulations, can be so difficult and very often we are left to wonder if God has lost sight of us. Lori reminds us that even when the path is unclear or circumstances seem impossible, God can and will make a way out of no way! A truly inspiring memoir of hope and great faith. Tracy McKelvey, Author of *Simeon the Snail and the Stained Glass Butterfly*, [tracymckelvey.com](http://tracymckelvey.com)
- Lori Vober is an amazing woman filled with determination to pursue life to its fullest despite a serious physical disability which occurred in her early married life. I have had the privilege of knowing Lori as a fellow church member as well as through our women's Bible studies.

My attention was drawn to her when I learned about the many and varied procedures Lori and her husband Dainis experienced as they sought to adopt three siblings from Colombia.

Lori's story reveals the glory of God as she faced each of the many hurdles with faithful obedience to God's *Choices* for her life. It is her desire to help others to successfully navigate the bumps in the road and troublesome detours which often appear on the road called life. There is much to learn in these well written words. I am not sure that I have ever met a stronger woman.

Marilyn Sonmor, Author of *Led by an Unseen hand: A Legacy for the Next Generation*, College Professor, Dean of Women, Who's Who recipient, and pastor's wife, [marilynsonmorbook.com](http://marilynsonmorbook.com)

- In her new book, *Choices*, Lori Vober demonstrates how both her faith and her faithfulness have, together, helped her persevere through many obstacles, always with hope and gratitude. Through these glimpses into Lori's life, Lori models a faithfulness available to us all. I encourage you to read this book while reflecting on your own faith and faithfulness. Dan Kent, Teaching and Community Engagement Pastor, and Author of *Confident Humility, Becoming Your Full Self Without Becoming Full of Yourself*, [thatdankent.com](http://thatdankent.com)

# **Pull Quotes and Scripture References: Choices**

**by Lori Vober**

- Everyone has doubts about their own abilities, but God has a plan for each of us.
- So believe in Him, and don't give up.
- Sometimes your attitude, drive, and enthusiasm can take you further than your talents or abilities.
- Attitude can make all the difference.
- Find your happiness in who God says you are.
- Don't let someone else define your happiness
- God always has a plan, so don't give up, even if you have to take things one step at a time.
- If you feel called to do something, take that leap of faith and say "Yes" to God, and see where He leads you.
- Jeremiah 29:11-13: <sup>11</sup> For I know the plans I have for you," declares the LORD, "plans to prosper you and not to harm you, plans to give you hope and a future. <sup>12</sup> Then you will call on me and come and pray to me, and I will listen to you. <sup>13</sup> You will seek me and find me when you seek me with all your heart.
- Jeremiah 1:5: "Before I formed you in the womb I knew<sup>[a]</sup> you, before you were born I set you apart; I appointed you as a prophet to the nations."
- Ephesians 2:8: For it is by grace you have been saved, through faith—and this is not from yourselves, it is the gift of God—
- Romans 10:9-10: <sup>9</sup> If you declare with your mouth, "Jesus is Lord," and believe in your heart that God raised him from the dead, you will be saved. <sup>10</sup> For it is with your heart that you believe and are justified, and it is with your mouth that you profess your faith and are saved.
- Mathew 18:20: For where two or three gather in my name, there am I with them."
- James 1:27: Religion that God our Father accepts as pure and faultless is this: to look after orphans and widows in their distress and to keep oneself from being polluted by the world.
- Deuteronomy 31:8: The LORD himself goes before you and will be with you; he will never leave you nor forsake you. Do not be afraid; do not be discouraged."
- 1 Thessalonians 5:16-18: Rejoice always, <sup>17</sup> pray continually, <sup>18</sup> give thanks in all circumstances; for this is God's will for you in Christ Jesus.

## About The Author

Lori Vober and her husband Dainis reside in Goodyear, Arizona. Lori was born in Atlanta, Georgia, but considers Texas to be her home since she spent her high school and college years in the Lone Star State. She graduated from The University of Texas in Austin with a Bachelor of Business Administration in Marketing. Lori and Dainis met in Minnesota, when she was transferred there for her job after graduating from college. They were married in Texas in 1998, and lived in Minnesota for five years, before relocating to Arizona in 2003. They adopted a sibling group of three kids from Colombia, South America in 2011. Lori and Dainis are members of Mission Church, and Lori enjoys being an active part of their parent church's Women's Ministry at Desert Springs Community Church. She has had the blessed opportunity to serve as a weekly Bible study leader, and loves connecting with women each week.

Lori suffered an intracerebral hemorrhagic stroke at age 29, and then developed epilepsy due to the stroke. After a pre-diagnosis of ovarian cancer in 2022, Lori became an active volunteer at The Cancer Centers of America after surgery recovery and continues to find joy in supporting others, based on her own medical journey. She is a walking miracle, and felt called to share her story, and her journey of faith and perseverance, to encourage others.

Lori believes God has a plan for each of us, and her favorite verse is Jeremiah 29:11 NIV, "For I know the plans I have for you," declares the Lord, "plans to prosper you and not to harm you, plans to give you hope and a future." God has a plan for each of us, but leaves it up to us and our own free will to have a faith in Him and follow Him. That is why she titled her book *CHOICES: When You are Faced with a Challenge, What Choose Will You Make?*, which published March 2022 and has been connecting and encouraging others to choose to survive and thrive. Life is about your choices! Her book received the 2023 Reader's Choice Awards from The Christian Literary Awards in the categories of Christian Living and Testimonial.

By the end of 2024, in addition to her own book titled *CHOICES*, she will be a published author in ten additional books as a compilation author.

## **Contact Information**

**Email:** [lorivober@gmail.com](mailto:lorivober@gmail.com)

**New Encouragement Blog:** [choosetopersevere.blogspot.com](http://choosetopersevere.blogspot.com)

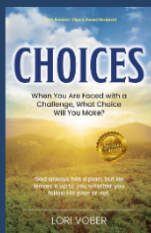
**Family Blog:** [fromzerotothree.blogspot.com](http://fromzerotothree.blogspot.com)

**Website:** [www.lorivober.com](http://www.lorivober.com)

**Facebook:** <https://www.facebook.com/lori.vober>

**Instagram:** <https://www.instagram.com/lorilonghorn99>





2023 Readers' Choice Award  
in Two Categories at The  
Christian Literary Awards



Lori's story has been featured in:



#### Testimonials:

- **"Lori has certainly experienced many severe challenges but will not let any of them stop her. She is a true Overcomer!"**  
Tami Engram, Desert Springs Church Women's Ministry Director
- **"Lori Vober has gone through tremendous trials yet experienced triumph despite tough times. Her purpose is for God to get the glory and her joy is refreshing."**  
Tammy Whitehurst, Motivational Speaker, Co-Director of Christian Communicators Conference
- **"If authenticity ignites your audience, Lori Vober not only fits your need, she exceeds it. Her story takes you on a journey where you discover the possibilities in the midst of an impossible situation. You will walk away challenged and changed... all the while loving God."**  
Linda Goldfarb, Award-winning author and podcaster, International speaker, and board certified Christian life coach
- **"Lori Vober is a beautiful testimony to God's strength and perseverance. Her message is one of hope and encouragement."**  
Cherie Nettles, Christian Comedienne, Storyteller, Speaker

# LORI VOBBER

**Author . Speaker . Stroke Survivor . Adoptive Mom**  
*Bringing Hope to Stroke Survivors and Others Who Have Experienced Unexpected Challenges*

Are you looking for a speaker who understands hard challenges and has not only survived but thrived through them?

Survivor. Overcomer. Beating the odds one day at a time. Lori Vober awoke paralyzed on the left side. In an instant, her life changed. However, she was determined to get better. She is not defined by everything unplanned that happened to her.

Lori engages the audience and addresses the issue that we all have challenges in life. Problems are not the foundation of our lives. Our faith is. We all have a choice how we react.

Lori motivates her audience to thrive in life, not just survive.

Now booking for virtual and in-person events:  
support groups, workshops, luncheons, conferences, retreats

## SIGNATURE MESSAGES:

- **Choose to Stay Unstuck**
  - We have a choice on our reactions in the face of great trials
  - Even when our plans change, we can still have hope, joy, and success
- **Run Your Race with Perseverance**
- **Inner Self Worth: Embracing the Person God Designed You to Be**
- **You Are Never Alone: The Importance of Support, Friends, and a Relationship with God**
- **Discovering God's Purpose During Your Difficult Journey**
- **Challenges May Come, But Love Always Sticks Together**



480-600-2962

[www.lorivober.com](http://www.lorivober.com)

[lorivober@gmail.com](mailto:lorivober@gmail.com)

[www.facebook.com/lori.vober](https://www.facebook.com/lori.vober)

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CHRISTIAN  
COMMUNICATORS  
Graduate  
2022, 2023, 2024

AWSA  
Member  
Advanced Writers & Speakers Association

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## Interview Questions for Lori Vober

1. **What prompted you to write this book and share your story?** While leading my ladies through Bible Study on ZOOM during the fall 2020 and winter 2021, I clearly felt God prompt me to start writing and heard that small voice that reminded me that I was saved from a devastating stroke for a reason and had a story to share.
2. **What are some of the challenges you have experienced?** Infertility, stroke, epilepsy from the stroke, job loss and cross country move six months after my stroke, recovery, adoption, parenting, homeschooling, and a pre-diagnosis of ovarian cancer as my book was launching. Most recently, gall bladder surgery in December 2023 and the findings from a CT scan that I only have one kidney. I have learned to have the perspective that every challenge is an opportunity and can serve a bigger purpose in God's overall plan.
3. **Why did you title your book *Choices*?** We all face challenges in life, and life rarely turns out like we pictured it would. When we face these challenges, we have a choice how we react to our circumstances.
4. **What main message do you want your readers to grasp from reading your book?** I believe God has a unique plan for each of us, but it is up to us whether we choose to follow Him and what our attitude is in our different circumstances. I have chosen to persevere with a positive attitude and hope the way I have handled my challenges is a hope and an encouragement to others. When we face difficult trials, we always have a choice of how we react, and I am passionate about using the challenges I have experienced for a purpose.
5. **Do you have a favorite Bible verse you tend to lean on?** **Jeremiah 29:11-13:** <sup>11</sup> For I know the plans I have for you," declares the LORD, "plans to prosper you and not to harm you, plans to give you hope and a future. <sup>12</sup> Then you will call on me and come and pray to me, and I will listen to you. <sup>13</sup> You will seek me and find me when you seek me with all your heart. **Proverbs 19:21:** Many are the plans in a person's heart, but it is the LORD's purpose that prevails. **1 Thessalonians 5:16-18:** <sup>16</sup> Rejoice always, <sup>17</sup> pray without ceasing, <sup>18</sup> give thanks in all circumstances; for this is the will of God in Christ Jesus for you.
6. **After going through the medical challenges of the stroke and epilepsy, why did you and your husband pursue an international adoption?** We had always supported kids through Compassion International and had been trying to start our own biological family when the stroke happened. We still had the heart to be parents but were concerned with my epilepsy and disability. Because of our love for international children from Compassion, we chose international adoption. We really wanted to give a forever home to a sibling group that may not ever have that opportunity and biblically believed in James 1:27: Religion that God our Father accepts as pure and faultless is this: to look after orphans and widows in their distress and to keep oneself from being polluted by the world.



7. **How old were your kids when you adopted them?** 6, 8, and 10 years old – One boy and two girls
8. **What is your husband's name and how long have you been married?** His name is Dainis, and we will celebrate 27 years of marriage on March 28<sup>th</sup>. We were just shy of our fifth wedding anniversary when I had my massive stroke in January 2003.
9. **How has your husband reacted to your medical challenges?** I always say now that I moved to Minnesota for my career but God moved me to Minnesota to match me with my Godly mate. I met Dainis at church, a month after his mom had passed away. She had battled hormonal cancer for sixteen years. We did not know it at the time what our future would hold, but God did. He knew I would need a mate by my side that could handle my medical challenges, and Dainis was already equipped from watching his dad take care of his mom while he was growing up. He is loving, patient, compassionate, and has stood by his wedding vows. He does a wonderful job supporting me, even when he doesn't always understand.
10. **How have you handled the stressful situations, medical challenges, life challenges, parenting challenges, and still kept your marriage strong?** It is not always easy and like any couple, we have our disagreements. However, we respect each other and put our love and commitment for each other above any fight. We also have recognized how different we are and what helps to fulfill our needs. I am a people person and need emotional support. Dainis is an introvert and very black and white. Many things, like the challenges we faced on our parenting journey, weren't fixable. The solution was a girlfriend mentor for me that I could just talk to. We have found it is important to recognize your differences and work together.
11. **What have you learned through balancing your challenges, your kids and their challenges, and your marriage, that you would advise a newly married couple?** Put God first and make church a routine and a priority. Don't let the kids ever come in between you and always stand united as a team. Always keep date nights and celebrate your anniversary together. One day the kids will leave and you will be full circle again. Make sure you still know that person you married when that time comes because forever is a long time.
12. **What are your next steps in your writing journey?** I am finishing my second book now, which is a devotional based off my story and story by other authors displaying perseverance, a positive attitude, determination, and resiliency. I am also a contributing author in several compilations. My goal is to also continue sharing my story and experiences as a speaker. One day, I would love to start a podcast for the stroke community to have a place to share their stories.
13. **Did you always have a desire to write and publish a book?** No, my background is in marketing and sales. Writing my story started out an act of obedience but then turned into both a new passion, a time of healing, and

a new purpose. This journey has brought me new friends, support, connections and taught me not to put God in a box but to always be ready and available to serve Him in the opportunities He presents to us. One of my favorite Bible verse is now Proverbs 19:21 NIV <sup>21</sup> Many are the plans in a person's heart, but it is the LORD's purpose that prevails.

14. **Besides writing and taking care of the family, do you work outside of the home?** I have worked part-time in the past, but my main purpose is to use my journey to serve others. I find that this helps to give purpose to my challenges and an opportunity to shine a light back on God and all He has done to help me recover as much as I have. I serve as a Bible study leader, at several monthly stroke support groups, and within our church body. I have recently become the owner of a new German Shepherd mix puppy and am training him to be my service dog as I continue sharing with others in the community.
15. **Looking back at your stroke recovery journey and what you have learned over the last twenty years, what are some highlights you share with your stroke and brain injury communities when you share?**
- All of our medical challenges were unplanned, and we must recognize our loss, properly grieve that loss, and then move forward.
  - We can still have joy and success beyond our challenges in our new normal and we just have to stay unstuck and keep moving forward.
  - Many times, our body and our heart will not align after a medical challenge so proper emotional support and healing is crucial. When we are left with a physical disability, we must be mentally and emotionally healthy.
  - Our perspective can change the whole picture. Challenges can lead to new opportunities.
16. **How can readers and listeners best connect with you?**

[www.lorivober.com](http://www.lorivober.com)

[lorivober@gmail.com](mailto:lorivober@gmail.com)

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